



AESTHETICS

Learning From Each Other

22nd - 24th AUGUST 2025

India Habitat Centre, New Delhi

www.aestheticsdelhi.com



aestheticsdelhi



aesthetics_delhi



Aesthetics Conference

Invitation

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2025** from **22nd to 24th August 2025** at the India Habitat Centre, New Delhi. This endeavor is organized annually for the last 14 years with the theme of '**Learning From Each Other**', and is attended by more than 700 delegates from 15 countries each year. The focus of the Conference has been to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

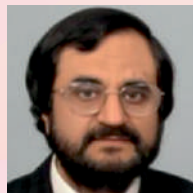
The Organizing Committee is working hard to make this a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen your skills. Please visit: **www.aestheticsdelhi.com** for more details.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



DR. INDU BALLANI
Dermatologist
Scientific Secretary



DR. RAKESH KALRA
Plastic Surgeon
Chairperson
Scientific Committee



DR. HEMA PANT
Dermatologist
Chairperson
Scientific Committee



DR. VIVEK KUMAR
Plastic Surgeon
Organizing Secretary

Call For Abstracts



AESTHETICS E-POSTER AWARDS 2025



You Win! Your Department Gains!!

- ✧ Letter from HOD is required for abstract submission
- ✧ The prize money will be granted to the winning department

The Award Categories will include

Original Research



₹ 1,00,000



₹ 50,000

Case Report/ Case Series



₹ 30,000



₹ 20,000

The grant will be reimbursed only through the respective Heads of Departments, upon receipt of invoice(s) against Books/ Instruments/ Other valid resources purchased for the department.



Dr. Chander Grover

Dermatologist
Chairperson



Dr. Veena Singh

Plastic Surgeon
Chairperson

Aesthetics Mentorship Programs



- 6 programs that offer the chance to procure an international scholarship, allowing mentees to spend a week with world renowned leaders in the field of Dermatology and Aesthetics.
- The program will provide complimentary travel and accommodation for the mentee.
- The candidates would be selected purely on the basis of merit.
- Only Indian doctors practicing in India are eligible for mentorship.

Dr. Sanjiv Kandhari Mentorship



Dr. Sanjiv Kandhari

Mentor

Dr. Eckart Haneke

Professor - Bern, Switzerland



Dr. Eckart Haneke is a professor at the Department of Dermatology at Inselspital and University Bern in Switzerland. He is also a Dermatologist at the Clinic for Dermatology Dermaticum, Freiburg, Germany, and Senior Consultant at the Dermatology Centre Epidermis, Institute CUF, Porto, Portugal, and Senior Consultant at Department Dermatol, Acad Hosp, University Gent, Belgium. Dr. Haneke's main research interests include nail diseases, dermatopathology, dermatological surgery, diseases of the oral mucosa, and aesthetic dermatology.

Dr. Haneke has published over 300 journal articles and 160 book chapters. He is the author of one book, co-editor of five books, and has presented over 1200 lectures at national and international meetings. He is also a member of the editorial board of several journals and an ad hoc manuscript reviewer for the following journals: Archives of Dermatology, British Journal of Dermatology, European Journal of Dermatology, Der Hautarzt, Journal of the American Academy of Dermatology, Journal of the European Academy of Dermatology and Venereology and Journal of the German Society of Dermatology.

Aesthetics Mentorship Programs

Prof. Arun K Singh Mentorship



Prof. Arun K Singh

Mentor

Dr. Antonino Araco

Plastic Surgeon, Italy



Dr. Araco is an Aesthetic Surgeon in Rome and Milan, also serving as a Contracted Professor at the University of Camerino and Torino. As Medical Director of Jenevi Medical, he has published 62 articles, reviewed for prestigious journals, and performed over 12,000 cosmetic surgeries since 2001.

He's an international speaker and an expert in Health Law, Medical Responsibility, and Forensic Plastic Surgery.

Dr. R D Mukhija Mentorship



Dr. R. D. Mukhija

Mentor

Dr. Doris Maria Hexsel

Dermatologist and Principal Investigator - Hexsel Dermatologic Clinics, Brazil



Dr. Hexsel is renowned for her expertise in cosmetic dermatology. As Medical Director of Hexsel Dermatologic Clinics in Porto Alegre and Rio de Janeiro, she specializes in cellulite treatment and facial rejuvenation. With extensive experience in dermatology.

She is a distinguished member of prestigious dermatological societies and has received numerous awards, including the "Lawrence Field Lectureship" from the American Society for Dermatologic Surgery.

Aesthetics Mentorship Programs

Dr. Niti Khunger Mentorship



Dr. Niti Khunger

Mentor

Dr. Sonja Sattler

MD, CEO/Medical Director

Rosenpark Klinik, Darmstadt, Germany



Sonja Sattler is working in Cosmetic/Aesthetic Medicine since 25 years. She is specialized in skin: facial rejuvenation with toxin, filler, EBDs including laser and its best combinations - as well as in general dermatologic surgery. She is also an expert in body rejuvenation including cellulite treatments and vaginal rejuvenation. Dr. Sonja Sattler has more than 20 publications in International Scientific Journals.

She founded 1996 Rosenpark Clinic, Rosenpark Research and BELLARI. Since that time, beside her work as an Aesthetic Physician and Researcher in Dermatology and Aesthetic Dermatology, she has been the guiding hand of the clinic in terms of finances, HR and organizational issues.

Dr. Manas Chatterjee Mentorship

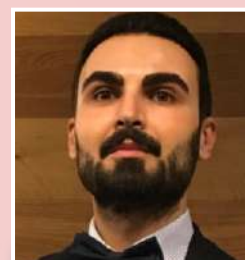


Dr. Manas Chatterjee

Mentor

Dr. Enzo Errichetti

Senior Consultant Dermatologist,
and Venereologist, Italy



Professor of Dermatology, Dr. Errichetti specializes at the Institute of Dermatology in Udine. He's the Secretary General of the Italian Association of Non-Invasive Diagnostics in Dermatology and a member of the executive committee of the International Society of Dermoscopy.

Dr. Errichetti's research focuses on dermoscopy in non-neoplastic dermatological diseases, particularly in dark skin, with over 150 articles published in international journals. He pioneered the description of dermoscopic characteristics in various dermatoses and coordinated international studies on dermoscopy.

Aesthetics Mentorship Programs

Prof. Somesh Gupta Mentorship



Dr. Somesh Gupta

Mentor

Prof. Vishal Madan

Director, Everything Skin Clinic,
United Kingdom



Professor Vishal Madan is a Consultant Dermatologist, Laser and Dermatological Surgeon, practising from Everything Skin Clinic™. Professor Madan specialises in the diagnosis and treatment of all skin conditions. Being the President of the British Medical Laser Association, he is the leading skin expert with extensive experience in the laser treatment of rosacea, facial redness, blemishes, rhinophyma, cysts, birthmarks, acne including acne scarring. He has a special interest in skin cancer treatment, using Mohs Micrographic surgery; a specialized technique which is by far the best method of treating basal cell carcinomas or BCC's.

Professor Madan offers quality advice on non-invasive treatments such as Dermal filler, including cheek fillers, lip fillers, nose fillers, temple fillers, and under eye fillers, as well as Chemical peels and Lasers, offering these services from Everything Skin Clinic™

Invited International Faculty



Dr. Amin Kalaaji
Plastic Surgeon
Norway



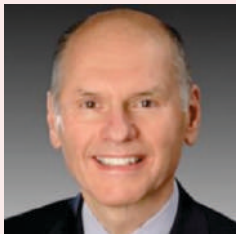
Dr. Anthony V. Benedetto
Dermatologist
USA



Prof. Eckart Haneke
Dermatologist
Switzerland



Prof. Enzo Errichetti
Dermatologist
Italy



Dr. Kenneth Tomecki
Dermatologist
USA



Prof. Klaus Fritz
Dermatologist & Laser
Specialist, *Germany*



Dr. Michael H. Gold
Dermatologist
USA



Dr. Sahar Foad Ghannam
Dermatologist & Aesthetic
Specialist, *Kuwait*



Dr. Shilpi Khetarpal
Dermatologist
USA



Dr. Sonja Sattler
Plastic Surgeon,
Germany



Dr. Srikanth Garikaparthi
Plastic, Reconstructive,
Hand & Cosmetic Surgeon
Bahamas



Dr. Suchana Marahatta
Dermatologist
Nepal



Dr. Thomas Rapp
Plastic Surgeon
Austria



Prof. Vishal Madan
Dermatologist
UK



Dr. Wael Seoudy
Dermatologist
Egypt

and many more....

National Faculty



Dr. Abhijit Rajesh Helge



Dr. Arushi Dudeja Maj. Gen. Dr. AK Jaiswal



Dr. A K Singh



Dr. Ananta Kulkarni



Dr. Anil Ganjoo



Dr. Ankur Bhatnagar



Dr. Anuj Pall



Dr. Anup Dhir



Dr. Archana Singal



Dr. Ashish Davalbhakta



Dr. Ashish Rai



Dr. Atul Shah



Dr. Atula Gupta



Dr. Bibilash Babu



Dr. Brijesh Mishra



Dr. Chander Grover



Dr. Chiranjiv Chhabra



Dr. Debjitkar



Dr. Deepa Bhatt



Dr. Deepak Nanda



Dr. Deepika Pandhi



Dr. D K Gupta



Dr. D M Mahajan



Dr. Ganesh Pai



Dr. Geeta Patel



Dr. Gunjan Shah



Dr. Hema Pant



Dr. Indu Ballani



Dr. Ishad Aggarwal

National Faculty



Dr. Itishree Gupta



Dr. Jas Kohli



Dr. Jerryl Banait



Dr. Jiten Kulkarni



Dr. Jyoti Gupta



Dr. K G Singh



Dr. Karthik
Ramasamy



Dr. Kashish Kalra



Dr. Kaushal Kumar



Dr. Kritika Pandey



Dr. Kuldeep Saxena



Dr. Kuldeep Singh



Dr. Latika Arya



Dr. Lokesh Kumar



Dr. Malavika Kohli



Dr. Manas Chatterjee



Dr. Manoj Khanna



Dr. Maneesh Singhal



Dr. Medha Bhawe



Dr. Meghna Gupta
Rastogi



Dr. Milan Doshi



Dr. Munish Paul



Dr. Neena Khanna



Dr. Neeraj Pandey



Dr. Niti Khunger



Dr. Nitin Sethi



Dr. Parag
Sahasrabudhe



Dr. Piyali Chatterjee



Dr. P K Talwar



Dr. Pooja Arora Mrig

National Faculty



Dr. Prabhat Kumar



Dr. Pradeep Kumari



Dr. Priti Shukla



Dr. Rajat Gupta



Dr. Rajat Kandhari



Dr. Rajeev B. Ahuja



Dr. Rajeev Sharma



Dr. Rajesh Kumar



Dr. Rakesh Kain



Dr. Rakesh Kalra



Dr. Raman Sharma



Dr. Rashmi Sarkar



Dr. Rashmi Sharma



Dr. Ravishankar
Dwivedi



Dr. Rishi Parashar



Dr. R D Mukhija



Dr. R K Mishra



Dr. Rohit Batra



Dr. R P Gupta



Dr. Sandeep Arora



Dr. Sandeep Sharma



Dr. Sanjiv Kandhari



Dr. Saurabh Singh



Dr. Sheeja Rajan



Dr. Shefali Trasi



Dr. Somesh Gupta



Dr. Soni Nanda



Dr. Srikanth



Dr. S. S. Saha



Dr. Subhransu Patnaik

National Faculty



Dr. Sukhbir



Dr. Sumit Gupta
(DEL)



Dr. Sunil Gaba



Dr. Sundeeep
Vijayaraghavan



Dr. T A Salim



Dr. Vasundhra
Oberoi



Dr. V K Upadhyay



Dr. Veena Singh



Dr. Venkata Ramana
Yamani



Dr. Vibhu Mendiratta



Dr. Vijay Kumar



Dr. Vikramjeet Singh
Dhingra



Dr. Vinay Kant
Shankhdhar



Dr. Vinay
Keshavamurthy



Dr. Vinay Singh



Dr. Vipul Kumar



Dr. Viraj Tambwekar



Dr. Vishal Mago



Dr. Vikram Singh
Rathore



Dr. Yogesh Bhingradia

and many more....

Workshops

Pre Conference Parallel Workshops (Please select any one workshop)

Course Fee for
each Workshop

► ₹ 8000

Date: 22nd August 2025

Time: 9:00 AM to 1:00 PM

1

Workshop on Injectable Basic

9:00 AM to 1:00 PM

Faculty: Dr Sonja Sattler, Dr Latika Arya, Dr Kritika Pandey, Dr Ishad Aggarwal

A beautifully designed workshop with star faculty, addressing building blocks and basic techniques with a critical focus on facial anatomy. The workshop is suitable for someone starting an injectable practice and as a refresher guide for practicing injectors.

- ✧ Counselling and facial anatomy
- ✧ Practical aspects in clinical practice - techniques and injection practices for botulinum toxin for upper face and periorbital area
- ✧ Which filler for what area?
- ✧ Contouring the cheek - needle vs cannula
- ✧ Technique for treating nasolabial folds
- ✧ Complications and their management
- ✧ Hyaluronidase - preparation and use

Q & A Interactive session

2

Workshop on Injectable Advanced

9:00 AM to 1:00 PM

Faculty: Dr Anthony V. Benedetto, Dr Rajat Kandhari, Dr Itishree Gupta, Dr Priti Shukla

This workshop focuses on bespoke treatment plans for your patients and a complete insight into advanced techniques in an injectable practice. Proper planning and optimizing outcomes for your patients.

- ✧ How I inject the temporal area
- ✧ Managing the tricky tear trough
- ✧ Tapering the borders - treating the jawline
- ✧ Contouring the lower face with botulinum toxin
- ✧ Microbotox
- ✧ Neck lift with injectables

Q & A Interactive session



Workshops

3

Workshop on Lasers

9:00 AM to 1:00 PM

Faculty: Dr Klaus Fritz, Dr Michael H. Gold, Dr Anil Ganjoo, Dr Anuj Pall, Dr Ganesh Pai, Dr Vishal Madan

Reinvent your concepts in lasers and energy-based devices. Learn from an expert group everything from what to include in your practice, what works and what doesn't, and tips on the right parameters.

- ✧ Overview of laser physics and application
- ✧ What to buy and how to use?
- ✧ When to say NO to your patients?
- ✧ Dealing with complications?
- ✧ Management of moles and nevi?
- ✧ Managing pigmentary conditions
- ✧ Optimizing outcomes in LHR and Resurfacing
- ✧ Triple wavelength technology - Truth or Hype?
- ✧ Picosecond technology - Is it worth the cost?
- ✧ Energy based devices - WHAT to use for WHICH indication

Q & A Interactive session

4

Workshop on Microblading and Scalp Micropigmentation

9:00 AM to 1:00 PM

Faculty: Dr Jyoti Gupta, Dr Arushi Dudeja, Dr Gunjan Shah

This workshop differs from routine micropigmentation workshops as it is curated by and with people who share a common passion - medical tattooing, and have come together to brainstorm about this subject at various platforms. Each faculty member has honed his/her skill set in a unique way. This workshop will not rush through the basics and jump to technique, but will focus on each delegate spending time on the various steps that lead upto the final procedure.

- ✧ Pigments, Colours, Colour-mixing and matching (Hands-On) - An exercise with actual colours to understand skin tone, in-depth
- ✧ Counselling the patient for micropigmentation
- ✧ Scope and revival of micropigmentation
- ✧ Eyebrow mapping and shaping
- ✧ Permanent Make-Up
- ✧ Micropigmentation for Vitiligo
- ✧ Scalp Micropigmentation

Q & A Interactive session

Workshops



5

Workshop on Mohs Surgery

9:00 AM to 1:00 PM

Faculty: Dr Anthony V. Benedetto, Dr Srikanth Garikaparthi, Dr Vinay Kant Shankhdhar, Dr Somesh Gupta, Dr Vinay Keshavamurthy, Dr Shipra Agarwal, Dr Saurabh Singh

Join us for a comprehensive workshop designed for dermatologists and surgeons, featuring:

- ✧ Expert-led lectures on Mohs surgery principles and techniques
- ✧ Demonstrations of Mohs procedure
- ✧ In-depth discussions on patient care and management
- ✧ Enhance your skills and improve patient outcomes

6

Workshop on Acne Scars

9:00 AM to 1:00 PM

Faculty: Dr Niti Khunger, Dr Atula Gupta, Dr Rahul Arora, Dr Rashmi Sharma, Dr Yogesh Bhingradia, Dr Krati Mehrotra Dewan

Led by experienced faculty, an intensive workshop providing a 360-degree approach on how to tackle stubborn acne scars. How to comprehensively plan the treatment for your patients to give them optimal outcomes and better quality of life.

- ✧ Assessment and planning for treatment of different scars
- ✧ Tackling atrophic & hypertrophic scars by combination treatments
- ✧ Fillers and autologous fat for acne scars - what, when and how?
- ✧ Laser resurfacing and Subdermal Minimal Surgery Technology (Enerjet Technology)
- ✧ Old wine in a new bottle - Optimizing outcomes from punch elevation, punch excision, CROSS technique and subcision
- ✧ Micro needling - How I do it?

Q & A Interactive session

Workshops

Pre Conference Parallel Workshops
(Please select any one workshop)

Course Fee for
each Workshop

► ₹ 8000

Date: 22nd August 2025

Time: 2:00 PM to 6:00 PM

7

Workshop on Regenerative Medicine in Dermatology & Aesthetics

2:00 PM to 6:00 PM

Faculty: Dr Sahar Foad Ghannam, Dr VS Rathore, Dr Kashish Kalra, Dr Rajesh Kumar

Exosomes

Exosomes are revolutionizing regenerative aesthetics by harnessing the power of cellular communication to rejuvenate skin and restore hair vitality. This session will provide a deep dive into the science, preparation, and application of umbilical cord-derived exosomes for skin and hair.

Future prospects

Problem marking & identification on cellular level, &, Stem cell therapies

- ✧ **Evolution of Exosomes** - Understanding their journey from discovery to clinical aesthetics
- ✧ **Biology & Mechanism of Action** - How exosomes promote skin regeneration and hair follicle stimulation
- ✧ **Choosing the Right Exosomes** - What differentiates high-quality exosomes, sourcing considerations, and purity standards
- ✧ **Optimizing Treatment Protocols** - Application techniques for facial rejuvenation, hair restoration, and scar therapy
- ✧ **Combination Therapies** - Synergistic use with microneedling, lasers, and PRP for enhanced outcomes
- ✧ **Clinical Evidence & Patient Selection** - Key indications, contraindications, and real-world case studies
- ✧ **Live Demonstration** - Step-by-step application of exosomes for skin and scalp treatments

Q & A Interactive session

Workshops



8

Workshop on Vitiligo

2:00 PM to 6:00 PM

Faculty: Dr Somesh Gupta, Dr Munish Paul, Dr Sumit Gupta, Dr Ankur Talwar, Dr Bhavni Oberoi, Dr Saurabh Singh, Dr Suman Patra, Dr Nandita Patel, Dr Harish Prasad

- ✧ Patient selection and effective methods
- ✧ Procedural details and effectiveness of surgical management in vitiligo
- ✧ Cell based therapies in vitiligo management
- ✧ Surgical management of difficult to tackle areas
- ✧ When not to consider surgery
- ✧ Tips to enhance surgical outcomes

Q & A Interactive session

9

Workshop on Threads

2:00 PM to 6:00 PM

Faculty: Dr Thomas Rappl, Dr Indu Ballani, Dr Viraj Tambwekar, Dr Piyali Chatterjee

The workshop focuses on techniques of basic and advanced thread lifts, as monotherapy and / or with other combination treatments.

- ✧ How to select the right candidate for thread lift?
- ✧ Which thread and where?
- ✧ How to optimize treatment outcomes?
- ✧ How to enhance the jawline using threads?
- ✧ How to volumize the face with threads?
- ✧ Combining different modalities with threads

Q & A Interactive session

10

Workshop on Nail Aesthetics

2:00 PM to 6:00 PM

Faculty: Dr Eckart Haneke, Dr Chander Grover, Dr Archana Singal, Dr Shikha Bansal, Dr Vineet Relhan, Dr Deepak Jakhar, Dr Khushbu Mahajan, Dr Vishal Gaurav

Learn the basic to advanced nail surgery techniques including an effective aesthetics. Focus in to prevent scarring.

- ✧ Basics of Nail Aesthetics and Nail Surgery
- ✧ Injectable therapies in nail disorders
- ✧ LASERS, nail peels and gel nails
- ✧ Ingrown nail management
- ✧ Treatment options for chronic paronychia
- ✧ Nail Biopsy - various techniques
- ✧ Brittle nails
- ✧ Management of nail tumors

Q & A Interactive session



Workshops

11

Workshop on Fat Grafting

2:00 PM to 6:00 PM

Faculty: Dr Amin Kalaaji, Dr Milan Doshi, Dr Sheeja Rajan, Dr Sandeep Sharma

Unlocking the Potential of Fat Grafting: A Comprehensive Session on the Latest Techniques and Innovations.

- ✧ Goal is to provide the most up-to-date information on autologous fat grafting.
- ✧ Latest fat grafting technique involving careful harvesting, fat processing and precise placement of the grafts.
- ✧ Regenerative and stem cell-based techniques for facial rejuvenation
- ✧ Latest Innovation in Fat Grafting and techniques of Stromal vascular fraction (SVF) and Adipose-derived stem cells (ADSCs) isolate from lipo-aspirates
- ✧ Learn supplementation of SVF and ADSCs to fat grafts
- ✧ Cell enriched fat grafting for the treatment of androgenic alopecia and Volumetric rejuvenation in the hands
- ✧ Fat has stem cells and Regenerative applications which are unique and important to know for fat and associated products

Q & A Interactive session

12

Workshop on Non-Surgical Body Contouring

2:00 PM to 6:00 PM

Faculty: Dr Michael H. Gold, Dr Wael Seoudy, Dr Meghna Rastogi Gupta, Dr Chiranjiv Chhabra

Immerse into the era of contouring the face and body via lasers, EBD's, threads, lipolysis and combination therapies.

- ✧ Role of High Intensity Focused Ultrasound in facial and body contouring
- ✧ Injection and body lipolysis - what to use and how to
- ✧ Cryolipolysis for SMF, love handles, arms, chest and other areas
- ✧ Radio frequency assisted therapies for body and facial contouring
- ✧ Comparative analysis of available treatments
- ✧ How to counsel the patient and run a body contouring practice
- ✧ Threads for body contouring

Scientific Program



Day 2 - 23 th August, Saturday		
Time	Topic	Speaker
9:00 - 10:00 am	Bye Bye Melanin Blues Mastering Pigment Control	
	Chairpersons: Dr R D Mukhija, Maj. Gen. Dr AK Jaiswal, Dr Kaushal Kumar, Dr Vipul Kumar	
9:00 - 9:10 am	Diode for physiological hyperpigmentation of lips	Dr Yogesh Bhingradia
9:10 - 9:16 am	Preventive therapies in hyperpigmentation	Dr Amit Shekhar
9:16 - 9:26 am	Newer molecules in hyperpigmentation- beyond Hydroquinone	Dr Deepa Bhatt
9:26 - 9:35 am	Melasma- Topical v/s Injectable	Dr Jerryl Banait
9:35 - 9:50 am	Improving the long term efficacy in treating melasma	Dr Kuok Tjun Ong
9:50 - 10:00 am	Intravenous therapies for skin rejuvenation	Dr Ishad Aggarwal
10:00 - 11:00 am	Regenerative Breakthroughs - Bio Boosted Beauty	
	Chairpersons: Dr Mukesh Girdhar, Dr Ramanjeet, Dr Rakesh Kalra, Dr Karoon Agrawal	
10:00 - 10:15 am	Exosomes Friend & Foe	Dr Sahar Ghannam
10:15 - 10:30 am	What's New & What's Real in Exosomes	Dr Michael Gold
10:30 - 10:45 am	Collagen boosters Role of PDRN	Dr Shefali Trasi
10:45 - 11:00 am	UV dermoscopy	Dr Enzo Errichetti
11:00 am - 1:00 pm	Trends, Tech & Tweakments - Aesthetic Game Changers Unveiled	
	Chairpersons: Dr Deepika Pandhi, Dr Prabhat Kumar, Dr Vasundhra Oberoi, Dr Deepak Nanda	
11:00 - 11:15 am	Six months experience of using AI in my consultation	Dr Sonja Sattler
11:15 - 11:30 am	Let's speak about muscle stimulation	Dr Sahar Ghannam
11:30 - 11:45 am	Biostimulators / New Data at Gene Level	Dr Michael Gold
11:45 - 11:55 am	Non-invasive hemangioma correction	Dr D K Gupta
11:55 am - 12:10 pm	How to use fillers in heavy face	Dr Sahar Ghannam
12:10 - 12:20 pm	What is New in Evidence based approach in scars?	Dr Sheeja Rajan
12:20 - 12:35 pm	Individualized: End of 5 point era in toxin injection	Dr Sonja Sattler
12:35 - 12:50 pm	Harnessing Laser Technology in Treating Head and Neck Medical Applications of Aesthetic Lasers	Dr Vishal Madan
12:50 - 1:00 pm	Aesthetic applications of fat grafting	Dr Parag Sahasrabudhe



Scientific Program

Day 2 - 23 th August, Saturday		
Time	Topic	Speaker
1:00 - 1:15 pm	Self-made threads for mini facelift	Dr Milan Doshi
1.15 - 2.00 pm	Lunch	
2:00 - 3:30 pm	Face as Canvas - Artistic Principles in Facial Contouring	
	Chairpersons: Dr D M Mahajan, Dr Deepti Dhingra, Dr Rakesh Kain, Dr Ratnanjali Mishra	
2:00 - 2:10 pm	Understanding the ageing process and your fat pads	Dr Karthik Ram
2:10 - 2:20 pm	Buccal fat pad removal	Dr Manoj Khanna
2:20 - 2:30 pm	Is there still a need for chin implant? Chin augmentation with fat grafting	Dr Amin Kalaaji
2:30 - 2:40 pm	Periorbital fat V/s Filler	Dr Preeti Shukla
2:40 - 2:50 pm	Anchoring of threads in deep temporal fascia	Dr Viraj Tambwekar
2:50 - 3:00 pm	Liquid facelift	Dr V S Rathore
3:00 - 3:15 pm	Periorbital fat grafting	Dr Amin Kalaaji
3:15 - 3:30 pm	Combination treatments in facial aesthetics	Dr Thomas Rappl
3:30 - 6:00 pm	Scar Spectrum - From Texture to Transformation	
	Chairpersons: Dr Rishi Parashar, Dr Sunil Gupta, Dr Maneesh Singhal, Dr Ashish Rai	
3:30 - 3:40 pm	Non Surgical multimodalities for burn scars	Dr Niti Khunger
3:40 - 3:50 pm	Beyond Wrinkles: Botox in Aesthetic Scar Management	Dr Raman Sharma
3:50 - 4:05 pm	Silicone in 2025: Does it make sense	Dr Michael Gold
4:05 - 4:15 pm	Scar revision for difficult sites	Dr Yogesh Bhingradia
4:15 - 4:30 pm	PRP + Nano fat + MNRF FOR SCARS	Dr Anup Dhir
4:30 - 4:45 pm	Management of ingrown toe nail	Dr Archana Singal
4:45 - 5:00 pm	What's new in acne scars	Dr Suchana Marahatta
5:00 - 5:15 pm	Pearls in the Management of Keloids	Dr Srikanth Garikaparthi
5:15 - 6:00 pm	Panel discussion on scars	Moderator: Dr Somesh Gupta
6:30 pm Onwards	Inauguration & Gala Dinner	



Scientific Program

Day 3 - 24 th August, Sunday		
Time	Topic	Speaker
9:00 - 10:00 am	From Inflammation to Restoration	
	Chairpersons: Dr Vibhu Mendiratta, Dr Abhijit Rajesh Helge, Dr P K Talwar, Dr A K Singh	
9:00 - 9:10 am	Assessment and treatment of HS using Co2 laser	Dr Ganesh Pai
9:10 - 9:20 am	Multimodality approach in HS	Dr Manas Chatterjee
9:20 - 9:35 am	Top Tricks in Laser	Dr Vishal Madan
9:35 - 9:45 am	How to decide grades of HS	Dr Sunil Gaba
9:45 - 10:00 am	Wire brush dermabrasion for acne scars	Dr Anthony Benedetto
10:00 am - 12:00 pm	Elevating Facial Aesthetics	
	Chairpersons: Dr Sameek Bhattacharya, Dr Lokesh Handa, Dr Indu Ballani, Dr Suruchi Puri	
10:00 - 10:15 am	Hand and neck rejuvenation	Dr Sonja Sattler
10:15 - 10:25 am	Critical analysis of face lift with fillers	Dr Lokesh Kumar
10:25 - 10:35 am	Overfill syndrome	Dr Rajat Gupta
10:35 - 10:50 am	Threads complications management	Dr Anthony Benedetto
10:50 - 11:05 am	Fillers complications management	Dr Thomas Rappl
11:05 - 11:15 am	Principles of excision of naevi over face	Dr Jiten Kulkarni
11:15 - 11:30 am	Basic surgical skills	Dr Anant Kulkarni
11:30 - 11:45 am	Botox complications management	Dr Thomas Rappl
11:45 am - 12:00 pm	Approach on treating under eye hollowness	Dr Kuok Tjun Ong
12:00 - 1:30 pm	Beam Beautiful - Power & Precision	
	Chairpersons: Dr Raman Sharma, Dr R D Mukhija, Dr Divya Jain, Maj. Gen. Dr AK Jaiswal	
12:00 - 12:15 pm	Acne Devices - Are We There Yet?	Dr Michael Gold
12:15 - 12:30 pm	26 years of experience of lasers for treatment of various skin conditions abd hair	Dr Uddav Patil
12:30 - 12:45 pm	Red Orange Complex: The Citrus Secret to Skin Radiance	Dr Hema Pant
12:45 - 1:00 pm	Role of laser in management of Acne scars	Dr Ganesh Pai
1:00 - 1:15 pm	Structure building with soft tissue fillers	Dr Rajat Kandhari
1:15 - 1:30 pm	Liquid Toxins - The Future of injectable Toxins	Dr Michael Gold



Scientific Program

Day 3 - 24 th August, Sunday		
Time	Topic	Speaker
1.30 - 2.15 pm	Lunch	
2:15 - 4:30 pm	Diverse Perspectives one Platform	
	Chairpersons: Dr S. S. Saha, Dr Ajita Bagai, Dr Vineet Relhan, Dr Ankur Bhatnagar	
2:15 - 2:30 pm	Evolving role of non surgical procedures in modern plastic surgery. A 20 years prospective	Dr Vijay Kakkar
2:30 - 2:45 pm	Legal issues in social media marketing	Dr Atul Shah
2:45 - 3:00 pm	Nose fillers	Dr Vikram Dhingra
3:00 - 3:15 pm	Building Your Aesthetic Practice - What No One Tells You	Dr Neeraj Pandey
3:15 - 3:30 pm	Diet major factor in Aesthetic treatments	Dr Jas Kohli
3:30 - 3:45 pm	The therapeutic evolution of minoxidil- From topical application to oral therapy	Dr Itishree Gupta
3:45 - 4:00 pm	Facial mapping in Dimple Creation: Harmonising Symmetry with Aesthetic Ideals	Dr Chahat Verma
4:00 - 4:30 pm	Trichoscopy and Dermoscopy in Facial Inflammatory Disorders	Dr Enzo Errichetti
4:30 - 5:30 pm	Incisions to Innovation Evolving Paradigms in Body contouring	
	Chairpersons: Dr Mukta Verma, Dr Vinay Singh, Dr Rajeev Sharma, Dr Vishal Mago	
4:30 - 4:45 pm	Intimate female genital rejuvenation technique: how to optimize results	Dr Amin Kalaaji
4:45 - 5:00 pm	Top up augmentation of breast in a patient With the implant in situ	Dr Charu Sharma



Masterclasses

Master Classes

Fee for
each Course

► ₹ 4000

1. Hyperpigmentation - Tips & Tricks in clinical practice

Faculty: Dr. Hema Pant

8:00 am - 9:00 am | Saturday 23rd August

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

2. Masterclass on Lip Rejuvenation

Faculty: Dr. Indu Ballani

10:00 am - 11:00 am | Saturday 23rd August

Lips and perioral enhancement by hyaluronic gels. Not only lips but perioral filling for ageing lips. Trends and techniques for lip enhancements especially in young females.

3. A to Z of Chemical Peels

Faculty: Dr. Rashmi Sarkar

11:30 am - 12:30 pm | Saturday 23rd August

This comprehensive masterclass covers in-depth knowledge of skin physiology, peel classifications, indications and contraindications.

Detailed discussions on various peeling agents, combinations and ideal patient selection will be done and some newer peeling agents will be included. This masterclass will equip you with the expertise to deliver safe and effective peel treatments for optimal skin rejuvenation.

4. Dermatological procedures under locoregional anaesthesia

Faculty: Dr. D K Gupta

3:00 pm - 4:00 pm | Saturday 23rd August

Elevate your expertise in minimally invasive dermatologic surgery with this exclusive masterclass. Designed for dermatologists and surgeons, this workshop focuses on advanced techniques performed under local anaesthesia, offering practical solutions for common and complex conditions.

Key Topics:

- ✧ Ear Lobule Repair
- ✧ Nail Deformities
- ✧ Non-Invasive Hemangioma Correction
- ✧ Facial Fat Grafting

Take your practice to the next level



Masterclasses

Master Classes

Fee for
each Course

► ₹ 4000

5. Masterclass on Hair Transplant

Faculty: Dr. Manoj Khanna

4:30 pm - 5:30 pm | Saturday 23rd August

Learn the tips and tricks of hair transplant from the masters .A comprehensive session dealing with nitty gritty of how to get the best results and successful hair transplantation practice.

6. My learning in Hyperandrogenic disorders

Faculty: Dr. Sanjiv Kandhari

9:00 am - 10:00 am | Sunday 24th August

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

7. Radiofrequency - Tips & Tricks in practice

Faculty: Dr. Somesh Gupta

10:00 am - 11:00 am | Sunday 24th August

Radiofrequency ablation is a versatile dermatosurgical procedure for various types of skin lesions. Learn about major modalities in radio frequency eg electrosection, electrocoagulation, electrodesiccation and fulguration for their respective dermatological indications. Besides a comprehensive assessment, choice of anaesthesia and consideration of all the factors affecting the efficacy of radio frequency and complication management.

8. How to avoid complications in the Ear lobule repair

Faculty: Dr. Atul Shah

11:30 am - 12:30 pm | Sunday 24th August

Wide ear lobule holes need closure, where many alternatives are available. Discussion will be based on sparing of intact rim and on bringing a small flap to create new tear resistant hole for ornaments. Learn various tips to avoid complications.

Organizing Committee



Patrons in Chief

- ◇ Dr. D. S. Rana
- ◇ Prof. A. K. Singh
- ◇ Dr. Niti Khunger

Patrons

- ◇ Dr. Ajay Swaroop
- ◇ Dr. Anil Ganjoo
- ◇ Dr. Karoon Agrawal

Past Founder President

- ◇ Dr. Sanjiv Kandhari

Organizing Chairman

- ◇ Dr. S. S. Saha

Co-Chairperson Organizing Committee

- ◇ Dr. Atul Shah
- ◇ Dr. Rashmi Sarkar
- ◇ Dr. Sandeep Sharma
- ◇ Dr. Sunil Gupta

Organizing Secretary

- ◇ Dr. Vivek Kumar

Chairperson Scientific Committee

- ◇ Dr. Hema Pant
- ◇ Dr. Rakesh Kalra

Co-Chairperson Scientific Committee

- ◇ Dr. Chander Grover
- ◇ Dr. Vasundhara Oberoi

Scientific Secretary

- ◇ Dr. Indu Ballani

Co-Scientific Secretary

- ◇ Dr. Itishree Gupta
- ◇ Dr. Meghna Gupta

Chairpersons, Workshops

- ◇ Dr. Atula Gupta
- ◇ Dr. R. K. Mishra

Co-Chairperson, Workshops

- ◇ Dr. Kritika Pandey
- ◇ Dr. Veena Singh

Advisory Board

- | | | |
|--------------------------|------------------------|-----------------------------|
| ◇ Dr. Ankur Bhatnagar | ◇ Dr. Kuldeep Singh | ◇ Dr. Rajeev B. Ahuja |
| ◇ Dr. Anurag Tiwari | ◇ Dr. L. D. Dhami | ◇ Dr. R. D. Mukhija |
| ◇ Dr. Anup Dhir | ◇ Dr. Lokesh Kumar | ◇ Dr. Richie Gupta |
| ◇ Dr. Archana Singal | ◇ Dr. Manas Chatterjee | ◇ Dr. Rishi Parashar |
| ◇ Dr. Ashish Davalbhakta | ◇ Dr. Maya Vedamurthy | ◇ Dr. Sanjeev Aurangabadkar |
| ◇ Dr. Brijesh Mishra | ◇ Dr. Mukesh Girdhar | ◇ Dr. Somesh Gupta |
| ◇ Dr. Ganesh Pai | ◇ Dr. Pooja Arora Mrig | ◇ Dr. Venkataram Mysore |
| ◇ Dr. Gaurav Mukhija | ◇ Dr. P. K. Talwar | ◇ Dr. Vijay Kumar |



AESTHETICS

Learning From Each Other

Dr. Vivek Kumar

Organizing Secretary

Consultant Plastic & Cosmetic Surgeon

Room No. 2325, 3rd Floor,
SSRB Block, Sir Ganga Ram Hospital,
New Delhi - 110060

Mob: +91 - 97111 98444, 98102 18129

Email: contact@aestheticsdelhi.com

Conference Manager

Neumech Events

11, Ground Floor, Ansal Tower - 38, Nehru Place, New Delhi - 110019

M: +91 97172 98181

E: contact@conferenceindia.org

W: www.neumechevents.com

www.aestheticsdelhi.com



AESTHETICS

Learning from Each Other

India Habitat Centre,
New Delhi

REGISTRATION FORM

FILL IN CAPITAL LETTERS ONLY

Name Age/Sex

Postal Address

DesignationInstituteCity

Email Mobile

Please select your specialty: ☐ Dermatology ☐ Plastic Surgery

Please attach a copy of your degree or letter from HOD if PG.

Registration Fee: (Early bird till 31st July 2025)

Conference Registration Fees : ₹ 8000

Pre Conference workshop (Each Workshop): ₹ 8000 Master Classes (Each Session) : ₹ 4000

Registration Fees: (After 31st July 2025)

Conference Registration Fees : ₹ 10000

Pre Conference workshop (Each Workshop): ₹ 8000 Master Classes (Each Session) : ₹ 4000

Pre-Conference Parallel Workshops - (Each ₹ 8000)

Morning (9:00 am to 1:00 pm) Please tick only one workshop

Friday

22nd August 2025

- | | | |
|---|--|---|
| <input type="checkbox"/> Workshop on Injectable Basic | <input type="checkbox"/> Workshop on Injectable Advanced | <input type="checkbox"/> Workshop on Lasers |
| <input type="checkbox"/> Workshop on Microblading and Scalp Micropigmentation | <input type="checkbox"/> Workshop on Mohs Surgery | <input type="checkbox"/> Workshop on Acne Scars |

Pre-Conference Parallel Workshops - (Each ₹ 8000)

Afternoon (2:00 pm to 6:00 pm) Please tick only one workshop

Friday

22nd August 2025

- | | | |
|--|---|---|
| <input type="checkbox"/> Regenerative Medicine in Dermatology & Aesthetics | <input type="checkbox"/> Workshop on Vitiligo | <input type="checkbox"/> Workshop on Threads |
| <input type="checkbox"/> Workshop on Nail Aesthetics | <input type="checkbox"/> Workshop on Fat Grafting | <input type="checkbox"/> Workshop on Non-Surgical Body Contouring |

Master Classes - (Each Session ₹ 4000)

Sat & Sun: 23rd & 24th August 2025

- | | | |
|---|---|---|
| <input type="checkbox"/> Hyperpigmentation - Tips & Tricks in clinical practice | <input type="checkbox"/> Masterclass on Lip Rejuvenation | <input type="checkbox"/> My learning in Hyperandrogenic disorders |
| <input type="checkbox"/> Dermatological procedures under locoregional anaesthesia | <input type="checkbox"/> Radiofrequency - Tips & Tricks in practice | <input type="checkbox"/> Masterclass on Hair Transplant |
| <input type="checkbox"/> How to avoid complications in the Ear lobule repair | <input type="checkbox"/> A to Z of Chemical Peels | |

I am enclosing the DD / Cheque No.Dated.....Drawn on Bank.....
.....for ₹ (In Words).....

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi.

- ♦ **Registration for the Conference is Mandatory for the Participation in Workshops & Master Classes.**
- ♦ **Please Send your Registration Form and DD/Cheque to the Conference Secretariat.**

Ms Sarita

+91 96670 91507 +91 96259 70256

Room No. 2325, 3rd Floor, SSRB Block, Sir Ganga Ram Hospital, New Delhi - 110060

Online Registration Form

For Accommodation please contact Mr. Prakash, Neumech Events, +91 97172 98181