



AESTHETICS 2017

18th to 20th August 2017

INDIA HABITAT CENTRE
Lodhi Road New Delhi

Scientific Programme



Learning From Each Other

For Abstracts Submission, Please Visit

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Delhi Medical Council



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INDIA HABITAT CENTRE
Lodhi Road New Delhi

Invitation

WELCOME

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you on **18th to 20th August 2017 at India Habitat Centre, New Delhi for AESTHETICS 2017**, a unique combination of two specialties coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



Dr. Hema Pant
Dermatologist
Scientific Secretary



Dr. Rakesh Kalra
Plastic Surgeon
Chairperson
Scientific Committee



Dr. Anil Ganjoo
Dermatologist
Chairperson
Scientific Committee



Dr. Vivek Kumar
Plastic Surgeon
Organizing Secretary

Invited International Faculty



Prof. Amit Pandya

Dermatologist

University of Texas Southwestern Medical Center

Texas, United States



Dr. Constantinos Demetriou

Dermatologist

President of Cyprus Society of Dermatology

Cypus



Prof. Desmond John Tobin

Director, Centre for Skin Sciences

University of Bradford

UK



Dr. Doris Maria Hexsel

Principal Investigator,

Brazilian Center for Research in Dermatology

Brazil



Prof. Eckart Haneke

Dept of Dermatology,
University of Bern

Bern

Switzerland



Dr. Fernando Miguel Aznar Mañas

President

Spanish Society of Aesthetic Regenerative Functional Gynecology

Spain



Dr. Fundarò Piero

Plastic Surgeon

Italy



Dr. Johannes F Dayrit

Dermatologist

Philippines



Dr. Malcolm D. Paul

Past President

American Society for Aesthetic Plastic Surgery

United States



Dr. Martin Kassir

Director, Worldwide Laser Institute

Texas

United States



Dr. Paola Rosalba Russo

Vice-President

Italian Society of Aesthetic Medicine & Surgery

Florence, Italy



Prof. Pietro Gentile

Chief of Plastic Surgery

Catholic University Tirana

Albania



Dr. Sahar Foad Ghannam

Executive Director

International Peeling Society

Canada



Dr. Sanjeev V Mulekar

Director

Mulekar Vitiligo Clinic

London, UK



Ms. Wendy Lewis

Aesthetics Practice Marketing Expert

United States

About us

LEARNING FROM EACH OTHER

AESTHETICS-2010, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. Such an endeavor was organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than **400 delegates** and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to **AESTHETICS 2011, 2012, 2013, 2014, 2015** and **2016** with leading International and National faculties and were attended by more than **700 delegates** each year from 15 countries. An exciting academic activity is being planned for **AESTHETICS 2017** with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2017** more informative and interactive.

CONFERENCE HIGHLIGHTS

Interface between Dermatologists and Plastic Surgeons

Hands on workshops and Master classes to learn from the world leaders

Evaluation of newer trends in Acne Scar and Aesthetic Practice

Hot Topics like Vitiligo Surgery, Hyperpigmentation, Nail Aesthetics, Blepharoplasty, Invisible Face Lifting, Latest in Chemical Peeling, Lasers, Cosmetic Gynaecology

Program

Pre Conference Parallel Workshops (Please choose only two workshops)

Course Fee for
each Workshop

Rs.5000/-

Date : 18th August 2017/ **Time :** 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

1 Workshop on Vitiligo Surgery

Faculty: Prof. Amit Pandya, Dr. Atul Shah, Dr. Sanjeev Mulekar, Dr. Somesh Gupta

- The Vitiligo Surgery Workshop intends to discuss patient selection, available methods and their procedural details and effectiveness studies on surgical management of vitiligo. The current focus is on cell-based therapies with mainstay of surgical treatment being "non-cultured epidermal cell suspension" transplantation. Over the years the method of non-cultured epidermal cell suspension has been simplified and now it is being done as an OPD procedure with no laboratory support. Globally renowned experts will be discussing on this. The workshop speakers are expected to encourage interactive session. The workshop will include both lectures and video.

2 Workshop on Acne Scar Management

Faculty: Dr. Constantinos Demetriou, Dr. Niti Khunger

- | | |
|---|--|
| • Introduction and basic terminology | • Microneedling |
| • Tackling atrophic scars by combination treatments | • Punch elevation techniques |
| • How best to treat hypertrophic scars | • Lasers - fractional, ablative, nonablative |
| • Live demos, Videos and hands-on workshop | • Tips and tricks from the masters |
| • Subcision | • Q & A Interactive session |
| • CROSS technique | |

3 Workshop on PRP - New Horizons from Hair to Healing

Faculty: Prof Pietro Gentile, Dr. Hema Pant

A comprehensive workshop with modified protocols of processing and injecting PRP in androgenetic alopecia, hair thinning, female hair loss & scalp rejuvenation to optimise the results. Facial rejuvenation, combination techniques with fat and lot more newer indications to learn with practical demonstrations of techniques.

4 Workshop on Invisible Face Lifting

Faculty: Dr. Paola Rosalba Russo

An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to weave thread lifting into your practice.

- | | |
|----------------------------------|---|
| • Analyzing The Aging Face | • Technique Of Jowl & Neck Lifting |
| • What-Where-When-How To Combine | • Thread Lifting & Volumizing Naturally |
| • Nerve Blocks | • Interaction With The Faculty |

Program

5 Video Workshop on Cosmetic Gynaecology

Faculty: **Dr. Fernando Miguel Aznar Mañas, Dr. Rakesh Kalra**

- *This unique video workshop will cover in detail Intimate antiaging and vulvar & vaginal rejuvenation including newer techniques and innovative procedures like O-SHOT technique (PRP in the erogenous zones of the genitals to improve sexual dysfunction), various lasers, non invasive radiofrequency labioplasty & vulvar rejuvenation with LED to improve female genital aesthetics and sexual health of women.*

6 Workshop on Basic Injections Techniques

Faculty: **Dr. Fundarò Piero**

- *A basic guidelines for injecting botulinum toxin and hyaluronic fillers.*
- *Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.*

7 Workshop on Advanced Indications of Fillers

Faculty: **Dr. Doris Maria Hexsel, Dr. Malavika Kohli**

- *Holistic Approach to full-face and altering contours by fillers from beautiful jaw line to midface and periorbital region.*

8 Workshop on Lasers

Faculty: **Dr. Martin Kassir, Dr. Anil Ganjoo, Dr. Vivek Mehta**

- *Overview of laser physics and application*
- *Patient selection and preparation*
- *What to buy and how to use?*
- *Questions and answers panel*
- *Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser*

9 Workshop on Chemical Peel

Faculty: **Dr. Sahar Foad Ghannam, Dr. Rahul Pillai, Dr. Shilpa Garg**

- *The Value of Peels in Aesthetic Practice*
- *Types of Peels and their Indications*
- *Next Generation Peels*
- *Non Facial Peels*
- *A, B, C of Peeling Technique*
- *Patient Selection and Preparation*
- *Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls*
- *Live Demonstrations and Hands on Training in Chemical Peels*

DAY 1

9.00am – 10.30am What's New in Dermatosurgery

- | | |
|---|------------------------|
| 1) What's new in Keloid Management | - Dr. Somesh Gupta |
| 2) Ear Lobule repair | - Dr. Manas Chatterjee |
| 3) Non vitiligo indications of MKTP. | - Dr. Sanjeev Mulekar |
| 4) What's new in Scar Management | - Prof. A K Singh |
| 5) Vitiligo - What is new? | - Dr. Sanjeev Mulekar |
| 6) 'Guidelines for Evaluation of Aesthetic Lasers'. | - Dr. J.S Kohli |

Take home message - Dr. Somesh Gupta

10.30am – 12.00 pm: Lessons from the Masters (Part- I)

- | | |
|---|---------------------------|
| 1) How To Differentiate Your Aesthetic Clinic Brand From Your Competition | - Dr. Wendy Lewis |
| 2) Botulinum toxin new aesthetic treatment tendencies from upper face to lower face, from deep to superficial injections. | - Dr. Fundaro Piero |
| 3) Ageing of the nails | - Dr. Eckart Haneke |
| 4) Rejuvenation of the neck | - Dr. Paola Rosalba Russo |
| 5) Sun blocks / screens what everyone should know | - Dr. Sahar Foad Ghannam |
| 6) What's new in Local Anaesthesia | - Dr. Jayashree Sood |
| 7) Newer trends in laser tattoo removal | - Dr. Niti Khunger |

12.00 am – 1.00 pm

Inauguration & P G Quiz

1.00 pm – 2.00 pm

Lunch



DAY 1

2.00 pm – 3.30 pm : Lessons from the Masters (Part-II)

- | | |
|---|------------------------------|
| 1) What's new in bidirectional threads? | - Dr. Paola Rosalba Russo |
| 2) Alopecia areata – an update | - Dr. Desmond JohnTobin |
| 3) Q Switched Laser rejuvenation | - Dr. Constantinos Demetriou |
| 4) Options in Brow Lifting | - Dr. Malcolm Paul |
| 5) Micro needling – what's new | - Dr. Martin Kassir |
| 6) Cellulite Update | - Dr. Doris Maria Hexsel |

3.30 pm – 4.30 pm : What's new in Cosmeceuticals

- | | |
|--|----------------------|
| 1) Onychocosmeceuticals | - Dr. Eckart Haneke |
| 2) Cosmeceuticals for Pigmentation | - Dr. Rajat Kandhari |
| 3) Cosmetics or cosmeceuticals for antiageing -
what is fact, what is fiction | - Dr. Eckart Haneke |
| 4) Cosmeceuticals for hairs | - Dr. Rishi Parashar |

Take home message – Dr.Rajat Kandhari

4.30 pm – 6.00 pm : Lessons from the Masters (Part-III)

- | | |
|--|----------------------------------|
| 1) Social Media From Facebook to Snapchat | - Dr. Wendy Lewis |
| 2) Anatomical bases of face rejuvenation with fillers:
the "Anatomologic Approach". | - Dr. Fundaro Piero |
| 3) Surgical Vaginal Rejuvenation: The Gold Standard of
Vaginal Rejuvenation | - Dr. Navneet Magon |
| 4) 360° VULVO -Vaginal Radiofrequency:
A New Genital Rejuvenation Method | - Dr. Fernando Miguel Aznar Anas |
| 5) Standardization of parameters and USG monitoring
of HIFU for subcutaneous fat reduction. | - Dr. Vivek Mehta |
| 6) My Journey so far | - Dr. Malcom Paul |

6.00 pm – Onwards

Cultural Evening & Banquet

DAY 2

9.00 am – 10.30 am : What's new in HAIR

1) Regulation of human hair pigmentation	- Dr. Desmond John Tobin
2) What's latest in hair transplantation	- Dr. Kapil Dua
3) The effect of PRP in Male Pattern Hair Loss	- Dr. Pietro Gentile
4) Aging Scalp and Hair Follicles	- Dr. Desmond John Tobin
5) Emerging therapies in hair restoration	- Dr. Aman Dua
6) Stem Cells from Human Hair Follicles for Hair Growth	- Dr. Pietro Gentile

Take Home Message – Dr. Kapil Dua

10.30 am – 12.00 pm : Lessons from the Masters (Part-IV)

1) Botulinum toxin in the lower face	- Dr. Doris Maria Hexsel
2) Nose reshaping with fillers	- Dr. Fundaro Piero
3) Histopathology of filler adverse effects	- Dr. Eckart Haneke
4) Managing the Aging Neck Based Upon the Clinical Anatomy	- Dr. Malcolm Paul
5) Practical applications of dermoscopy in dermatologic surgery	- Dr. Johannes F Dayrit
6) Management of complex scar	- Dr. S.S.Saha
7) O SHOT. A new technique for sexual dysfunction	- Dr. Fernando Miguel Aznar Anas

12.00 pm – 1.30 pm : Lessons from the Master (Part V)

1) Combination of absorbable suspension threads and botulinum toxin	- Dr. Fundaro Piero
2) Cosmetics or ` for antiageing - what is fact, what is fiction	- Dr. Eckart Haneke
3) What's latest in rhinoplasty	- Dr. Jiten Kulkarni
4) The clinical Use of Fat grafting enriched with Stromal Vascular Fraction and Platelet-Rich Plasma in Soft tissue defects of the face	- Dr. Pietro Gentile
5) New uses of botulinum toxins	- Dr. Doris Maria Hexsel
6) How to treat Onychomycosis with a Laser	- Dr. Constantinos Demetriou

DAY 2

1.30 pm – 2.00 pm

Lunch

2.00 pm – 5.00 pm What's new in Pigmentation

- | | |
|---|--------------------------|
| 1) Assessment of Facial pigmentation | - Dr. Manas Chatterjee |
| 2) Pathogenesis and differential diagnosis of melasma | - Dr. Amit Pandya |
| 3) Dark Lips – what to do | - Dr. Malavika Kohli |
| 4) Best practices on the use of the Q-switched Nd-YAG on facial hyperpigmentation on Asian skin | - Dr. Johannes F Dayrit |
| 5) Why I do not treat Melasma with Lasers | - Dr. Sahar Foad Ghannam |
| 6) Medical management of Melasma | - Dr. Amit Pandya |
| 7) Body Pigmentation – Best approach | - Dr. Malavika Kohli |
| 8) Oral treatment for Pigmentation | - Dr. Rashmi Sarkar |
| 9) What's latest in Melasma on Asian skin | - Dr. Johannes F Dayrit |
| 10) Micro needling for pigmentation | - Dr. Martin Kassir |
| 11) Newer application of pigmented lasers | -Dr. Anil Ganjoo |
| 12) Panel Discussion | |
| 13) Take home message | - Dr. Malavika Kohli |



Hands on & Master Classes

(Same Classes will be Repeated on Both the Days)

Fee for each
Course **Rs.3000/-**

1 Tips and Tricks on the Management of Hyper pigmentation *Faculty: Prof. Desmond John Tobin, Dr. Hema Pant*

Course Outline

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

2 Tips on Management of Hyperandrogenism *Faculty: Dr. Sanjiv Kandhari*

Course Outline

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

3 Tips and Tricks in Nail Aesthetics *Faculty: Prof. Eckart Haneke*

Course Outline

Learn the tricks of maintaining youthful nails after infection, trauma, tumor removal and ageing.

4 Tips on Blepharoplasty *Faculty: Dr. Malcolm D. Paul*

Course Outline

Periorbital region is the first area to show signs of ageing and predictable changes occur in form of grooves and folds. Learn from the expert, how to select a patient for blepharoplasty and tips for achieving the great results.

5 Hands on Certificate Course on Suturing *Faculty: Dr. Anant Kulkarni*

Course Outline

This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

6 Tips and Tricks in Aesthetic Practice Marketing *Faculty: Dr. Wendy Lewis*

Course Outline

Learn from the masters various techniques to effectively reach the masses and make your practice grow.

7 Tips on Facial Anatomy and its clinical application *Faculty: Dr. Malavika Kohli*

Course Outline

Learn how to avoid complications and achieve great results by better understanding of facial anatomy in fillers, toxins and threads.

Organising Committee

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Dr. R. B. Ahuja
Prof. A. K. Singh
Dr. Yogesh Marfatia

Organizing President

Dr. S. Kandhari

Organizing Secretary

Dr. Vivek Kumar

Scientific Secretary

Dr. Hema Pant

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Dr. Vinay Saraf

Conference Secretariat

Dr. Vivek Kumar

Organizing Secretary

Consultant Plastic Surgeon

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