



AESTHETICS

Learning from Each Other



18th - 20th August 2023

India Habitat Centre, New Delhi

www.aestheticsdelhi.com

 aestheticsdelhi

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Invitation

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2023** from **18th to 20th August 2023** at India Habitat Centre, New Delhi. This endeavor has been organized annually for last 12 years with the theme of **“Learning From Each Other”** and is attended by more than 700 delegates from 15 countries each year. The focus of the Conference has been to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing Committee is working hard to make Aesthetics 2023 a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **workshops & master classes** to sharpen the skills of the delegates.

We look forward to welcome you in Delhi for this exciting academic bonanza. Visit: www.aestheticsdelhi.com for more details.

With Regards



DR. RAJAT KANDHARI
Dermatologist
Scientific Secretary



DR. RAKESH KALRA
Plastic Surgeon
Chairperson
Scientific Committee



DR. HEMA PANT
Dermatologist
Chairperson
Scientific Committee



DR. VIVEK KUMAR
Plastic Surgeon
Organizing Secretary

Dr. Sanjiv Kandhari Mentorship Program

The mentorship involves:

- 2 international scholarships to spend one week with world renowned leaders in the field of dermatosurgery and aesthetics.
- Total of 2 scholarships are granted one each in DERMATOSURGERY and AESTHETICS respectively. Travel and accommodation for the mentee would be provided.
- The candidates are selected purely on the basis of merit. For application please visit our website.

www.aestheticsdelhi.com

Invited International Faculty



Dr. Antonino Araco
Plastic Surgeon
Italy



Dr. Christian Bisanga
BHR Hair Restoration Clinic
Belgium



Dr. Eckart Haneke
Dermatologist
Switzerland



Prof Firas Al-Niimi
Prof. of Dermatology
London



Dr. Giovanni Salti
Plastic Surgeon
Chief of Aesthetic Medicine and Surgery
at the Institute Medlight in Florence
Italy



Dr. Greg Goodman
Dermatologist
Australia



**Dr. Jaime Anthony
"Bong" A. Arzadon**
Facial Aesthetic
Philippine



Dr. Kotaro Yoshimura
Plastic Surgeon
Chairman, Dept. of Plastic Surgery
Jichi Medical University
Japan



Dr. Welf Prager
Dermatologist, Prager & Partner
Dermatologische Praxis
Germany



National Faculty



Dr. A. K. Singh



Dr. Abhishek De



Dr. Ajita Bagai



Dr. Ameesha Mahajan



Dr. Amit Luthra



Dr. Ananta Kulkarni



Dr. Anil Abraham



Dr. Anil Ganjoo



Dr. Ankur Bhatnagar



Dr. Anuj Pall



Dr. Anup Dhir



Dr. Anurag Tiwari



Dr. Archana Singal



Dr. Aruna Devi



Dr. Arundha Abrol



Dr. Aseem Sharma



Dr. Ashish Davalbhakta



Dr. Ashutosh Mishra



Dr. Atul Shah



Dr. Atula Gupta



National Faculty



Dr. Biju Vasudevan



Dr. Brijesh Mishra



Dr. Chander Grover



Dr. Chiranjiv Chhabra



Dr. Deepak Jakhar



Dr. Ganesh Pai



Dr. Gaurang Krishna



Dr. Gaurav Nakra



Dr. Gunjan Shah



Dr. Hema Pant



Dr. Hitalkumar Patel



Dr. Indu Ballani



Dr. Itishree Gupta



Dr. Jas Kohli



Dr. Jiten Kulkarni



Dr. Karoon Agrawal



Dr. Kavish Chouhan



Dr. Kuldeep Singh



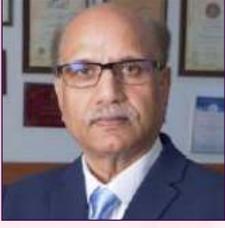
Dr. Latika Arya



Dr. L. D. Dhama



National Faculty



Dr. Lokesh Kumar



Dr. Madhulika Mhatre



Dr. Malavika Kohli



Dr. Manas Chatterjee



Dr. Maya Vedamurthy



Dr. Milan Doshi



Dr. Mukesh Girdhar



Dr. Mukta Sachdev



Dr. Munish Paul



Dr. Narendra
Patwardhan



Dr. Narmada Matang



Dr. Neeraj Pandey



Dr. Niti Khunger



Dr. Nitin Sethi



Dr. Parag
Sahasrabudhe



Dr. Piyali Chatterjee



Dr. P. K. Talwar



Dr. Pooja Arora Mrig



Dr. Priti Shukla



Dr. Rachita Dhurat



National Faculty



Dr. Rajat Kandhari



Dr. Rajeev B. Ahuja



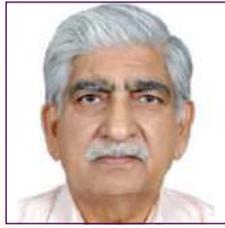
Dr. Rajetha Damisetty



Dr. Raj Raman



Dr. Rakesh Kalra



Dr. R. D. Mukhija



Dr. R. K. Mishra



Dr. Raman Sharma



Dr. Ranjan Upadhyay



Dr. Rashmi Sarkar



Dr. Rashmi Sharma



Dr. Richa Ojha
Sharma



Dr. Richie Gupta



Dr. Ridhima Lakhani



Dr. Rishi Parashar



Dr. Rohit Batra



Dr. Sachin Dhawan



Dr. Sachin Verma



Dr. Sandeep Sharma



Ms. Sanjana Seth



National Faculty



Dr. Sanjeev
Aurangabadkar



Dr. Sanjiv Kandhari



Dr. Shuken Dashore



Dr. Somesh Gupta



Dr. Sonali Langar



Dr. Soni Nanda



Dr. Sowmya Dogiparthi



Dr. Sumit Gupta



Dr. Sushil Tahiliani



Dr. Swati Aggarwal



Dr. S. S. Saha



Dr. Venkataram
Mysore



Dr. Vijay Kumar



Dr. Vijay Kakkar



Dr. Vikram Singh Rathore



Dr. Viral Desai



Dr. Viraj Tambwekar



Dr. Yogesh Bhingradia

and many more....



Program

Pre Conference Parallel Workshops (Morning)
(Please select any one workshop)

Course Fee for each Workshop ▶ ₹ 6000

Date: 18th August 2023 **Time:** 9:00 AM to 1:00 PM (Workshops - 1 to 6)

1

Workshop on Lasers (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Ganesh Pai, Dr. Greg Goodman, Dr Anuj Pall

Faculty: Dr. Anil Ganjoo

Reinvent your concepts in lasers and energy-based devices. Learn from an expert group everything from what to include in your practice, what works and what doesn't, and tips on the right parameters.

- ✦ Overview of laser physics and application
- ✦ What to buy and how to use?
- ✦ When to say NO to your patients?
- ✦ Dealing with complications?
- ✦ Management of moles and nevi?
- ✦ Managing pigmentary conditions
- ✦ Optimizing outcomes in LHR and Resurfacing
- ✦ Triple wavelength technology – Truth or Hype?
- ✦ Picosecond technology – Is it worth the cost?
- ✦ Energy based devices – WHAT to use for WHICH indication

Q & A Interactive session

Video workshop

2

Workshop on Injectable Basic (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Firas Al-Niimi, Dr. Sachin Dhawan

Faculty: Dr. Kritika Pandey, Dr. Priti Shukla

A beautifully designed workshop with star faculty, addressing building blocks and basic techniques with a critical focus on facial anatomy. The workshop is suitable for someone starting an injectable practice and as a refresher guide for practicing injectors.

Highlights

- ✦ Counselling and facial anatomy
- ✦ Practical aspects in clinical practice - techniques and injection practices for botulinum toxin for upper face and periorbital area
- ✦ Which filler for what area?
- ✦ Contouring the cheek – needle vs cannula
- ✦ Technique for treating nasolabial folds
- ✦ Complications and their management
- ✦ Hyaluronidase – preparation and use

Q & A Interactive session



Program

3

Workshop on Injectable Advanced (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Rajat Kandhari, Dr. Welf Prager

Faculty: Dr. Latika Arya, Dr. Indu Ballani

This workshop focuses on bespoke treatment plans for your patients and a complete insight into advanced techniques in an injectable practice. Proper planning and optimizing outcomes for your patients.

- ✦ How I inject the temporal area
- ✦ Managing the tricky tear trough
- ✦ Tapering the borders – treating the jawline
- ✦ Contouring the lower face with botulinum toxin
- ✦ Microbotox
- ✦ Neck lift with injectables

Q & A Interactive session

4

Workshop on Vitiligo (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Munish Paul, Dr. Somesh Gupta

Faculty: Dr. Madhulika Avinash Mhatre, Dr. Muhammed Razmi, Dr. Hitalkumar Patel, Dr. Deepti and Dr. Kanika

- ✦ Patient selection and effective methods
- ✦ Procedural details and effectiveness of surgical management in vitiligo
- ✦ Cell based therapies in vitiligo management
- ✦ Surgical management of difficult to tackle areas
- ✦ When not to consider surgery
- ✦ Tips to enhance surgical outcomes

Q & A Interactive session

Video demo

5

Workshop on Hair Transplant (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Christian Bisanga, Dr. Kavish Chauhan

Faculty: Dr. Gaurang Krishna, Dr. Shalini Malhotra, Dr. Amrendra Kumar

Learn the tips and tricks of hair transplant from the masters in the trade. A comprehensive workshop dealing with nitty gritty of how to run a successful hair transplantation practice.

Highlights

- ✦ Setting up a hair restoration practice
- ✦ Patient Counselling in HAIR RESTORATION and when to say NO
- ✦ Role of trichoscopy in preoperative assessment
- ✦ FUE punches and mechanism involved in FUE extraction
- ✦ Anaesthesia in hair transplant
- ✦ FUE vs FUT
- ✦ Recipient site creation and hairline designing (male and female)
- ✦ Implantation techniques
- ✦ HT in advanced baldness
- ✦ HT in scarring alopecia

Q & A Interactive session

Video workshop



Program

6

Workshop on Microblading and Scalp Micropigmentation (9:00 AM to 1:00 PM)

Course Coordinators: Dr. Aseem Sharma, Dr. Gunjan Shah

This workshop differs from routine micropigmentation workshops as it is curated by and with people who share a common passion - medical tattooing, and have come together to brainstorm about this subject at various platforms. Each faculty member has honed his/her skill set in a unique way. This workshop will not rush through the basics and jump to technique, but will focus on each delegate spending time on the various steps that lead upto the final procedure.

Highlights

- ✦ Pigments, Colours, Colour-mixing and matching (Hands-On) - An exercise with actual colours to understand skin tone, in-depth
- ✦ Counselling the patient for micropigmentation
- ✦ Scope and revival of micropigmentation
- ✦ Eyebrow mapping and shaping
- ✦ Permanent Make-Up
- ✦ Micropigmentation for Vitiligo
- ✦ Scalp Micropigmentation

Q & A Interactive session

Video demo

Pre Conference Parallel Workshops (Afternoon)
(Please select any one workshop)

Course Fee for each Workshop ▶ ₹ 6000

Date: 18th August 2023 **Time:** 2:00 PM to 6:00 PM (Workshops - 7 to 12)

7

Workshop on Acne Scar Management (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Atula Gupta, Dr. Niti Khunger

Faculty: Dr. Yogesh Bhingradia, Dr. Greg Goodman, Dr. Rashmi Sharma, Dr. Firas Al-Niimi, Dr. Shuken Dashore, Dr. Sowmya DN

Led by experienced faculty, an intensive workshop providing a 360-degree approach on how to tackle stubborn acne scars. How to comprehensively plan the treatment for your patients to give them optimal outcomes and better quality of life.

Highlights

- ✦ Assessment and planning for treatment of different scars
- ✦ Tackling atrophic & hypertrophic scars by combination treatments
- ✦ Fillers and autologous fat for acne scars – what, when and how?
- ✦ Laser resurfacing and Subdermal Minimal Surgery Technology (Enerjet Technology)
- ✦ Old wine in a new bottle – Optimizing outcomes from punch elevation, punch excision, CROSS technique and subcision
- ✦ Micro needling – How I do it?

Q & A Interactive session

Video workshop



Program

8

Workshop on Personalization Approach (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Giovanni Salti, Dr. Malavika Kohli

Faculty: Dr. Narmada Matang

This one-of-a-kind workshop wherein one would learn "how to" approach differing cases in order to make bespoke plans for each patient and deliver the best possible outcomes.

- ✦ Enhancing skills in facial assessment
- ✦ How to combine botulinum toxin and soft tissue fillers to give best outcomes
- ✦ Where and who not to inject?
- ✦ How to assess differing areas and which product to choose?
- ✦ Combining treatments for optimizing patient results

Q & A Interactive session

9

Workshop on PRP and Regenerative Medicine (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Antonio Araco, Dr. Rachita Dhurat, Dr. Sachin Dhawan

Faculty: Dr. Shuken Dashore

A comprehensive work shop with modified protocols for processing and injecting PRP in androgenetic alopecia, hair thinning, female pattern hair loss and scalp rejuvenation to optimise the results. PRF preparation for both the types solid and liquid and learning about its indications in skin rejuvenation and wound healing.

Highlights

- ✦ Terminologies, Principles and Methods of Preparation in PRP
- ✦ Preparation of PRP By double centrifugation with video demo
- ✦ Discerning errors in PRP and its legal aspects
- ✦ Conventional methods vs Kits in PRP
- ✦ Growth factor concentrates and combinations with PRP
- ✦ PRF preparation and learning about its indications in skin rejuvenation & wound healing

Q & A Interactive session

10

Workshop on Threads (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Jaime Anthony "Bong" A. Arzadon, Dr. Indu Ballani, Dr. Piyali Chatterjee

Faculty: Dr. Viraj Tambwekar

The workshop focuses on techniques of basic and advanced thread lifts, as monotherapy and / or with other combination treatments.

- ✦ How to select the right candidate for thread lift?
- ✦ Which thread and where?
- ✦ How to optimize treatment outcomes?
- ✦ How to enhance the jawline using threads?
- ✦ How to volumize the face with threads?
- ✦ Combining different modalities with threads

Q & A Interactive session

Video demo



Program

11

Video Session on Fat Grafting (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Kotaro Yoshimura, Dr. Kuldeep Singh, Dr. Rakesh Kalra

Faculty: Dr. Milan Doshi, Dr. Ashish Davalbhakta, Dr. Bibilash Babu, Dr. Anup Dhir

Unlocking the Potential of Fat Grafting: A Comprehensive Session on the Latest Techniques and Innovations.

- ✧ Goal is to provide the most up-to-date information on autologous fat grafting.
- ✧ Latest fat grafting technique involving careful harvesting, fat processing and precise placement of the grafts.
- ✧ Regenerative and stem cell-based techniques for facial rejuvenation
- ✧ Latest Innovation in Fat Grafting and techniques of Stromal vascular fraction (SVF) and Adipose-derived stem cells (ADSCs) isolate from lipo-aspirates
- ✧ Learn supplementation of SVF and ADSCs to fat grafts
- ✧ Cell enriched fat grafting for the treatment of androgenic alopecia and Volumetric rejuvenation in the hands
- ✧ Fat has stem cells and Regenerative applications which are unique and important to know for fat and associated products

Q & A Interactive session

Video demo

12

Workshop on Nail (2:00 PM to 6:00 PM)

Course Coordinators: Dr. Eckart Haneke, Dr. Chander Grover

Faculty: Dr. Shikha Bansal, Dr. Khushbu Mahajan, Dr. Anil Ganjoo, Dr. Deepak Jakhar, Dr. Archana Singal, Dr. Soni Nanda, Dr. Sushil Tahiliani, Dr. Vineet Relhan

Learn the basic to advanced nail surgery techniques including an effective aesthetics. Focus in to prevent scarring.

- ✧ Basics of Nail Aesthetics and Nail Surgery
- ✧ Injectable therapies in nail disorders
- ✧ LASERS, nail peels and gel nails
- ✧ Ingrown nail management
- ✧ Treatment options for chronic paronychia
- ✧ Nail Biopsy - various techniques
- ✧ Brittle nails
- ✧ Management of nail tumors

Q & A Interactive session

Video demo & Lectures



Scientific Program

Day 1 – 19th August, Saturday

| Time | Session | Moderator | Speaker / Panellist |
|------------------------|---|--|---|
| 9 - 10 am | Regenerative Medicine in practice and legalities | | |
| | Chairpersons: Dr Lokesh Kumar, Dr Vibhu Mendiratta, Dr Sandeep Sharma, Dr Rachita Dhurat | | |
| 10 min | Platelet Rich Fibrin–How I make it and where I use it ? | | Dr Shuken Dashore |
| 10 mins | The use of exosomes in Aesthetic Dermatology– current evidence and use ? | | Dr Ridhima Lakhani |
| 10 mins | Stem cells in clinical practice – Are they the way forward ? | | Dr Abhishek De |
| 10 mins | Legal aspects of stem cells in regenerative medicine | | Dr Atul Shah |
| 20 mins | The Final Verdict and Q&A | | Dr Kotaro Yoshimura |
| 10 - 11 am | Pigmentation – Focus Session - Session Sponsor Emcure Pharmaceuticals | | |
| | Chairpersons: Dr Arun Bhatnagar, Dr PK Talwar, Dr KG Singh | | |
| 30 min | <i>Keynote address</i> - What's new in the pathophysiology and treatment of Melasma | | Dr Rashmi Sarkar |
| 30 min | Facial Melanosis | Dr Anil Ganjoo Dr Archana Singal | Dr Rashmi Sarkar Dr Mukesh Girdhar Dr Nivedita Dadu Dr Sonali Langar Dr Aruna Devi |
| 11 am - 12 noon | Complications in Aesthetic practice Part 1 - What we face and how we manage? | | |
| | Chairpersons: Dr Brijesh Mishra, Dr Deepika Pandhi, Dr Vasundhara Oberoi | | |
| 11 - 11.30 am | Complications in an injectable practice | Dr Rajat Kandhari Dr Malavika Kohli | Dr Giovanni Salti Dr Welf Prager Dr Greg Goodman Dr Hema Pant Dr Kuldeep Singh Dr Firas Al-Niimi |



Scientific Program

| Time | Session | Moderator | Speaker / Panellist |
|-------------------------|--|--|---|
| 11.30 -12 noon | Complications in a laser and energy-based devices | Dr Rohit Batra Dr Anuj Pall | Dr Firas Al-Niaimi Dr Anil Ganjoo Dr Himanshu Gupta Dr Antonio Araco Dr Ranjan Upadhyay |
| 12 noon-12.45 pm | Treating the male patient - Session Sponsor Menarini | | |
| | Chairperson: Dr RK Mishra, Maj. Gen. Dr AK Jaiswal, Dr RD Makhija, Dr Kuldeep Singh | | |
| | | Dr Malavika Kohli | Dr Bong Arzadon Dr Firas Al-Niaimi Dr Latika Arya Dr Nitin Sethi |
| 12.45-1.45 pm | Lunch | | |
| 1.45-2.45 pm | Complications in Aesthetic practice Part 2- What we face and how we manage? | | |
| 1.45-2.15 pm | Managing complications in Hair transplant | Dr Gaurang Krishna Dr Ashutosh Mishra | Dr Narendra Patwardhan Dr Christian Bisanga Dr Kavish Chouhan Dr Vikram Singh Rathore |
| 2.15-2.45 pm | Thread bare – How I prevent and manage complications | Dr Amit Luthra Dr Soni Nanda | Dr Bong Arzadon Dr Indu Ballani Dr Narmada Matang Dr Giovani Salti Dr Rakesh Kalra Dr Antonino Araco |
| 2.45-3.45 pm | Grill the expert's session – Free flowing question and answer | | |
| 2.45-3.15 pm | Botulinum toxin | Dr Amit Luthra Dr Viral Desai | Dr Giovanni Salti Dr Welf Prager Dr Greg Goodman |
| 3.15-3.45 pm | Soft tissue fillers | Dr Hema Pant Dr Nitin Sethi | Dr Greg Goodman Dr Welf Prager Dr Eckart Haneke |
| 3.45-4.45 pm | Debatable Issues in clinical practice | | |
| 3.45-4.15 pm | Controversial issues in an aesthetic practice –How we deal with them? | Dr Rajat Kandhari Dr Narmada Matang | Dr Latika Arya Dr Madhulika Mhatre Dr Rohit Batra Dr Meghna Rastogi Dr SS Saha |
| 4.15-4.45 pm | Cosmeceuticals – The Product I vouch for | Dr Rishi Parashar Dr Pooja Arora Mrig | Dr Richa Ojha Sharma Dr Ajita Bagai Dr Atula Gupta Dr Arundha Abrol Dr Abhishek De |



Scientific Program

| Time | Session | Moderator | Speaker / Panellist |
|--------------|---|-----------|----------------------|
| 4.45-5.30 pm | Enhancement in Medifacials - How to optimize our existing modalities- what, where and how? | | |
| 10 mins | Hydrafacial | | Dr Meghna Rastogi |
| 10 mins | Photofacial | | Dr Chiranjiv Chhabra |
| 10 mins | Jet Infusions and Oxyfacials | | Dr Itishree Gupta |
| 15 mins | How to combine modalities for a glowing experience | | Dr Hema Pant |
| 5.30 - 6 pm | Keynote Address - Transformation of the learning landscape - How to empower an inquiring mind in todays education evolution Ms. Sanjana Seth - CPD UK certified trainer for Educators Chairpersons: Dr RK Mishra, Dr Vijay Kumar, Dr Sunil Gupta, Dr Vineet Relhan | | |
| 6 pm onwards | Gala Dinner | | |



Scientific Program

Day 2 – 20th August, Sunday

| Time | Session | Moderator | Speaker / Panellist |
|-------------------------|--|---------------------------------------|--|
| 9 - 10.15 am | The Keratin Story | | |
| 10 mins | Oral Minoxidil in Androgenetic alopecia | | Dr Anil Abraham |
| 10 mins | Tofacitinib for hair disorders – current status | | Dr Deepak Jakhar |
| 10 mins | Hair straightening, rebonding, keratin, smoothening – Kya farak hai? | | Dr Rajetha Damisetty |
| 10 mins | Role of erbium YAG laser in inducing hair regrowth | | Dr Chiranjiv Chhabra |
| 10 mins | How to enhance my lashes / brows | | Dr Rachita Dhurat |
| 10 mins | Management of the aging nail | | Dr Chander Grover |
| 15 mins | Trichology – The questions patients ask, and we evade | | Dr Anil Abraham |
| 10.15 - 10.45 am | Dermatosurgery - Focus Session - Pearls, Innovations and Challenges | | |
| 30 mins | | Dr Munish Paul Dr Biju Vasudevan | Dr Sushil Sawant Dr Niti Khunger Dr Manas Chatterjee Dr Kanika Sahni Dr Yogesh Bhingradia Dr Madhulika Mhatre |
| 10.45 - 11.15 am | Facial and Body shaping with Lasers and EBD's - Where to draw the line? | | |
| 30 mins | | Dr Sachin Verma Dr Kuldeep Singh | Dr Anurag Tiwari Dr Sumit Gupta Dr Rajetha Dhamisetty Dr Ashish Dhawalbhakta Dr Anup Dhir |
| 11.15 - 12 noon | Coffee with the gurus - Pearls of wisdom from the masters | | |
| 45 mins | | Dr Aseem Sharma Dr Karoon Aggarwal | Dr Sanjiv Kandhari Dr Ganesh Pai Dr Sushil Tahiliani Dr A K Singh Dr Rajiv Ahuja Dr SS Saha |



Scientific Program

| Time | Session | Moderator | Speaker / Panellist |
|-----------------------|--|-------------------------------------|--|
| 12 noon - 1 pm | Video Demos | | |
| | Chairpersons: Dr Manish Singhal, Dr DM Mahajan, Dr Vinay Singh, Maj. Gen. Dr AK Jaiswal | | |
| 10 mins | Brow lift with threads | | Dr Hema Pant |
| 10 mins | Nose reshaping with threads | | Dr Piyali Chatterjee |
| 10 mins | Liquid rhinoplasty | | Dr Rajat Kandhari |
| 10 mins | Intralesional cryotherapy for keloids | | Dr Manas Chatterjee |
| 10 mins | Tips on suturing | | Dr Ananta Kulkarni |
| 10 mins | Ingrown Toenail | | Dr Deepak Jakhar |
| 10 mins | Neck rejuvenation | | Dr Vijay Kakkar |
| 1 - 2 pm | Lunch | | |
| 2 - 2.45 pm | Challenging Patients in Aesthetic Practice: A Lighter Look | | |
| 45 mins | | Dr Anil Abraham Dr Neeraj Pandey | Dr Rishi Parashar Dr Anurag Tiwari Dr Rajetha Damisetty Dr Sachin Verma Dr Jas Kohli |
| 2.45 - 4.00 pm | Marketing in aesthetic practice - Is it the need of the hour? | | |
| | Chairpersons: Dr VK Upadhyay, Dr Deepak Nanda, Dr RP Gupta | | |
| 10 mins | Social Marketing in Aesthetic practice | | Mr Deepak Vashisht |
| 10 mins | How to market in the clinic ethically? | | Ms Shaily Mehrotra |
| 10 mins | Medico Legal aspects of digital marketing? | | Dr Atul Shah |
| 45 mins | Agile Transformation: Adapting to Change in the Digital Age | | Mr Prem Kumar |
| 4.00 - 4.45 pm | Out of the Box - Debate time | | |
| | Chairpersons: Dr Rakesh Kain, Dr Amit Shekhar | | |
| 4.00 - 4.15 | Hairceuticals-hype or hope? | Debate | Dr Ameesha Mahajan (hype) Dr Swati Aggarwal (hope) |
| 4.15 - 4.30 | Nutraceuticals - Do they actually work? | Debate | Dr Sumit Gupta (against) Dr Rashmi Sharma (for) |
| 4.30 - 4.45 | Fad diets in improving skin diseases | Debate | Dr Atula Gupta (for) Dr Gaurav Nakra (against) |
| 5 - 6 pm | Closing remarks | | |



Master Classes

Fee for each Course ▶ ₹ 4000

1. Hyperpigmentation - Tips & Tricks in clinical practice Faculty: Dr. Hema Pant **08:00 - 09:00 AM | 19th August 2023**

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

2. Masterclass on Lip Rejuvenation Faculty: Dr. Malavika Kohli **10:00 - 11:00 AM | 19th August 2023**

Lips and perioral enhancement by hyaluronic gels. Not only lips but perioral filling for ageing lips. Trends and techniques for lip enhancements especially in young females.

3. How to avoid complications in the Ear lobule repair Faculty: Dr. Atul Shah **12:00 - 01:00 PM | 19th August 2023**

Wide ear lobule holes need closure, where many alternatives are available. Discussion will be based on sparing of intact rim and on bringing a small flap to create new tear resistant hole for ornaments. Learn various tips to avoid complications.

4. Radiofrequency – Tips & Tricks in practice Faculty: Dr. Somesh Gupta **02:00 - 03:00 PM | 19th August 2023**

Radiofrequency ablation is a versatile dermatosurgical procedure for various types of skin lesions. Learn about major modalities in radio frequency eg electrosection, electrocoagulation, electrodesiccation and fulguration for their respective dermatological indications. Besides a comprehensive assessment, choice of anaesthesia and consideration of all the factors affecting the efficacy of radio frequency and complication management.

5. Masterclass on Dermoscopy Faculty: Dr. Manas Chatterjee **04:00 - 05:00 PM | 19th August 2023**

Dermoscopy (also called dermatoscopy), is an essential tool for dermatologists, plastic surgeons, general practitioners and other health professionals. Dermoscopy is the newest kid on the block. Several clinical and aesthetic skin conditions can be diagnosed and their treatment followed up for efficacy. Dermoscopy may obviate the need for biopsy in several hair and nail disorders.

6. My learning in Hyperandrogenic disorders Faculty: Dr. Sanjiv Kandhari **08:00 - 09:00 AM | 20th August 2023**

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

7. Masterclass on Peels Faculty: Dr. Rashmi Sarkar **10:00 - 11:00 AM | 20th August 2023**

The Value of Peels in Aesthetic Practice. Next Generation Peels. A, B, C of Peeling Technique. Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls. Live Demonstrations and Hands on Training in Chemical Peels. Types of Peels and their Indications. Non Facial Peels. Patient Selection and Preparation.



Organizing Committee

Patrons in Chief

- ◇ Dr. D. S. Rana
- ◇ Prof. A. K. Singh
- ◇ Dr. Niti Khunger

Patrons

- ◇ Dr. Ajay Swaroop
- ◇ Dr. Anil Ganjoo
- ◇ Dr. Karoon Agrawal

Organizing President

- ◇ Dr. Sanjiv Kandhari

Organizing Chairman

- ◇ Dr. S. S. Saha

Organizing Secretary

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Please select your specialty: Dermatology Plastic Surgery

Please attach a copy of your degree or letter from HOD if PG.

Registration Fees:

Till July 15, 2023 : ₹ 6000 After July 15, 2023 : ₹ 8000

Pre Conference workshop (Each Workshop): ₹ 6000 Master Classes (Each Session) : ₹ 4000

Pre-Conference Parallel Workshops - (Each ₹ 6000)

Morning (9:00 am to 1:00 pm) Please tick only one workshop

**Friday
18th August 2023**

- | | | |
|---|---|---|
| <input type="checkbox"/> Workshop on Laser | <input type="checkbox"/> Workshop on Injectable Basic | <input type="checkbox"/> Workshop on Injectable Advanced |
| <input type="checkbox"/> Workshop on Vitiligo | <input type="checkbox"/> Workshop on Hair Transplant | <input type="checkbox"/> Workshop on Microblading and scalp micropigmentation |

Pre-Conference Parallel Workshops - (Each ₹ 6000)

Afternoon (2:00 pm to 6:00 pm) Please tick only one workshop

**Friday
18th August 2023**

- | | | |
|---|---|---|
| <input type="checkbox"/> Workshop on Acne Scars | <input type="checkbox"/> Workshop on Personalization approach | <input type="checkbox"/> Workshop on PRP and Regenerative |
| <input type="checkbox"/> Workshop on Threads | <input type="checkbox"/> Workshop on Fat Grafting | <input type="checkbox"/> Workshop on Nail |

Master Classes - (Each Session ₹ 4000)

Sat & Sun: 19th & 20th August 2023

- | | | |
|--|---|---|
| <input type="checkbox"/> Masterclass on Dermoscopy | <input type="checkbox"/> Radiofrequency - Tips & Tricks in practice | <input type="checkbox"/> Hyperpigmentation - Tips & Tricks in clinical practice |
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| <input type="checkbox"/> Masterclass on Peels | | |

I am enclosing the DD / Cheque No.Dated.....Drawn on Bank.....
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