



Aesthetics 2012

Learning From Each Other

24th to 26th August 2012
India Habitat Centre
Lodhi Road New Delhi



www.aestheticsdelhi.com

Invitation



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Dear Colleagues,

On behalf of the Organizing Committee, it is our special privilege and honor to invite you on **24th to 26th August 2012** at **India Habitat Centre**, New Delhi for **AESTHETICS 2012**, a unique combination of two specialities coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing Committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many **Hands on Workshops & Master Classes** to sharpen the skills.

Please mark these dates in your calendar and we will be shortly updating the detailed scientific programme. We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards

www.aestheticsdelhi.com

Dr Niti Khunger

Chairperson Scientific Committee
Consultant Dermatologist
Safdarjung Hospital New Delhi
Mobile No 9811786992

Dr Vivek Kumar

Organizing Secretary, Aesthetics 2012
Consultant Plastic Surgeon
Sir Ganga Ram Hospital New Delhi
Mobile No 9711198444 / 9810218129

About us



LEARNING FROM EACH OTHER

AESTHETICS 2010, August 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. It was an endeavour, which had been organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than 400 delegates and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

Both the Faculty and the delegates were of the opinion that the **AESTHETICS 2010**, was a start up activity for the interface of two disciplines of medicine and should be a continued activity, for the benefit of complete learning. So organizers have decided to make it an annual activity. This year the plan is to have a holistic approach to management of patients focusing on aesthetic problems rather than only techniques.

AESTHETICS 2011, was also very successful in enhancing the interdisciplinary approach in dealing with common aesthetic problems.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2012** more informative and interactive.

Conference Secretariat :

Dr Vivek Kumar

Organising Secretary

Department of Plastic & Cosmetic Surgery

Room No 2325 3rd Floor SSRB Block

Sir Ganga Ram Hospital Rajinder Nagar

New Delhi 110060



Conference Highlights

Holistic Approach to Facial Rejuvenation (Upper , Middle & Lower Face)

Male Aesthetic Surgery

Body Reshaping – What works & what doesn't.

Surgical Options for Pigmentary Disorders Including Melasma and Vitiligo

Increasing An Aesthetic Practice

How to Improve Your Smile & Smile Design.

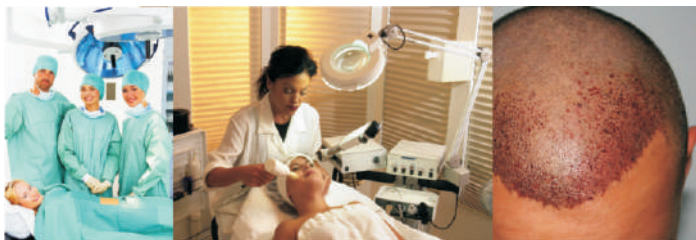
Anti Ageing Medicine

Hair Transplant - Creating Perfect Hairline and Newer Techniques

Tips & Tricks (Hanging Arm, Double Chin, Aging Hands and Malar Bags)

Hands on Workshops & Master Classes

We have one full session to discuss difficult & interesting cases provided by the delegates. Please send your picture cases along with brief summary with your registration form.



Pre Conference Parallel Workshops

Date: 24th August 2012 / **Time:** 09.00 AM to 5.00 PM

Course Fee for Each Workshop: Rs. 3000/-

1. Facial Reshaping with Fillers

Faculty: Dr. Herve Raspaldo

A hands-on workshop in basic and advanced indications of injecting fillers for upper, middle and lower face including non-surgical rhinoplasty, peri-orbital rejuvenation, and contouring of the face. Learn from the Indian and International 'Masters' the art of facial contouring.

COURSE OUTLINE

| | |
|---------------------------------------|------------------------------|
| Types of Fillers and their Properties | Surface Anatomy |
| Nerve Blocks | Injection Technique |
| Hands on Injections | Interaction with the Faculty |

2. Refining the Art of Botox

Faculty: Dr. Woffles WU

Introducing an entire day of pre-conference workshop featuring hands-on experience of injecting Botulinum toxin for basic and advanced indications by renowned Indian and International faculty.

COURSE OUTLINE

| | |
|---|---------------------|
| Basic Anatomy | Injection Technique |
| Probable Side-Effects and Avoidance | Hands on Injections |
| Interaction with the Faculty in the End | |

3. Workshop on Lasers

Faculty: Dr. Martin Kassir, Dr. Ganesh Pai

COURSE OUTLINE

| | |
|--|--|
| Overview of Laser | Rethinking of Hair Removal –Newer innovation |
| Pigmentary & Vascular Lesions | Fractional CO2 into your practice |
| Lasers – What to buy? & How to use? | Patient Selection and Preparation |
| Live Demonstrations and Hands On Training on Lasers for all Participants | |

4. Workshop on Chemical Peels

Faculty: Dr. Niti Khunger

COURSE OUTLINE

| | |
|---|--------------------------------------|
| The Value of Peels in Aesthetic Practice. | Types of Peels and their Indications |
| Next Generation Peels | Non- Facial Peels |
| A,B,C of Peeling Technique | |
| Complications - How to Avoid them, How to Deal with them Advice Tips and Pearls | |
| Live Demonstrations and Hands On Training in Chemical Peels for all Participants. | |

Hands On & Master Classes

Fee for Each Course : Rs. 1500/-

Hands On Sessions & Master Classes will be repeated on 25th & 26th Aug. 2012 for your convenience, kindly Register yourself prior to the Conference for the early confirmation.

1. Hands On Certificate Course on Suturing

Date : 25th & 26th August 2012 / Time : 10.00 a.m. to 1.00 p.m. & 2.00 p.m. to 5.00 p.m.

COURSE HIGHLIGHTS

This 3 hours program will help to enhance the skills of Healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

2. Master Class on Advances In PRP

Date : 25th & 26th August 2012 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

COURSE HIGHLIGHTS

| | |
|---|----------------------|
| ■ Rationae of PRP | ■ Application of PRP |
| ■ Adverse Effects, Prevention & Treatment | ■ Live Demo |
| ■ Ask the Experts | ■ Tips & Tricks |

3. Master Class on Hair Transplantation

Date : 25th & 26th August 2012 / Time : 8.00 a.m. to 9.00 a.m. & 5.00 p.m. to 6.00 p.m.

COURSE HIGHLIGHTS

| | |
|----------------------------------|---------------------------------------|
| ■ Patient Selection & Evaluation | ■ Tips for Strip Harvesting |
| ■ Trichophytic Closures | ■ Technique for Follicular Dissection |
| ■ Anterior Hair Line Creation | ■ How to Build up a Team |
| ■ Post-Op Treatment | ■ Is FUE Better |



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Dr. V. K. Garg
Dr. V. K. Tiwari

Conference Secretariat :

Dr Vivek Kumar

Organising Secretary

Department of Plastic & Cosmetic Surgery

Room No 2325 3rd Floor SSRB Block
Sir Ganga Ram Hospital Rajinder Nagar
New Delhi 110060

Registration Form

FILL IN CAPITAL LETTERS ONLY



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Full Name _____

Age / Sex _____ Designation _____

Speciality _____

Affiliation _____

Postal Address _____

Email _____ Fax _____

Tel No. _____ Mobile _____

Registration Fees :

| | |
|---|-----------------|
| Till 31st July 2012 | Rs. 2500 |
| After 31st July 2012 & Spot | Rs. 3500 |
| Pre Conference Workshop Fee (Each Workshop) | Rs. 3000 |
| Hands On & Master Classes Fee (Each Session) | Rs. 1500 |

Tick the Ones you are Attending : ✓

Pre Conference Workshops : Choose One

1. Facial Reshaping with Fillers
2. Refining the Art of Botox
3. Workshop on Lasers\
4. Workshop on Chemical Peels

Hands On & Master Classes :

1. Hands On Certificate Course on Suturing
2. Master Class on Advances in PRP
3. Master Class on Hair Transplantation

I am enclosing the DD / Cheque No. _____ Dated _____

Drawn on Bank _____ for Rs. _____

(In Words) _____

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi.

Out Station Cheques will not be accepted.

Registration Kits will be subject to availability for the Spot Registrants.

Please Send your Registration Form and DD/Cheque to the Conference Secretariat.

**REGISTRATION FOR THE CONFERENCE IS MANDATORY
FOR THE PARTICIPATION IN COURSES & MASTER CLASSES**