



**AESTHETICS** 2019

9<sup>th</sup> to 11<sup>th</sup> August, 2019

India Habitat Centre, New Delhi



**Learning from each other...**

**Dr. Sanjiv Kandhari**  
Mentorship Program

For details visit our website : [www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)



## AESTHETICS 2019

9<sup>th</sup> to 11<sup>th</sup> August, 2019

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### Invitation

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2019 from 9th to 11th August 2019 at India Habitat Centre, New Delhi**. AESTHETICS 2019 brings together a unique combination of two specialties coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make this a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



**DR. HEMA PANT**  
Dermatologist  
Scientific Secretary



**DR. RAKESH KALRA**  
Plastic Surgeon  
Chairperson  
Scientific Committee



**DR. ANIL GANJOO**  
Dermatologist  
Chairperson  
Scientific Committee



**DR. VIVEK KUMAR**  
Plastic Surgeon  
Organizing Secretary



## Dr. Sanjiv Kandhari Mentorship Program

### The mentorship involves:

- One week of observership under International Mentors in the field of Dermatotomy with Dr. Eckart Haneke and Aesthetics with Dr. Giovanni Salti.
- Travel and accommodation will be provided.

For more details please visit : [www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)

## Invited International Faculty



**Dr. Carlos Wambier**  
Dept. of Dermatology,  
Yale University School of Medicine  
New Haven CT, US



**Dr. Doris Maria Hexsel**  
Principal Investigator,  
Brazilian Center for Research in Dermatology  
Brazil



**Prof. Eckart Haneke**  
Dept of Dermatology,  
University of Bern  
Bern, Switzerland



**Dr. Eduardo Krulig**  
Plastic Surgeon, Vice-President,  
ESAS  
Spain



**Dr. Firas Al-Niimi**  
Dermatologist  
London



**Dr. Giovanni Salti**  
Plastic Surgeon  
Lecturer in Aesthetic Dermatology  
University of Florence,  
Italy



**Prof. Igor Bartenjev**  
Dept of Dermatology,  
University of Ljubljana  
Slovenia



**Prof. Mario A. Trelles**  
President of the Spanish Laser Society  
& the European Laser Association  
Spain



**Dr. Martin N. Zaia**  
Chairman, Dept of Dermatology  
Florida International university  
Miami, US



**Prof. Nino Carlo Battistini**  
President,  
CdL of Dietary Technical Sciences Applied  
Italy



**Dr. Patrick Trevidic**  
Director of Expert2expert  
Paris, France



**Dr. Paola Rosalba Russo**  
Vice-President  
Italian Society of  
Aesthetic Medicine & Surgery  
Florence, Italy



**Dr. Peter Rullan**  
Past President,  
International Peeling Society  
California



**Dr. Seemal Desai**  
President,  
Skin of Color Society &  
Texas Dermatological Society  
Texas

# Program

**Pre Conference Parallel Workshops**  
(Please choose any two workshops)

Course Fee for each Workshop **Rs. 6000/-**

**Date :** 9<sup>th</sup> August 2019 / **Time :** 09.00am to 01.00pm & 02.00pm to 06.00pm

## 1. Workshop on Vitiligo Surgery

**Faculty: Dr. Seemal Desai, Dr. Somesh Gupta**

The Vitiligo Surgery Workshop intends to discuss patient selection, available methods and their procedural details and effectiveness studies on surgical management of vitiligo. The current focus is on cell-based therapies with mainstay of surgical treatment being “non-cultured epidermal cell suspension” transplantation. Over the years the method of non-cultured epidermal cell suspension has been simplified and now it is being done as an OPD procedure with no laboratory support. Globally renowned experts will be discussing on this. The workshop speakers are expected to encourage interactive session. The workshop will include both lectures and video.

## 2. Workshop on Acne Scar Management

**Faculty : Dr. Doris Maria Hexsel, Dr. Niti Khunger**

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Introduction and basic terminology</li><li>• Tackling atrophic scars by combination treatments</li><li>• How best to treat hypertrophic scars</li><li>• Live demos, Videos and hands-on workshop</li><li>• Subcision</li><li>• CROSS technique</li></ul> | <ul style="list-style-type: none"><li>• Microneedling</li><li>• Punch elevation techniques</li><li>• Lasers - fractional, ablative, nonablative</li><li>• Tips and tricks from the masters</li><li>• Q &amp; A Interactive session</li></ul> |
|--|--|

## 3. Workshop on Chemical Peel

**Faculty : Dr. Peter Rullan, Dr. Rashmi Sarkar**

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>• The Value of Peels in Aesthetic Practice</li><li>• Next Generation Peels</li><li>• A, B, C of Peeling Technique</li><li>• Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls</li></ul> | <ul style="list-style-type: none"><li>• Live Demonstrations and Hands on Training in Chemical Peels</li><li>• Types of Peels and their Indications</li><li>• Non Facial Peels</li><li>• Patient Selection and Preparation</li></ul> |
|---|---|

## 4. Workshop on Basic Fillers

**Faculty : Dr. Giovanni Salti, Dr. Priti Shukla**

- A basic guidelines for hyaluronic fillers.
- Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection

## 5. Workshop on Advanced Indications of Fillers

**Faculty : Dr. Patrick Trevidic, Dr. Malavika Kohli**

- Mastering the art of facial sculpting with fillers. Learn all the advance indications to glamorise the Indian faces. Projections and profiloplasties to enhance your results. How to combine procedures all in one go for an advanced injector

## 6. Workshop on Invisible Face Lifting

**Faculty: Dr. Paola Rosalba Russo, Dr. Piyali Chatterjee**

An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to weave thread lifting into your practice.

- Analyzing The Aging Face
- Technique Of Jowl & Neck Lifting
- What-Where-When-How To Combine
- Thread Lifting & Volumizing Naturally
- Nerve Blocks
- Interaction With The Faculty

### 7. Workshop on Basic Botulinum Toxin

Faculty : Dr. Martin N.Zaizc, Dr. Latika Arya

- Just jump in it's a drug which makes you an aesthetic physician. Learn about dosage dilutions and basic indications and techniques of botulinum toxin.

### 8. Workshop on Advanced Botulinum Toxin

Faculty : Dr. Firas Al-Niimi, Dr. Rajat Kandhari

- Update and upgrade your skills in the miracle called botulinum toxin .We will be covering all the advance indicators of botulinum toxin and dosages.Tips to prevent complications and the precise site for injection.

### 9. Workshop on Laser

Faculty : Prof. Mario A. Trelles, Dr. Anil Ganjoo

- Overview of laser physics and application
- What to buy and how to use?
- Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser
- Patient selection and preparation
- Questions and answers panel

## Hands on & Master Classes

### Hands on & Master Classes

(Same Classes will be Repeated on Both the Days)

Course Fee for each Course **Rs. 4000/-**

**Date** : 10<sup>th</sup> & 11<sup>th</sup> August 2019

#### 1. Tips on Tattooing : from art to active drugs

Faculty: Dr. Carlos G. Wambier

- We all want to learn new mechanisms of drug delivery which is safe effective and direct especially in skin disorders.Tatto machines being used medically by innovative Masters.

#### 2. Tips and Tricks on the Management of Hyper pigmentation

Faculty: Dr. Eduardo Krulig, Dr. Hema Pant

- Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

#### 3. Tips on Nutrition for glowing skin

Faculty: Prof. Nino Carlo Battistini

- We all know the glow is not from the serums or the masks it is the internal health which reflects the glow so brush up your skills in nutrition for a vibrant glowing skin.

#### 4. Tips on Facial Anatomy and its clinical application

Faculty: Dr. Malavika Kohli

- Learn how to avoid complications and achieve great results by better understanding of facial anatomy in fillers, toxins and threads.

#### 5. Tips on Management of Hyperandrogenism

Faculty: Dr. Sanjiv Kandhari

- A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

#### 6. Hands on Suturing Course

Faculty: Dr. Anant Kulkarni

- This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-ometer machine to know strength of the knot they have done.

# Organising Committee

## Patrons in Chief

Dr. D. S. Rana  
Prof. A. K. Singh  
Dr. P. Narasimha Rao

## Patrons

Dr. Ajay Swaroop  
Prof. S. Sacchidanand  
Dr. Karoon Agrawal

## Organizing President

Dr. S. Kandhari

## Organizing Chairman

Dr. S. S. Saha

## Organizing Secretary

Dr. Vivek Kumar

## Chairperson Scientific Committee

Dr. Anil Ganjoo  
Dr. Rakesh Kalra

## Scientific Secretary

Dr. Hema Pant

## Co-Chairperson Scientific Committee

Dr. Malavika Kohli  
Dr. Vasundhara Oberoi

## Chairpersons, Workshops

Dr. Rashmi Sarkar  
Dr. Rishi Parashar

## Coordinator, Scientific Committee

Dr. Rajat Kandhari



## AESTHETICS 2019

9<sup>th</sup> to 11<sup>th</sup> August, 2019

India Habitat Centre, New Delhi

## Dr. Vivek Kumar

Organizing Secretary

**Consultant Plastic & Cosmetic Surgeon**

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# AESTHETICS 2019

LEARNING FROM EACH OTHER

9<sup>th</sup> to 11<sup>th</sup> August, 2019  
India Habitat Centre,  
Lodhi Road, New Delhi

# REGISTRATION FORM

FILL IN CAPITAL LETTERS ONLY

Name .....Age/Sex.....

Specialty .....Affiliation .....

Postal Address .....

Email .....Mobile.....

## Registration Fees:

Till June 30, 2019 : Rs. 6000 After June 30, 2019 : Rs. 9000  
Pre Conference workshop (Each Workshop) : Rs. 6000 Hands on Master classes (Each Session) : Rs. 4000

## Pre Conference Workshops: (Tick the 2 which you would want to attend)

- Workshop on Acne Scar Management     Workshop on Laser     Workshop on Basic Botulinum Toxin  
 Workshop on Advanced Indication of Filler     Workshop on Invisible Face Lifting     Workshop on Advanced Botulinum Toxin  
 Workshop on Basic Injection Technique     Workshop on Chemical Peel     Workshop on Vitiligo Surgery

## Hands on Master Classes

- Tips on Tattoing: From Art to Active Drugs     Tips on Nutrition for Glowing Skin  
 Tips and Tricks on the Management of Hyper Pigmentation     Tips on Management of Hyperandrogenism  
 Tips on Facial Anatomy and its Clinical Application     Hands on Suturing Course

## ACCOMODATION

Hotel Name	Distance from The Venue	Tariff: Per Room/Night Single Double	Choose: Single/Double Occupancy
The Eros Hotel (5 Star)	7 Kms, (15 mins. drive)	INR 6000 INR 6000	<input type="checkbox"/> Single <input type="checkbox"/> Double
Bloom Rooms (3 Star)	5 Kms, (10 mins. drive)	INR 4000 INR 4000	<input type="checkbox"/> Single <input type="checkbox"/> Double

Inclusions: Buffet Breakfast at Hotel / Pick & Drop from Hotel to the Venue & Back / All Current Applicable Taxes.

**Please send one day Room Rent (Non-Refundable) as advance for Hotel Booking.**

I am enclosing the DD / Cheque No. .... Dated..... Drawn on Bank .....  
..... for Rs. (In Words).....

In favour of **“SIR GANGA RAM HOSPITAL”** payable at New Delhi.

- **Registration of the Conference is Mandatory for the Participation in Courses & Master Classes.**
- **Please Send your Registration Form and DD/Cheque to the Conference Secretariat.**