



AESTHETICS 2013

LEARNING FROM EACH OTHER

Scientific Program

23rd to 25th August 2013
India Habitat Centre
Lodhi Road New Delhi

www.aestheticsdelhi.com



Invitation



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Dear Colleagues,

On behalf of the Organizing Committee, it is our special privilege and honor to invite you from **23rd to 25th August 2013** at **India Habitat Centre**, New Delhi for **AESTHETICS 2013**, a unique combination of two specialities coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing Committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many **New Hands on Workshops & Master Classes** to sharpen the skills.

Please mark these dates in your calendar and we look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards,

Dr Niti Khunger

Chairperson Scientific Committee
Consultant Dermatologist
Safdarjung Hospital New Delhi
Mobile No 9811786992

Dr Vivek Kumar

Organizing Secretary, Aesthetics 2013
Consultant Plastic Surgeon
Sir Ganga Ram Hospital New Delhi
Mobile No 9711198444 / 9810218129

Invited International Faculty



Dr. Doris Spritzer

Plastic Surgeon,
St. Polten Regional Hospital,
Vienna, Austria



Dr. Giovanni Salti

Plastic Surgeon,
Lecturer in Aesthetic Dermatology,
University of Florence, Italy



Dr. Giovanni Schiavone

Plastic Surgeon,
Head, Regenerative Medicine & Surgery,
I.D.I. Clinical & Scientific Institute, Rome, Italy



Dr. Kenji Kusumoto

M.D., PhD. Professor,
Department of Plastic & Reconstructive Surgery,
Kansai Medical University, Japan



Dr. Patrick Trévidic

Plastic Surgeon
Head of the Surgery, Hospital Sainte-Anne,
Paris, France



Dr. Peter M. Prendergast

President of European College of Aesthetic
Medicine and Surgery, Dublin, Ireland



Dr. Won June Yoon

Plastic Surgeon
Prof. in Medicine Korea University,
Korea.

And Many More...



About us



LEARNING FROM EACH OTHER

AESTHETICS-2010, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. It was an endeavour, which had been organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than 400 delegates and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to **AESTHETICS 2011** and **2012** with leading International and National faculties and were attended by more than 600 delegates each year. An exciting academic activity is being planned for **AESTHETICS 2013** with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2013** more informative and interactive.

Conference Highlights

Interface between Dermatologists & Plastic Surgeons

Hands-On Workshops & Master Classes to Learn from the World Leaders

Video Sessions & Interactive Discussions on Controversies in Aesthetic Practice

Hot Topics like Body Contouring, Facial Rejuvenation, Innovation in Laser & Lights, Comprehensive Management of Scars & Keloids, Hair Transplantation

Aesthetic Medicine & Surgery- The Next Generation

We have one full session to discuss difficult & interesting cases provided by the delegates. Please send your picture cases along with brief summary with your registration form.

Pre Conference Parallel Workshops

Please choose only one workshop, all will run parallel

Date : 23th August 2013 / **Time :** 09.00 AM to 5.00 PM

Course Fee for Each Workshop : Rs. 3000/-

Facial Reshaping with Fillers

Faculty : Dr. Giovanni Salti, Dr. Hema Pant

A hands-on workshop in basic and advanced indications of injecting fillers for upper, middle and lower face including non-surgical rhinoplasty, peri-orbital rejuvenation, and contouring of the face. Learn from the Indian and International 'Masters' the amazing art of facial contouring.

COURSE OUTLINE

Types of Fillers and their Properties	Surface Anatomy
Nerve Blocks	Injection Technique
Hands on Injections	Interaction with the Faculty

The Magic of Botulinum Toxin

Faculty : Dr. Patrick Trevidic, Dr. Malvika Kohli

Introducing an entire day of pre-conference workshop featuring hands-on experience of Injecting Botulinum toxin for Basic and Advanced indications by renowned Indian and International faculty.

COURSE OUTLINE

Basic Anatomy	Injection Technique
Probable Side-Effects and Avoidance	Hands on Injections
Interaction with the Faculty in the End	

Workshop on Scarless Face Lifting

Faculty : Dr. Peter M. Prendergast, Dr. Kuldeep Singh

An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to Mix and match techniques and weave thread lifting into your practice with toxin and fillers. Learn the holistic approach from renowned International faculty.

COURSE OUTLINE

Analyzing the Aging Face	What-Where-When-How to Combine
Nerve Blocks	Technique of Jowl & Neck Lifting
Thread Lifting & Volumizing Naturally	Interaction with the Faculty

Facial Rejuvenation with PRP

Faculty : Dr. Kenji Kusumoto, Dr Narmada Matang

Platelet Rich Plasma is one of the latest entrants in Aesthetic Practice, known infamously as the Vampire Face Lift. A full day workshop on the newer indications of PRP. Hair raising tricks to enhance the effects on MPB and connecting the missing medical links along with PRP. A definitive procedure which can be tried before or along with the surgical interventions. Newer insights with practical demonstrations of techniques of processing and injecting. Learn the intricacies from experienced faculty.

COURSE OUTLINE

Principles of PRP	Learn the Easy Way of PRP Preparation
Using PRP in your Practice	Demonstration and Hands on
PRP and Face Rejuvenation	Interaction with the Faculty

Growing Hair Medically & Surgically

Faculty : Dr. Giovanni Schiavone, Dr. Rajesh Rajput, Dr. Aman Dua, Dr. Charu Sharma

Learn the comprehensive management of Hair Loss covering all aspects of medical and surgical techniques including biologically enhanced hair transplantation and hair follicle stimulation. Workshop will also cover newer indications like eyebrows and moustache grafting with Demonstration and Hands on of PRP and FUE.

Workshop on Dermatoscopy

Faculty : Dr. Uday Khopkar, Dr. Vivek Mehta

Dermatoscopy (also known as epiluminescence microscopy) is the examination of skin lesion with a dermatoscope. Learn from the experts, technique and various clinical applications in your practice to diagnose and monitor treatment of various pigmentary disorders and different types of hair loss.

Workshop on Lasers

Faculty : Dr. Doris Spritzer, Dr. Anil Ganjoo, Dr. Apratim Goel

COURSE OUTLINE

- | | |
|--|-------------------------------------|
| Overview of Lasers | Newer Innovations in Hair Reduction |
| Pigmentary & Vascular Lesions | Skin Rejuvenation by Lasers |
| Lasers- What to Buy ? & How to Use ? | Patient Selection and Preparation |
| Live Demonstrations and Hands on Training on Lasers. | |

Workshop on Chemical Peels

Faculty : Dr. Niti Khunger, Dr. Amit Luthra

Chemical Peels have made a Grand comeback in aesthetic Practice. Learn the Art of Perfect Peeling from experienced faculty.

COURSE OUTLINE

- | | |
|--|--------------------------------------|
| The Value of Peels in Aesthetic Practice | Types of Peels and their Indications |
| Next Generation Peels | Non Facial Peels |
| A, B, C of Peeling Technique | Patient Selection and Preparation |
| Complication- How to Avoid them, How to Deal with them, Advice Tips and Pearls | |
| Live Demonstrations and Hands on Training in Chemical Peels | |

Symposium on Scarless Breast Augmentation

Faculty : Dr. Won June Yoon, Prof. A. K. Singh, Dr. Lokesh Kumar

SYMPOSIUM HIGHLIGHTS

- Learn A to Z of Breast Augmentation from the Global Leaders.
- Patient Selection and when to say no.
- Incision Techniques and Pocket Creation.
- Choosing the right size of Implant for high quality of Aesthetic Result.
- Learn Endoscopic way with an Anatomic Implant
- Whats new in Augmentation
- Get Answers of all your Queries from Global Masters in Breast Augmentation.

Conference 2nd Day

Scientific Program ►

Date : 24th August 2013 Time : 09.00 AM to 6.00 PM

9.00 am – 9.15 am

Video on Facial Nerve Blocks

Dr. Manish Gupta

9.15 am – 10.45 am

Scar Wars

Hypertrophic Scars & Keloids- What works

Dr. A. K. Singh

Treatment of Complex Facial Scars

Dr. S. S. Saha

Prevention of Acne Scars

Dr. Niti Khunger

Scarless Healing

Dr. Karoon Aggarwal

Burn Scars-What we can do & what we can't !

Dr. V. K. Tiwari

Novel Tools of Scar Management

Dr. Ganesh Pai

10.45 am – 11.30 am

Bridging the Knowledge Gaps

Clinical Applications of PRP in Aesthetic Surgery

Dr. Giovanni Schiavone

Aesthetics Solutions for Dermatological Diseases

Dr. Venkatram Mysore

Office-Based Body Contouring under local Anaesthesia

Dr. Peter M. Prendergast

11.30 am – 12.30 pm

Lessons from the Masters

Orbital Rejuvenation – Tips & Tricks !

Dr. Patrick Trevidic

Adverse Events from Fillers in Orbital Area

Dr. Giovanni Salti

Filler Complications – How to Handle Them !

Dr. Patrick Trevidic

Use of Hyaluronidase in Aesthetic Dermatology

Dr. Giovanni Salti

12.30 pm – 1.00 pm

Changing Trends

Thread lift - Present & Future

Dr. Peter M. Prendergast

New Trends in botulinum toxin

Dr. Patrick Trevidic

1.00 pm – 2.00 pm

L U N C H

2.00 pm – 3.00 pm

Global Solutions for Difficult Indian Faces

Moderator

Dr. Apratim Goel

Panelists

Dr. Giovanni Salti
Dr. Kenji Kusumoto
Dr. Patrick Trevidic
Dr. Peter M. Prendergast
Dr. Giovanni Schiavone

Conference 2nd Day

Scientific Program ►

Date : **24th August 2013** Time : **09.00 AM to 6.00 PM**

3.00 pm – 4.00 pm

Skin Lightening & Skin Tightening

- | | |
|--|-----------------------|
| What is new in Antiaging | Dr. Kenji Kusumoto |
| What is Better - Needle RF or Mono Polar RF | Dr. Chiranjiv Chhabra |
| Skin Lightening Options- What Really Works ! | Dr. Kenji Kusumoto |
| Q-Switched Rejuvenation for both Lightening & Tightening | Dr. Apratim Goel |

4.00 pm – 5.00 pm

What is Never Taught

- | | |
|--|--------------------|
| Service Tax- What We Should Know ! | Dr. Atul Shah |
| How to Setup Your Clinic ! | Dr. S. K. Joshi |
| How to Retire Rich ! | Dr. Neeraj Chauhan |
| How to Save Yourself from Medicolegal Problems ! | Dr. Lalit Kapoor |

5.00 pm – 6.00 pm

Business Solutions for Busy Doctors

- | | |
|--|-----------------------|
| How to Promote Your Cosmetic Practice | Dr. Sangeeta Amladi |
| Lessons I have Learned about Marketing | Dr. Chiranjiv Chhabra |
| Legal Issues in Marketing | Dr. Atul Shah |

6.00 pm Onwards

INAUGURATION & CULTURAL PROGRAM

Conference 3rd Day

Scientific Program ►

Date : 25th August 2013 Time : 09.00 AM to 6.00 PM

9.00 am – 11.00 am

Hair Raising Issues

How to Setup a Hair Transplant Center	Dr. Manoj Khanna
Patient Selection for Better Results	Dr. Rajesh Rajput
Different Techniques of FUE	Dr. Aman Dua
How to Supercharge the Hair Follicles	Dr. Giovanni Schiavone
Role of Diet Modification and Laser in Hair Loss	Dr. Rajesh Rajput
What is the Future : FUE or FUT !	Dr. Manoj Khanna

Video Session

Body Hair Transplant	Dr. Aman Dua
Eye Lash Transplant	Dr. Manas Chatterjee
Rapid FUE	Dr. Ravikant Chauhan

Panel Discussion : Most Challenging Hair Cases

Moderator	Dr. Venkat Mysore
Panelists	Dr. Manoj Khanna Dr. Giovanni Schiavone Dr. Rajesh Rajput Dr. Aman Dua

11.00 am – 11.45 am

What's New in Cosmetic Surgery

Rhinoplasty for Crooked Nose	Dr. S. S. Saha
Reconstructive Rhinoplasty	Dr. Giovanni Schiavone
Breast Augmentation by Fat Grafting	Dr. Vivek Kumar
Cosmetic Surgery in Teenagers - To Do or not To Do !	Dr. Kuldeep Singh

11.45 am – 12.30 pm

Facial Pigmentation- My Approach

Medical Options for Facial Pigmentation	Dr. Sharad Mutalik
Surgical Options for Pigmented Lesions	Prof. A. K. Singh
Melasma - What's New !	Dr. Biju Vasudevan
Dark Circles	Dr. Hema Pant

Conference 3rd Day

Scientific Program ►

Date : 25th August 2013 Time : 09.00 AM to 6.00 PM

12.30 pm – 1.00 pm

Whats New in Lights and Laser

Laser Hair Reduction

Dr. Soni Nanda

Photo Rejuvenation

Dr. Latika Arya

1.00 pm – 2.00 pm

L U N C H

2.00 pm – 3.00 pm

My Secret Formulae

Open Pores

Dr. Shehnaz Arsiwala

Skin Glow

Dr. Soni Nanda

Pigmented Backs

Dr. Amit Luthra

Brittle Nails

Dr. Shikha Bansal

Severe Dandruff

Dr. Archana Singhal

3.00 pm – 6.00 pm

Vitiligo in Depth

Vitiligo - Pathogenic Mechanisms and Treatment implications

Dr. Sunil Dogra

Stabilization Therapies based on Pathogenesis in Vitiligo, role of Immunosuppressives in Vitiligo

Dr. Devender Prasad

Phototherapy in Vitiligo - Tips & Tricks !

Dr. C. R. Srinivas

Role of Excimer Laser and Autologous Non Cultured Melanocyte Keratinocyte Cell Suspension in Vitiligo

Dr. Munish Paul

Video Demonstration of the Procedure of Autologous non Cultured Melanocyte Cell Separation and Transfer

Dr. Munish Paul

Surgical Options in Vitiligo- How to Choose !

Dr. Anurag Tiwari

Panel Discussion on Medical and Surgical Management and Difficult Cases of Vitiligo

Moderator

Dr. C. R. Srinivas

Panelists

Dr. A. K. Singh
Dr. Anurag Tiwari
Dr. Devender Prasad
Dr. Munish Paul
Dr. Niti Khunger
Dr. Sunil Dogra

Hands On & Master Classes

Same Classes will be Repeated on Both the Days

Fee for Each Course : Rs. 1500/-

Hands On Certificate Course on Suturing

Dr. Anant Kulkarni

Date : 24th & 25th August 2013 / Time : 10.00 a.m. to 1.00 p.m. & 2.00 p.m. to 5.00 p.m.

COURSE OUTLINE

This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

Tips on Management of Hyperandrogenism

Dr. Manas Chatterjee,
Dr. Biju Vasudevan

Date : 24th & 25th August 2013 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

Tips on Management of Facial Pigmentation

Dr. Sangeeta Amladi, Dr. Hema Pant

Date : 24th & 25th August 2013 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

Facial Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Facial Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

Acne Scars -Tips & Tricks

Dr. Niti Khunger, Dr. Shenaz Arsiwala

Date : 24th & 25th August 2013 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

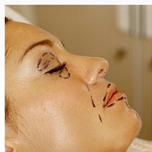
Learn how to combine different techniques to achieve optimum results. Newer minimally invasive techniques which all can practice.

Tips on Fat Transfer

Dr. S. S. Saha, Dr. Vivek Kumar

Date : 24th & 25th August 2013 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

Fat is considered as an unreliable filler. Learn how to harvest, process and inject, so the results are permanent.



Organising Committee

Patrons in Chief

Dr. D. S. Rana
Dr. R. B. Ahuja
Prof. A.K.Singh
Dr. Suresh Talwar

Patrons

Dr.Ajay Swaroop
Dr.Venkataram Mysore
Lt. Gen.P.Bhargava

Organizing President

Dr. S. Kandhari

Organizing Chairman

Dr. S. S. Saha

Co-Chairman Organizing Committee

Dr. Ahmed Zaheer

Organizing Secretary

Dr. Vivek Kumar

Chairperson Scientific Committee

Dr. Niti Khunger

Scientific Secretary

Dr. Hema Pant

Co. Chairperson Scientific Committee

Dr. Lokesh Kumar
Dr. Kuldeep Singh
Dr. Anup Dhir
Dr. Rohit Nayyar
Dr. Vasundhara Oberoi

Chairpersons, Workshops

Dr.Anil Ganjoo
Dr. Vandana Chatrath

Jt.Organizing Secretary

Dr. Manish Pahwa

Treasurer

Dr. Lalit Choudhary

Coordinator, Scientific Committee

Dr. Vivek Mehta

Coordinator, Workshops

Dr.Rajat Kandhari

Advisory Board

Dr. Arun Goel
Dr. Bindu Dewan
Maj. Gen. A. S. Bath
Dr. Deepak Agarwal
Dr. H. K. Kar
Dr. Imran Majid
Dr. Kamalender Singh
Dr. Karoon Aggarwal
Dr. Koushik Lahiri
Dr. Lalit Makhija
Col. Manas Chatterjee
Dr. Narendra Patwardhan
Dr. P. S.Bhandari
Col. P. S. Bhandari
Dr. Ram Chander
Dr. R. P. Narayan
Dr. S. Bhattacharya
Dr. Sharad Mutalik
Dr. S. C. Bharija
Dr. Somesh Gupta
Dr. T.Sachidanand
Dr. V. K. Sharma
Dr. V. Ramesh
Dr. V. K. Garg
Dr. V. K. Tiwari
Dr. Vinay Saraf

Conference Secretariat :

Dr Vivek Kumar

Organising Secretary

Department of Plastic & Cosmetic Surgery

Room No 2325 3rd Floor SSRB Block
Sir Ganga Ram Hospital Rajinder Nagar
New Delhi 110060

Registration Form

FILL IN CAPITAL LETTERS ONLY



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Lodhi Road New Delhi

www.aestheticsdelhi.com

Full Name _____ Age / Sex _____

Designation _____ Speciality _____

Affiliation _____

Postal Address _____

Email _____ Tel No. _____ Mobile _____

Registration Fees :

- Till 31st July 2013 : Rs. 3000 ■ After 31st July 2013 & Spot : Rs. 4000
■ Pre Conference Workshop Fee (Each Workshop) : Rs. 3000 ■ Hands On & Master Classes Fee (Each Session) : Rs. 1500

Tick the Ones you are Attending : ✓

Pre Conference Workshops : Choose One

- ☐ Facial Reshaping with Fillers ☐ The Magic of Botulinum Toxin ☐ Workshop on Scarless Face Lifting
☐ Facial Rejuvenation with PRP ☐ Growing Hair Medically & Surgically ☐ Workshop on Dermatoscopy
☐ Workshop on Lasers ☐ Workshop on Chemical Peels ☐ Symposium on Breast Augmentation

Hands On & Master Classes :

- ☐ Hands on Certificate Course on Suturing ☐ Tips on Management of Hyperandrogenism ☐ Acne Scars - Tips & Tricks
☐ Tips on Management of Facial Pigmentation ☐ Tips on Fat Transfer

Accommodation

Hotel	Distance from Venue	Tariff : Per Room / Night		Choose : Single / Double Occupancy	
		Single	Double		
The Park 5 Star Luxury	6 Kms. : 10 Min. Drive	INR 7500	INR 8000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
The Ashok 5 Star	4 Kms. : 05 Min. Drive	INR 7000	INR 7500	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hotel Royal Plaza 5 Star	6 Kms. : 10 Min. Drive	INR 6000	INR 6500	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hotel Hans Plaza 4 Star	6 Kms. : 10 Min. Drive	INR 4900	INR 5600	<input type="checkbox"/> Single	<input type="checkbox"/> Double
The Ashtan Sarovar Portico 4 Star	7 Kms. : 20 Min. Drive	INR 4500	INR 5000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hotel Emerald 3 Star	6 Kms. : 10 Min. Drive	INR 4500	INR 5000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hotel York 3 Star	6 Kms. : 10 Min. Drive	INR 3500	INR 3800	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hotel Check Inn 3 Star	6 Kms. : 10 Min. Drive	INR 3500	INR 3800	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Kindly Mention your Check-Inn & Check-Out Date & Time :		Check-Inn Date & Time : _____ Check-Out Date & Time : _____			

Included : Buffet Breakfast at Hotel / Pick & Drop from Hotel to the Venue & Back / All Current Applicable Taxes.

Please send one day Room Rent (Non-Refundable) as advance for Hotel Booking.

I am enclosing the DD / Cheque No. _____ Dated _____ Drawn on Bank _____

for Rs. (In Words) _____

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi. / Out Station Cheques will not be accepted. / Registration Kits will be subject to availability for the Spot Registrants. / **Registration for the Conference is Mandatory for the Participation in Courses & Master Classes**

Please Send your Registration Form and DD/Cheque to the Conference Secretariat.