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August 2024

India Habitat Centre, New Delhi

# AESTHETICS

Learning from Each Other

[www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)

# Invitation

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2024** from **23<sup>rd</sup> to 25<sup>th</sup> August 2024** at the India Habitat Centre, New Delhi. This endeavor is organized annually for the last 14 years with the theme of '**Learning From Each Other**', and is attended by more than 700 delegates from 15 countries each year. The focus of the Conference has been to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing Committee is working hard to make this a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen your skills. Please visit: **[www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)** for more details.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



**DR. RAJAT KANDHARI**  
Dermatologist  
Scientific Secretary



**DR. RAKESH KALRA**  
Plastic Surgeon  
Chairperson  
Scientific Committee



**DR. HEMA PANT**  
Dermatologist  
Chairperson  
Scientific Committee



**DR. VIVEK KUMAR**  
Plastic Surgeon  
Organizing Secretary

# AESTHETICS Mentorship Programs

- 6 programs that offer the chance to procure an **international scholarship**, allowing mentees to spend a week with world renowned leaders in the field of Dermatology and Aesthetics.
- The program will provide **complimentary travel and accommodation** for the mentee.
- The candidates would be selected **purely on the basis of merit**. Visit our website to apply today.

## Dr. Sanjiv Kandhari Mentorship



**Dr. Sanjiv Kandhari**

### Mentor

#### **Dr. Eckart Haneke**

Professor - Bern, Switzerland



Dr. Eckart Haneke is a professor at the Department of Dermatology at Inselspital and University Bern in Switzerland. He is also a Dermatologist at the Clinic for Dermatology Dermaticum, Freiburg, Germany, and Senior Consultant at the Dermatology Centre Epidermis, Institute CUF, Porto, Portugal, and Senior Consultant at Department Dermatol, Acad Hosp, University Gent, Belgium. Dr. Haneke's main research interests include nail diseases, dermatopathology, dermatological surgery, diseases of the oral mucosa, and aesthetic dermatology.

Dr. Haneke has published over 300 journal articles and 160 book chapters. He is the author of one book, co-editor of five books, and has presented over 1200 lectures at national and international meetings. He is also a member of the editorial board of several journals and an ad hoc manuscript reviewer for the following journals: Archives of Dermatology, British Journal of Dermatology, European Journal of Dermatology, Der Hautarzt, Journal of the American Academy of Dermatology, Journal of the European Academy of Dermatology and Venereology and Journal of the German Society of Dermatology.

## Prof. Arun K Singh Mentorship



**Prof. Arun K Singh**

### **Mentor**

**Dr. Antonino Araco**  
Plastic Surgeon, Italy



Dr. Araco is an Aesthetic Surgeon in Rome and Milan, also serving as a Contracted Professor at the University of Camerino and Torino. As Medical Director of Jenevì Medical, he has published 62 articles, reviewed for prestigious journals, and performed over 12,000 cosmetic surgeries since 2001.

He's an international speaker and an expert in Health Law, Medical Responsibility, and Forensic Plastic Surgery.

## Dr. R D Mukhija Mentorship



**Dr. R. D. Mukhija**

### **Mentor**

**Dr. Doris Maria Hexsel**  
Dermatologist and Principal Investigator - Hexsel Dermatologic Clinics, Brazil



Dr. Hexsel is renowned for her expertise in cosmetic dermatology. As Medical Director of Hexsel Dermatologic Clinics in Porto Alegre and Rio de Janeiro, she specializes in cellulite treatment and facial rejuvenation. With extensive experience in dermatology.

She is a distinguished member of prestigious dermatological societies and has received numerous awards, including the "Lawrence Field Lectureship" from the American Society for Dermatologic Surgery.

## Dr. Niti Khunger Mentorship



**Dr. Niti Khunger**

### Mentor

**Dr. Marc Roscher**  
Dermatologist, South Africa



Dr. Roscher, a leading dermatologist, heads the Skin Centre in Umhlanga since 2001. Specialising in Dermatologic Surgery and Skin Cancer treatment, he's the founding president of SASDS and past President of DASIL. Recognised internationally, he received the Lawrence Field Award (2015 ASDS) and was named International Dermatologist of the Year (2019 DASIL).

Dr. Roscher also leads the Skin Cancer Foundation of South Africa and provides pro bono services through charitable foundations.

## Dr. Manas Chatterjee Mentorship



**Dr. Manas Chatterjee**

### Mentor

**Dr. Enzo Errichetti**  
Senior Consultant Dermatologist,  
and Venereologist, Italy



Professor of Dermatology, Dr. Errichetti specializes at the Institute of Dermatology in Udine. He's the Secretary General of the Italian Association of Non-Invasive Diagnostics in Dermatology and a member of the executive committee of the International Society of Dermoscopy.

Dr. Errichetti's research focuses on dermoscopy in non-neoplastic dermatological diseases, particularly in dark skin, with over 150 articles published in international journals. He pioneered the description of dermoscopic characteristics in various dermatoses and coordinated international studies on dermoscopy.

# Prof. Somesh Gupta Mentorship



**Dr. Somesh Gupta**



**Dr. S. Brian Jiang**  
Dermatologist, USA

Dr. Jiang is the director of dermatologic and Mohs micrographic surgery at UC San Diego Health. Specializing in Mohs surgery. Dr. Jiang is a professor in the Department of Dermatology, where he founded and directs the Micrographic Surgery and Dermatologic Oncology Fellowship.

With prior experience at Harvard Medical School, he is also the editor-in-chief of the Journal of Clinical and Investigative Dermatology.



**Dr. Hayes Gladstone**  
President, Gladstone Clinic, USA

Dr. Gladstone completed his medical degree at the University of Rochester and specialized in Mohs Surgery, Reconstruction, and Cosmetic Surgery at UCLA. He is renowned internationally for his expertise and has authored numerous publications.

Dr. Gladstone also co-founded Blade and Light International, a nonprofit providing volunteer Mohs surgery abroad.

## Mentors



## Invited International Faculty



**Dr. Anthony V. Benedetto**  
Dermatologist  
*USA*



**Dr. Angelo Trivisonno**  
Plastic Surgeon  
*Italy*



**Dr. Doris Maria Hexsel**  
Dermatologist  
*Brazil*



**Dr. Eckart Haneke**  
Dermatologist  
*Switzerland*



**Dr. Ediléia Bagatin**  
Dermatologist  
*Brazil*



**Dr. Greg Goodman**  
Dermatologist  
*Australia*



**Dr. Mario Trelles**  
Plastic & Laser Surgeon,  
*Spain*



**Dr. Michael H. Gold**  
Dermatologist  
*USA*



**Dr. Paola Rosalba Russo**  
Plastic Surgeon  
*Italy*



**Dr. Patrick Huang**  
Dermatologist  
*Taiwan*



**Ms. Sanjana Seth**  
Entrepreneur  
*United Kingdom*

**and many more....**



# National Faculty



Dr. Aashish Rai



Dr. A. K. Singh



Dr. Ajita Bagai



Dr. Ajara Sayyad



Maj. Gen. Dr. AK Jaiswal



Dr. Aman Sharma



Dr. Amit Kerure



Dr. Amit Luthra



Dr. Amrendra Kumar



Dr. Ananta Kulkarni



Dr. Aneesh S



Dr. Anil Ganjoo



Dr. Anisha Sharma



Dr. Aniketh  
Venkatram



Dr. Ankur Bhatnagar



Dr. Anuj Pall



Dr. Anup Dhir



Dr. Anurag Tiwari



Dr. Archana Singal



Dr. Arundha Abrol



Dr. Aseem Sharma



Dr. Atul Kathed



Dr. Atul Shah



Dr. Atula Gupta



Dr. Brijesh Mishra



Dr. Chander Grover



Dr. Chiranjiv Chhabra



Dr. Deepak Jakhar



Dr. Deepak Nanda



Dr. Deepika Pandhi



# National Faculty



Dr. Deepti Ghia



Dr. D M Mahajan



Dr. Ganesh Pai



Dr. Gaurang Krishna



Dr. Gaurav Nakra



Dr. Gulhima Arora



Dr. Hema Pant



Dr. Himanshu Gupta



Dr. Indu Ballani



Dr. Ishad Aggarwal



Dr. Itishree Gupta



Dr. Jas Kohli



Dr. Jerryl Banait



Dr. Jiten Kulkarni



Dr. Jyoti Gupta



Dr. Kanika Sahni



Dr. Karoon Agrawal



Dr. Kashish Kalra



Dr. Kaushal Verma



Dr. Kaushik Lahiri



Dr. Kedarnath Pandya



Dr. K G Singh



Dr. Kritika Pandey



Dr. Kuldeep Singh



Dr. Latika Arya



Dr. L. D. Dhami



Dr. Lokesh Kumar



Dr. Madhulika Mhatre



Dr. Malavika Kohli



Dr. Manas Chatterjee



# National Faculty



Dr. Manish Singhal



Dr. Manjot Marwah



Dr. Manoj Khanna



Dr. Milan Doshi



Dr. Mukesh Girdhar



Dr. Muhammed Razmi



Dr. Munish Paul



Dr. Neena Khanna



Dr. Neeraj Pandey



Dr. Niti Khunger



Dr. Padmavathi  
Surapaneni



Dr. Pallavi Ailawadi



Dr. Pallavi Rohatgi



Dr. Parag  
Sahasrabudhe



Dr. P. K. Talwar



Dr. Pooja Arora Mrig



Dr. Priti Shukla



Dr. Raja Tiwari



Dr. Rajat Gupta



Dr. Rajat Kandhari



Dr. Rajeev B. Ahuja



Dr. Rajetha Damisetty



Dr. Raj Raman



Dr. Rajesh Kumar



Dr. Rajeev Sharma



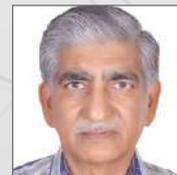
Dr. Rakesh Kalra



Dr. Rakesh Kain



Dr. Rati Makkar



Dr. R. D. Mukhija



Dr. R. K. Mishra



# National Faculty



Dr. Raman Sharma



Dr. R P Gupta



Dr. Rashmi Sarkar



Dr. Rashmi Sharma



Dr. Richie Gupta



Dr. Rishi Parashar



Dr. Rohit Batra



Dr. Sanjiv Kandhari



Dr. Sandeep Sharma



Dr. Sandeep Arora



Dr. Shashank Bansod



Dr. Sheeja Rajan



Dr. Shefali Trasi



Dr. Shuken Dashore



Dr. Somesh Gupta



Dr. Sonali Langar



Dr. Soni Nanda



Dr. Sumit Gupta  
(DEL)



Dr. Sumit Gupta  
(LKO)



Dr. Sunil Gaba



Dr. S. S. Saha



Dr. T Salim



Dr. Umesh Bilewar



Dr. Vasundhra  
Oberoi



Dr. Vibhu Mendiratta



Dr. Vikram Dhingra



Dr. Vikram Singh  
Rathore



Dr. Vijay Kumar



Dr. Vinay Singh



Dr. Viral Desai



## National Faculty



Dr. Vishal Mago



Dr. V K Upadhyay



Dr. Yogesh Bhingradia

and many more....

**Pre Conference Parallel Workshops**  
(Please select any one workshop)

Course Fee for each Workshop ▶ ₹ 7000

Date: 23<sup>rd</sup> August 2024

Time: 9:00 AM to 1:00 PM (Workshops - 1 to 6)

1

**Workshop on Lasers**

9:00 AM to 1:00 PM

**Faculty:** Dr Ganesh Pai, Dr Anuj Pall, Dr Anil Ganjoo, Dr Kashish Kalra, Dr Rohit Batra, Dr Mario Trelles, Dr Michael Gold, Dr Meghna Rastogi Gupta

Reinvent your concepts in lasers and energy-based devices. Learn from an expert group everything from what to include in your practice, what works and what doesn't, and tips on the right parameters.

- ✦ Overview of laser physics and application
- ✦ What to buy and how to use?
- ✦ When to say NO to your patients?
- ✦ Dealing with complications?
- ✦ Management of moles and nevi?
- ✦ Managing pigmentary conditions
- ✦ Optimizing outcomes in LHR and Resurfacing
- ✦ Triple wavelength technology – Truth or Hype?
- ✦ Picosecond technology – Is it worth the cost?
- ✦ Energy based devices – WHAT to use for WHICH indication

Q &amp; A Interactive session

2

**Workshop on Injectable Basic**

9:00 AM to 1:00 PM

**Faculty:** Dr Doris Maria Hexsel, Dr Latika Arya, Dr Priti Shukla, Dr Kritika Pandey

A beautifully designed workshop with star faculty, addressing building blocks and basic techniques with a critical focus on facial anatomy. The workshop is suitable for someone starting an injectable practice and as a refresher guide for practicing injectors.

- ✦ Counselling and facial anatomy
- ✦ Practical aspects in clinical practice - techniques and injection practices for botulinum toxin for upper face and periorbital area
- ✦ Which filler for what area?
- ✦ Contouring the cheek – needle vs cannula
- ✦ Technique for treating nasolabial folds
- ✦ Complications and their management
- ✦ Hyaluronidase – preparation and use

Q &amp; A Interactive session

# Program

3

## Workshop on Injectable Advanced

9:00 AM to 1:00 PM

**Faculty:** Dr Anthony V Benedetto, Dr Rajat Kandhari, Dr Ishad Aggarwal, Dr Soni Nanda

This workshop focuses on bespoke treatment plans for your patients and a complete insight into advanced techniques in an injectable practice. Proper planning and optimizing outcomes for your patients.

- ✦ How I inject the temporal area
- ✦ Managing the tricky tear trough
- ✦ Tapering the borders – treating the jawline
- ✦ Contouring the lower face with botulinum toxin
- ✦ Microbotox
- ✦ Neck lift with injectables

Q & A Interactive session

4

## Workshop on Vitiligo

9:00 AM to 1:00 PM

**Faculty:** Dr Munish Paul, Dr Somesh Gupta, Dr Madhulika Mhatre, Dr Kanika Sahni, Dr Mohd. Razmi, Dr Deepti Ghia

- ✦ Patient selection and effective methods
- ✦ Procedural details and effectiveness of surgical management in vitiligo
- ✦ Cell based therapies in vitiligo management
- ✦ Surgical management of difficult to tackle areas
- ✦ When not to consider surgery
- ✦ Tips to enhance surgical outcomes

Q & A Interactive session

5

## Workshop on Microblading and Scalp Micropigmentation

9:00 AM to 1:00 PM

**Faculty:** Dr Aseem Sharma, Dr Manjot Marwah, Dr Jyoti Gupta

This workshop differs from routine micropigmentation workshops as it is curated by and with people who share a common passion - medical tattooing, and have come together to brainstorm about this subject at various platforms. Each faculty member has honed his/her skill set in a unique way. This workshop will not rush through the basics and jump to technique, but will focus on each delegate spending time on the various steps that lead upto the final procedure.

- ✦ Pigments, Colours, Colour-mixing and matching (Hands-On) - An exercise with actual colours to understand skin tone, in-depth
- ✦ Counselling the patient for micropigmentation
- ✦ Scope and revival of micropigmentation
- ✦ Eyebrow mapping and shaping
- ✦ Permanent Make-Up
- ✦ Micropigmentation for Vitiligo
- ✦ Scalp Micropigmentation

Q & A Interactive session

**6****Workshop on Scar Management - A Holistic Approach****9:00 AM to 1:00 PM**

**Faculty:** Prof. AK Singh, Dr Sandeep Arora, Dr Manish Singhal, Dr Yogesh Bhingradia, Dr Eckart Haneke, Dr Itishree Gupta, Dr Parag Sahasrabudhe

Embracing the best of a dermatological and surgical approach for management of scars topicals and injectable drug therapies for scars.

Scar Surgery - From Z-Plasty to various flaps

- ✧ Dermal fillers in scar management
- ✧ Lasers, and EBD's for scar reduction
- ✧ Radiation therapy for scars & keloids
- ✧ The role of bio fillers and PRP in treatment of scars
- ✧ Laser assisted drug delivery

**Pre Conference Parallel Workshops  
(Please select any one workshop)****Course Fee for each Workshop ▶ ₹ 7000****Date: 23<sup>rd</sup> August 2024****Time: 2:00 PM to 6:00 PM (Workshops - 7 to 12)****7****Workshop on PRP, Regenerative and Exosomes****2:00 PM to 6:00 PM**

**Faculty:** Dr Angelo Trivisonno, Dr Rajesh Kumar, Dr Anisha Sharma, Dr Shuken Dashore, Dr Shefali Trasi, Dr Gaurang Krishna, Dr Vikram Singh Rathore

A comprehensive work shop with modified protocols for processing and injecting PRP in androgenetic alopecia, hair thinning, female pattern hair loss and scalp rejuvenation to optimise the results. PRF preparation for both the types solid and liquid and learning about its indications in skin rejuvenation and wound healing.

- ✧ Terminologies, Principles and Methods of Preparation in PRP
- ✧ Preparation of PRP By double centrifugation with video demo
- ✧ Discerning errors in PRP and its legal aspects
- ✧ Conventional methods vs Kits in PRP
- ✧ Growth factor concentrates and combinations with PRP
- ✧ PRF preparation and learning about its indications in skin rejuvenation & wound healing

Q & A Interactive session

# Program

8

## Workshop on Threads

2:00 PM to 6:00 PM

**Faculty:** Dr Patrick Huang, Dr Malavika Kohli, Dr Viral Desai, Dr LD Dhami, Dr Itishree Gupta

The workshop focuses on techniques of basic and advanced thread lifts, as monotherapy and / or with other combination treatments.

- ✦ How to select the right candidate for thread lift?
- ✦ Which thread and where?
- ✦ How to optimize treatment outcomes?
- ✦ How to enhance the jawline using threads?
- ✦ How to volumize the face with threads?
- ✦ Combining different modalities with threads

Q & A Interactive session

9

## Workshop on Chemical Peel

2:00 PM to 6:00 PM

**Faculty:** Dr Ediléia Bagatin, Dr Rashmi Sarkar, Dr Arundha Abrol, Dr Aneesh S, Dr Sonali Langar, Dr Pallavi Ailawadi

- ✦ The Value of Peels in Aesthetic Practice
- ✦ Next Generation Peels
- ✦ A, B, C of Peeling Technique
- ✦ Complication – How to AVOID them, How to DEAL with them, Advice Tips & Pearls
- ✦ Live Demonstrations and Hands on Training in Chemical Peels
- ✦ Types of Peels and their Indications
- ✦ Non Facial Peels
- ✦ Patients Selection and Preparation

10

## Workshop on Non-Surgical Body Contouring

2:00 PM to 6:00 PM

**Faculty:** Dr Michael Gold, Dr Indu Ballani, Dr Hema Pant, Dr Chiranjiv Chhabra, Dr Padmavathi Surapaneni, Dr Meghna Rastogi Gupta, Dr Jas Kohli

Immerse into the era of contouring the face and body via lasers, EBD's, threads, lipolysis and combination therapies.

- ✦ Role of High Intensity Focused Ultrasound in facial and body contouring
- ✦ Injection and body lipolysis - what to use and how to
- ✦ Cryolipolysis for SMF, love handles, arms, chest and other areas
- ✦ Radio frequency assisted therapies for body and facial contouring
- ✦ Comparative analysis of available treatments
- ✦ How to counsel the patient and run a body contouring practice
- ✦ Threads for body contouring

**11****Workshop on Acne Scars****2:00 PM to 6:00 PM****Faculty:** Dr Greg Goodman, Dr Niti Khunger, Dr Atula Gupta, Dr Yogesh Bhingradia, Dr Aman Sharma, Dr Rashmi Sharma

Led by experienced faculty, an intensive workshop providing a 360-degree approach on how to tackle stubborn acne scars. How to comprehensively plan the treatment for your patients to give them optimal outcomes and better quality of life.

- ✦ Assessment and planning for treatment of different scars
- ✦ Tackling atrophic & hypertrophic scars by combination treatments
- ✦ Fillers and autologous fat for acne scars – what, when and how?
- ✦ Laser resurfacing and Subdermal Minimal Surgery Technology (Enerjet Technology)
- ✦ Old wine in a new bottle – Optimizing outcomes from punch elevation, punch excision, CROSS technique and subcision
- ✦ Micro needling – How I do it?

**Q & A Interactive session****12****Workshop on Hair Transplant****2:00 PM to 6:00 PM****Faculty:** Dr Amrendar Kumar, Dr Amit Kerure, Dr Shashank Bansod, Dr Umesh Bilewar, Dr Aniketh Venkatram, Dr Gaurang Krishna, Dr Viral Desai, Dr Ajara Sayyad, Dr Manoj Khanna

Learn the tips and tricks of hair transplant from the masters in the trade. A comprehensive workshop dealing with nitty gritty of how to run a successful hair transplantation practice.

- ✦ Setting up a hair restoration practice
- ✦ Patient Counselling in HAIR RESTORATION and when to say NO
- ✦ Role of trichoscopy in preoperative assessment
- ✦ FUE punches and mechanism involved in FUE extraction
- ✦ Anaesthesia in hair transplant
- ✦ FUE vs FUT
- ✦ Recipient site creation and hairline designing (male and female)
- ✦ Implantation techniques
- ✦ HT in advanced baldness
- ✦ HT in scarring alopecia

**Q & A Interactive session**



# Scientific Program

Day 1 - 24 <sup>th</sup> August, Saturday		
Time	Topic	Speaker
<b>9.00 - 9.50 am</b>	<b>Controversies in aesthetic dermatology I</b>	
	<b>Chairpersons: Maj. Gen. Dr AK Jaiswal, Dr R D Mukhija, Dr Sandeep Sharma</b>	
9.00 - 9.10 am	PRP in melasma	Dr Shuken Dashore
9.10 - 9.20 am	Needle vs cannula – does it matter?	Dr Greg Goodman
9.20 - 9.30 am	The use of lasers in active acne	Dr Michael Gold
9.30 - 9.40 am	Regenerative medicine for filler induced necrosis	Dr Angelo Trivisonno
9.40 - 9.50 am	Intravaginal PRP for vaginal rejuvenation	Dr Kedarnath Pandya
<b>9.50 - 10.10 am</b>	<b>Laser failures in clinical practice</b>	
	<b>Chairpersons: Dr Rajeev Sharma, Dr Sunil Gabba, Dr Niti Khunger</b>	
	<i>Keynote address</i> Lasers failures in clinical practice – Lessons learnt	Dr Ganesh Pai
<b>10.10 - 11.50 am</b>	<b>Dermatosurgery - Focus Session</b>	
	<b>Chairpersons: Dr Sameek Bhattacharya, Dr Vinay Singh</b>	
10.10 - 10.20 am	Scar revision – How I do it?	Dr Parag Sahasrabudhe
10.20 - 10.40 am	<i>Keynote address</i> Nail Surgery – My learnings in nail surgery over the decades	Dr Archana Singal
10.40 - 10.50 am	Oral Mucosal Lesions – How I manage?	Dr Eckart Haneke
10.50 - 11.00 am	Minimally invasive management of Hidradenitis suppurativa	Dr Niti Khunger
11.00 - 11.10 am	<i>Video demo</i> Simple and advanced sutures	Dr Ananta Kulkarni
11.10 - 11.20 am	How I manage ingrown toenail	Dr Jiten Kulkarni
11.20 - 11.30 am	How I treat Xanthelessma Palpeabrum	Dr Manas Chatterjee
11.30 am - 12.00 noon	Managing difficult case scenarios in dermatosurgery  <b>Moderator:</b> Dr Niti Khunger	<b>Panelist:</b> Dr Yogesh Bhingradia Dr Gaurav Mukhija Dr T Salim Dr Manas Chatterjee Dr Kanika Sahni
<b>11.00 am - 12.00 noon</b>	<b>(Hall B) - Laser Focus - Sponsored session: Aerolase</b>	
	The new horizons in laser treatments	Dr Michael Gold
<b>12.00 - 12.50 pm</b>	<b>Focus session – Pigmentation - Sponsored session: Regaliz</b>	
	<b>Chairpersons: Dr Deepak Nanda, Dr Lalit Makhija</b>	
12.00 - 12.10 pm	New Topicals in melasma – An update?	Dr Pooja Arora Mrig
12.10 - 12.20 pm	Strategies to prevent post inflammatory hyperpigmentation	Dr Doris Hexsel



# Scientific Program

Day 1 - 24 <sup>th</sup> August, Saturday		
Time	Topic	Speaker
12.20 - 12.50 pm	Case based scenario on difficult to treat facial melanosis <b>Moderator:</b> Dr Neeraj Pandey	<b>Panelist:</b> Dr Pooja Arora Mrig Dr Rajeev Sharma Dr Madhulika Mhatre Dr Ishad Aggarwal Dr Aneesh S
<b>12.50 - 1.10 pm</b>	<b>Perspectives in skin aging</b>	
	<b>Chairpersons: Dr R K Mishra, Dr Deepika Pandhi</b>	
	<i>Keynote address</i> Current approach and perspectives in skin aging and control	Dr Ediléia Bagatin
<b>1.10 - 1.20 pm</b>	<b>Novel Biomimetic Peptides for hair loss - Sponsored Session - QR 678</b>	
	<b>Chairpersons: Dr Rakesh Kain, Dr Amit Shekhar, Dr Sameek Bhattacharya</b>	
1.10 - 1.20 pm	QR 678 Novel Biomimetic Polypeptide – A proven upgrade in Androgenetic Alopecia Management – My Experience	Dr Rajat Kandhari
<b>1.20 - 1.30 pm</b>	<b>Optimising Laser Hair Reduction – Sponsored Session – Skinnovation</b>	
	<b>Chairpersons: Dr Rakesh Kain, Dr Amit Shekhar, Dr Sameek Bhattacharya</b>	
1.20 - 1.30 pm	An Optimum Choice for Laser Hair Removal: High Power Diode Laser with Blend Wavelengths	Dr Michael Gold
<b>1.30 - 2.00 pm</b>	<b>Lunch</b>	
<b>2.00 - 2.20 pm</b>	<b>Empowering young minds</b>	
	<b>Chairperson: Dr Manish Singhal</b>	
	<i>Keynote address</i> The Changing Landscape of Education: Impact of Empowering an Inquiring Mind	Ms. Sanjana Seth
<b>2.20 - 3.40 pm</b>	<b>Botulinum Toxin in dermatology and aesthetic practice</b>	
	<b>Chairpersons: Dr Vibhu Mendiratta, Dr Rati Makkar</b>	
2.20 - 2.30 pm	Functional Anatomy of the upper face	Dr Doris Hexsel
2.30 - 2.40 pm	Botulinum Toxin in Rosacea	Dr Ediléia Bagatin
2.40 - 2.50 pm	Botulinum Toxin for Facial Asymmetries	Dr Anthony Benedetto
2.50 - 3.00 pm	Botulinum toxin in non-cosmetic indications	Dr Malavika Kohli
3.00 - 3.10 pm	Microdoses of Botulinum toxins	Dr Doris Hexsel
3.10 - 3.40 pm	Botulinum Toxin – Case based scenarios and avoiding mishaps <b>Moderator:</b> Dr Rajat Kandhari	<b>Panelist:</b> Dr Anthony Benedetto Dr Greg Goodman Dr Doris Hexsel Dr Gulhima Arora Dr Rakesh Kalra



# Scientific Program

Day 1 - 24 <sup>th</sup> August, Saturday		
Time	Topic	Speaker
<b>3.40 - 4.10 pm</b>	<b>Video Demos</b>	
	<b>Chairpersons: Dr PK Talwar, Dr Vijay Kumar</b>	
3.40 - 3.50 pm	Liquid rhinoplasty	Dr Vikram Dhingra
3.50 - 4.00 pm	Treading the treacherous tear trough	Dr Ishad Aggarwal
4.00 - 4.10 pm	Buccal fat removal	Dr Milan Doshi
<b>4.10 - 5.00 pm</b>	<b>Lessons from the masters</b>	
	<b>Chairpersons: Dr Vasundhra Oberoi, Dr Brijesh Mishra</b>	
4.10 - 4.20 pm	Blending of four different wavelengths for painless LHR	Dr Mario Trelles
4.20 - 4.30 pm	Non-surgical Functional rehabilitation for burn scars	Dr T Salim
4.30 - 4.40 pm	Procedural dermatology – Principles and practice	Dr Somesh Gupta
4.40 - 4.50 pm	Financial planning for aesthetic clinics	Dr L D Dhami
4.50 - 5.00 pm	The perfect hairline for natural results	Dr Manoj Khanna
<b>5.00 - 5.30 pm</b>	<b>Controversies in aesthetic dermatology II – The good, the bad and the ugly</b>	
	<b>Chairpersons: Dr Rajeev Ahuja, Dr Rajeev Sharma</b>	
	Controversies in Aesthetic Dermatology – The good, the bad and the ugly  <b>Moderator:</b> Dr Aseem Sharma	<b>Panelist:</b> Dr Neeraj Pandey Dr Madhulika Mhatre Dr Sumit Gupta (LKO) Dr Itishree Gupta Dr Jerryl Banait
<b>6.00 pm Onwards</b>	<b>Inauguration and Gala Dinner</b>	

Day 2 - 25 <sup>th</sup> August, Sunday		
Time	Topic	Speaker
<b>9.00 - 10.00 am</b>	<b>Focus Session - Acne</b>	
	<b>Chairpersons: Dr Neena Khanna, Dr R P Gupta, Dr Sunil Gupta</b>	
9.00 - 9.10 am	Cosmeceuticals in acne - What works and what doesn't?	Dr Atula Gupta
9.10 - 9.20 am	How I combine CO2 laser and Dermabrasion for acne scarring	Dr Ankur Bhatnagar
9.20 - 9.30 am	Combining treatments for best outcomes in acne scarring	Dr Gaurav Nakra
9.30 - 10.00 am	<i>Panel</i> Difficult to treat scenarios in acne?  <b>Moderator:</b> Dr Rohit Batra	<b>Panelist:</b> Dr Kashish Kalra Dr Anil Ganjoo Dr Mukesh Girdhar Dr Sanjiv Kandhari Dr Ajita Bagai
<b>10.00 - 10.20 am</b>	<b>Video Demos - Zara Hatke</b>	
	<b>Chairpersons: Dr D M Mahajan, Dr S S Saha</b>	
10.00 - 10.10 am	Hand rejuvenation	Dr Priti Shukla
10.10 - 10.20 am	Ear lobe repair with fillers	Dr Rajetha Damisetty
<b>10.20 - 10.40 am</b>	<b>Keynote Address - Lessons learnt over the years</b>	
	<b>Chairpersons: Dr Anil Ganjoo, Dr Mukesh Girdhar</b>	
10.20 - 10.40 am	Peels in clinical practice - Lessons learnt over the years	Dr Rashmi Sarkar
<b>10.40 - 11.00 am</b>	<b>Human Stem Cell Derived Growth Factors in clinical practice</b>	
	<b>Chairpersons: Dr Sandeep Sharma, Dr Anil Ganjoo</b>	
10.40 - 11.00 am	Topical growth factors in clinical practice - where and how?  <b>Moderator:</b> Dr Hema Pant	<b>Panelist:</b> Dr Rajat Kandhari Dr Pallavi Rohatgi Dr Deepak Jakhar
<b>11.00 am - 1.00 pm</b>	<b>Lasers and EBD's - From the old to the new</b>	
	<b>Chairpersons: Dr Sanjiv Kandhari, Dr V K Upadhyay, Dr Kaushal Verma</b>	
11.00 - 11.15 am	History of lasers in dermatology	Dr Eckart Haneke
11.15 - 11.25 am	End points in laser	Dr Munish Paul
11.25 - 11.35 am	Low frequency, medium intensity and multifocal treatment for sculpting body areas with fat accumulation	Dr Mario Trelles
11.35 - 11.45 am	Face lifting and contouring with HIFU - New Perspectives	Dr Jas Kohli
11.45 - 11.55 am	Diametrocontraction RF - The new game changer in facial aesthetics	Dr Atul Kathed



# Scientific Program

Day 2 - 25 <sup>th</sup> August, Sunday		
Time	Topic	Speaker
11.55 am - 12.05 pm	Cool sculpting – Choosing the right patient for best outcomes	Dr Chiranjiv Chhabra
12.05 - 12.15 pm	Vascular lasers – Use in Indian practice	Dr L D Dhama
12.15 - 12.25 pm	My experience using pico lasers for rejuvenation	Dr Michael Gold
12.25 - 1.00 pm	Difficult case scenarios and combining treatments  <b>Moderator:</b> Dr Anurag Tiwari	<b>Gurus:</b> Dr Patrick Huang Dr Michael Gold Dr Kashish Kalra Dr Atul Kathed Dr Munish Paul Dr Sumit Gupta (DEL)
<b>1.00 - 2.00 pm</b>	<b>Lunch</b>	
<b>2.00 - 3.15 pm</b>	<b>Injectables and Beyond</b>	
	<b>Chairpersons: Dr Aashish Rai, Dr Chiranjiv Chhabra</b>	
2.00 - 2.15 pm	Selecting the proper product for different parts of the face	Dr Anthony Benedetto
2.15 - 2.25 pm	To aspirate or not to aspirate?	Dr Greg Goodman
2.25 - 2.35 pm	Anatomical principles of myomodulation in periorbital rejuvenation	Dr Rajat Gupta
2.35 - 2.45 pm	Overfill with fillers – where are we going wrong? / Social Media trends	Dr Rajetha Damisetty
2.45 - 3.15 pm	Fillers – What to do when things go wrong?  <b>Moderator:</b> Dr Amit Luthra	<b>Panelist:</b> Dr Hema Pant Dr Greg Goodman Dr Anthony Benedetto Dr Doris Hexsel Dr Rajetha Damisetty
<b>3.15 - 4.00 pm</b>	<b>Hair today, gone tomorrow</b>	
	<b>Chairperson: Dr Amit Luthra</b>	
3.15 - 3.25 pm	Regenerative therapy in hair care management – what works, what doesn't?	Dr V S Rathore
3.25 - 4.00 pm	Hair cosmetic procedures and cosmeceuticals - pros and cons  <b>Moderator:</b> Dr Rishi Parashar	<b>Panelist:</b> Dr Manoj Khanna Dr Himanshu Gupta Dr VS Rathore Dr Rashmi Sharma Dr Jerryl Banait
<b>4.00 - 4.50 pm</b>	<b>Nitty Grittys of Fat grafting</b>	
	<b>Chairpersons: Dr Vijay Kumar, Dr Vishal Mago</b>	
4.00 - 4.10 pm	Indications for fat grafting	Dr Sheeja Rajan
4.10 - 4.20 pm	Nano fat grafting – How I do it?	Dr Milan Doshi

<b>Day 2 - 25<sup>th</sup> August, Sunday</b>		
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
4.20 - 4.30 pm	Penile Fat Grafting	Dr Rakesh Kalra
4.30 - 4.40 pm	Combining Microneedling, Nano fat and PRP for facial rejuvenation	Dr Anup Dhir
4.40 - 4.50 pm	Tips and Tricks in Fat Grafting	Dr Manoj Khanna
	<b>Closing Remarks</b>	

## Master Classes

Fee for  
each Course ▶ ₹ 4000

### 1. Hyperpigmentation - Tips & Tricks in clinical practice Faculty: Dr. Hema Pant 8:00 - 9:00 AM | Saturday 24<sup>th</sup> August

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

### 2. Masterclass on Lip Rejuvenation Faculty: Dr. Malavika Kohli 9:30 - 10:30 AM | Saturday 24<sup>th</sup> August

Lips and perioral enhancement by hyaluronic gels. Not only lips but perioral filling for ageing lips. Trends and techniques for lip enhancements especially in young females.

### 3. Masterclass on Nail Surgery Faculty: Dr. Eckart Haneke, Dr. Chander Grover 4:00 - 5:30 PM | Saturday 24<sup>th</sup> August

The nail is infact a complex skin appendage, better known as the nail unit. Operating on this small unit requires a thorough understanding of the nail unit anatomy, which is necessary for avoiding postoperative complications and scarring. Nail surgery is an essential skill, needed for both diagnostic and therapeutic procedures. This masterclass will discuss the basics of nail surgery including anesthesia techniques, appropriate instrumentation, preoperative imaging, nail unit incision lines, and postoperative dressing. Additionally, nail unit injection techniques, nail biopsy techniques, nail tumor surgery and ingrown nail management will be demonstrated with step-wise details.

### 4. My learning in Hyperandrogenic disorders Faculty: Dr. Sanjiv Kandhari 8:00 - 9:00 AM | Sunday 25<sup>th</sup> August

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

### 5. Radiofrequency – Tips & Tricks in practice Faculty: Dr. Somesh Gupta 9:30 - 10:30 AM | Sunday 25<sup>th</sup> August

Radiofrequency ablation is a versatile dermatosurgical procedure for various types of skin lesions. Learn about major modalities in radio frequency eg electrosection, electrocoagulation, electrodesiccation and fulguration for their respective dermatological indications. Besides a comprehensive assessment, choice of anaesthesia and consideration of all the factors affecting the efficacy of radio frequency and complication management.

### 6. Masterclass on Dermoscopy Faculty: Dr. Manas Chatterjee 11:00 AM - 12:00 PM | Sunday 25<sup>th</sup> August

Dermoscopy (also called dermatoscopy), is an essential tool for dermatologists, plastic surgeons, general practitioners and other health professionals. Dermoscopy is the newest kid on the block. Several clinical and aesthetic skin conditions can be diagnosed and their treatment followed up for efficacy. Dermoscopy may obviate the need for biopsy in several hair and nail disorders.



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# AESTHETICS

Learning from Each Other

**Dr. Vivek Kumar**

Organizing Secretary

Consultant Plastic & Cosmetic Surgeon

Room No. 2325, 3rd Floor,  
SSRB Block, Sir Ganga Ram Hospital,  
New Delhi - 110060

Mob: +91 - 97111 98444, 98102 18129

Email: [contact@aestheticsdelhi.com](mailto:contact@aestheticsdelhi.com)

**Conference Manager**

**Neumech Events**

11, Ground Floor, Ansal Tower - 38, Nehru Place, New Delhi - 110019

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Please select your specialty:  Dermatology  Plastic Surgery

Please attach a copy of your degree or letter from HOD if PG.

**Registration Fee: (Early bird till 15<sup>th</sup> August 2024)**

Conference Registration Fees : ₹ 7000

Pre Conference workshop (Each Workshop): ₹ 7000 Master Classes (Each Session) : ₹ 4000

**Registration Fees: (After 15<sup>th</sup> August 2024)**

Conference Registration Fees : ₹ 9000

Pre Conference workshop (Each Workshop): ₹ 7000 Master Classes (Each Session) : ₹ 4000

**Pre-Conference Parallel Workshops - (Each ₹ 7000)**

**Please tick only one workshop**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Workshop on Lasers   | <input type="checkbox"/> Workshop on Injectable Basic                         | <input type="checkbox"/> Workshop on Injectable Advanced                   |
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**Pre-Conference Parallel Workshops - (Each ₹ 7000)**

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| <input type="checkbox"/> Workshop on PRP and Regenerative Medicine | <input type="checkbox"/> Workshop on Threads    | <input type="checkbox"/> Workshop on Chemical Peel   |
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**Master Classes - (Each Session ₹ 4000)**

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|---|---|---|
| <input type="checkbox"/> Hyperpigmentation - Tips & Tricks in clinical practice | <input type="checkbox"/> Radiofrequency - Tips & Tricks in practice | <input type="checkbox"/> Masterclass on Nail Surgery              |
| <input type="checkbox"/> Masterclass on Lip Rejuvenation                        | <input type="checkbox"/> Masterclass on Dermoscopy                  | <input type="checkbox"/> My learning in Hyperandrogenic disorders |

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