



# AESTHETICS 2018

LEARNING FROM EACH OTHER



**Complimentary  
Registration  
for Residents Till  
30<sup>th</sup> June**

**17th to 19th August 2018**

India Habitat Centre | Lodhi Road New Delhi

[www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)



# AESTHETICS 2018

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17th to 19th August, 2018  
**India Habitat Centre**  
Lodhi Road New Delhi

# Invitation

## WELCOME

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2018 from 17th to 19th August 2018 at India Habitat Centre, New Delhi**. AESTHETICS 2018 brings together a unique combination of two specialties coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make this a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



**Dr. Hema Pant**  
Dermatologist  
Scientific Secretary



**Dr. Rakesh Kalra**  
Plastic Surgeon  
Chairperson  
Scientific Committee



**Dr. Anil Ganjoo**  
Dermatologist  
Chairperson  
Scientific Committee



**Dr. Vivek Kumar**  
Plastic Surgeon  
Organizing Secretary

# Invited International Faculty



**Prof. Avner Shemer**

Dermatologist  
Chaim Sheba Medical  
Center,  
Tel Hashomer  
Israel



**Prof. Igor Bartenjev**

Dermatologist  
University of Ljubljana  
  
Slovenia



**Dr. Doris Maria Hexsel**

Principal Investigator,  
Brazilian Center for  
Research in Dermatology  
  
Brazil



**Prof. Mario A. Trelles**

Plastic Surgeon  
University of Barcelona  
  
Spain



**Prof. Eckart Haneke**

Dept of Dermatology  
University of Bern  
Bern,  
  
Switzerland



**Prof. Marc Heckmann**

Dermatologist  
University of Munich  
  
Germany



**Prof. Francesco Romeo**

Plastic Surgeon  
Marconi University  
  
Rome, Italy



**Dr. Martin Kassir**

Director, Worldwide Laser  
Institute, Texas  
  
United States



**Dr. Hana Zelenkova**

Dermatologist  
  
Slovakia



**Dr. Philippe Garcia**

Plastic Surgeon  
  
Paris, France

*And many more ...*

# About us

## LEARNING FROM EACH OTHER

**AESTHETICS-2010, AUG 28th - 29th, New Delhi**, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. Such an endeavor was organized for the first time in India and leading specialists of the country had come together on a common forum to address the patient's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

**AESTHETICS 2010** was attended by more than **400 delegates** and was successful in creating awareness about the interdisciplinary approach to Aesthetic practice. The entire scientific deliberations centered around offering complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help select the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to **AESTHETICS 2011, 2012, 2013, 2014, 2015, 2016 and 2017** with leading International and National faculties and were attended by more than **700 delegates** each year from 15 countries. An exciting academic activity is being planned for **AESTHETICS 2018** with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2018** more informative and interactive.

## CONFERENCE HIGHLIGHTS

Interface between Dermatologists and Plastic Surgeons

Hands on workshops and Master classes to learn from the world leaders

Evaluation of newer trends in Body Contouring and Aesthetic Practice

Hot topics like Aesthetics & Surgical Onychology, Dermal Needling, Botulinum Toxin, Latest in Chemical Peeling.

Aesthetic Medicine and Surgery - Past, Present and Future

# Program

## Pre Conference Parallel Workshops (Please choose only two workshops)

Course Fee for  
each Workshop

**Rs.5000/-**

**Date :** 17th August 2018/ **Time :** 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

### 1 Workshop on Aesthetic & Surgical Onychology **Faculty:** Prof. Avner Shemer, Prof. Eckart Haneke, Prof. Chander Grover, Dr. Soni Nanda

- *Understand the basics of Nail Aesthetics and Nail Surgery*
- *Comprehend the pathogenesis of common aesthetic problems of nails which our patients present with.*
- *Offer meaningful preventive advice and appropriate treatment options (LASERS, nail peels and gel nails)*
- *Treat inflammatory nail dystrophies with injectable therapies*
- *Recognise treatment options for chronic paronychia and ingrown nail based on severity grading*
- *Recognise and diagnose various types of nail tumors and treat them effectively.*

### 2 Workshop on Dermal Needling **Faculty:** Dr. Martin Kassir

- *In the face of so many high profile modalities, Dermal Needling (AKA dermal rolling) is providing, equal or better results in skin rejuvenation with less cost and effort. This workshop will be a complete guide through this exceptional modality, explaining everything a practitioner needs to know about the how's, why's, and when's of dermal needling. Discussion includes; the science behind the results, expectations & outcomes, treatment parameters & protocols, synergistic treatment modalities with hands on*

### 3 Workshop on Botulinum Toxin **Faculty:** Prof. Marc Heckmann, Dr. Latika Arya

- *The fine art of injecting a toxin to lift the eyebrows, smoothen the wrinkles and freshen up the faces by a master. Learning the nitty gritty of dosage titrations and dilutions to deliver the best results always. Refine your techniques to inject in difficult cases and identify the anatomical variations*

# Program

## 4 Workshop on Basic Indications of Fillers

Faculty: **Dr. Philippe Garcia, Dr. Preeti Shukla**

- *Some gentle lifts can change the reflections of the face. How to inject fillers and sculpt fresh faces using expert techniques. The art of sculpting and hydrating the faces using fillers*

## 5 Workshop on Advanced Indications of Fillers

Faculty: **Prof. Francesco Romeo, Dr. Malavika Kohli**

- *Holistic Approach to full-face and altering contours by Upper Eyelid Filling and Medical Rhinoplasty*

## 6 Workshop on Chemical Peel

Faculty: **Dr. Hana Zelenkova, Dr. Piyali Chatterjee**

- |  |   |
|--|---|
| • <i>The Value of Peels in Aesthetic Practice</i>  | • <i>Types of Peels and their Indications</i> |
| • <i>Next Generation Peels</i>   | • <i>Non Facial Peels</i>                     |
| • <i>A, B, C of Peeling Technique</i>  | • <i>Patient Selection and Preparation</i>    |
| • <i>Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls</i> |   |
| • <i>Live Demonstrations and Hands on Training in Chemical Peels</i>                     |   |

## 7 Workshop on Acne Scar Management

Faculty: **Dr. Doris Maria Hexsel, Dr. Niti Khunger**

- |  |   |
|--|---|
| • <i>Introduction and basic terminology</i>                | • <i>Microneedling</i>                              |
| • <i>Tackling atrophic scars by combination treatments</i> | • <i>Punch elevation techniques</i>                 |
| • <i>How best to treat hypertrophic scars</i>              | • <i>Lasers - fractional, ablative, nonablative</i> |
| • <i>Live demos, Videos and hands-on workshop</i>          | • <i>Tips and tricks from the masters</i>           |
| • <i>Subcision</i>   | • <i>Q &amp; A Interactive session</i>              |
| • <i>CROSS technique</i>                                   |   |

## 8 Workshop on Lasers

Faculty: **Prof. Igor Bartenjev, Prof. Mario A. Trelles, Dr. Anil Ganjoo**

- |  |  |
|--|--|
| • <i>Overview of laser physics and application</i>                             | • <i>Patient selection and preparation</i> |
| • <i>What to buy and how to use?</i>   | • <i>Questions and answers panel</i>       |
| • <i>Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser</i> |  |

# Program

## Hands on & Master Classes

(Same Classes will be Repeated on Both the Days)

Fee for each  
Course

**Rs.3000/-**

**Date :** 18th & 19th August 2018

### **1 Tips on Management of Hyperandrogenism** *Faculty: Dr. Sanjiv Kandhari*

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

### **2 Tips & Tricks in Vitiligo Surgery** *Faculty: Prof. Somesh Gupta*

Learn the tips & tricks of cell-based therapies including "non-cultured "epidermal cell suspension" transplantation for best results in OPD settings.

### **3 Which laser to buy first and how to use** *Faculty: Dr. Martin Kassir*

Enhance your practice by adding lasers. Learn from the master which lasers to buy first and how to use them for maximum benefits.

### **4 Tips on Facial Anatomy and its clinical application** *Faculty: Dr. Malavika Kohli*

Learn how to avoid complications and achieve great results by better understanding of facial anatomy in fillers, toxins and threads.

### **5 Tips and Tricks on the Management of Hyper pigmentation** *Faculty: Dr. Hema Pant*

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

### **6 Hands on Suturing Course** *Faculty: Dr. Anant Kulkarni*

This program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-ometer machine to know strength of the knot they have done.

# Organising Committee

## Patrons in Chief

Dr. D. S. Rana  
Prof. A. K. Singh  
Prof. Ramesh Bhat

## Organizing President

Dr. S. Kandhari

## Organizing Secretary

Dr. Vivek Kumar

## Scientific Secretary

Dr. Hema Pant

## Chairpersons, Workshops

Dr. Rishi Parashar  
Dr. Vandana Chatrath

## Coordinator, Scientific Committee

Dr. Vivek Mehta

## Advisory Board

Dr. Anup Dhir  
Dr. Arun Goel  
Dr. Bindu Dewan  
Dr. Chiranjiv Chhabra  
Maj. Gen. A. S. Bath  
Dr. Deepak Agarwal  
Dr. H. K. Kar  
Dr. Imran Majid  
Dr. Kamalender Singh  
Dr. Karoon Aggarwal  
Dr. Kuldeep Singh  
Dr. Lalit Makhija  
Dr. Lokesh Kumar  
Dr. Niti Khunger

## Patrons

Dr. Ajay Swaroop  
Prof. S. Sacchidanand  
Dr. Karoon Agrawal

## Organizing Chairman

Dr. S. S. Saha

## Chairman Scientific Committee

Dr. Anil Ganjoo  
Dr. Rakesh Kalra

## Co-Chairperson Scientific Committee

Dr. Malavika Kohli  
Dr. Vasundhara Oberoi

## Treasurer

Dr. Lalit Choudhary  
Dr. Anurag Pandey

## Coordinator, Workshops

Dr. Rajat Kandhari

## Advisory Board

Dr. Narendra Patwardhan  
Dr. P. S. Bhandari  
Dr. Ram Chander  
Dr. R. B. Ahuja  
Dr. R. P. Narayan  
Dr. S. Bhattacharya  
Dr. Sharad Mutalik  
Dr. S. C. Bharija  
Dr. Somesh Gupta  
Dr. V. K. Sharma  
Dr. V. Ramesh  
Dr. V. K. Garg  
Dr. V. K. Tiwari  
Dr. Vinay Saraf

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## Conference Secretariat

### Dr. Vivek Kumar

Organizing Secretary

### Consultant Plastic Surgeon

Room No. 2325 3rd floor SSRB Block, Sir Ganga Ram Hospital,  
Rajinder Nagar, New Delhi – 110 060

Tel.: 9810218129, 9711198444 | Email: drkumarvivek@gmail.com | Website: www.aestheticsdelhi.com



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17th to 19th August, 2018  
India Habitat Centre  
Lodhi Road New Delhi

## REGISTRATION FORM

FILL IN CAPITAL LETTERS ONLY

Name \_\_\_\_\_ Age/Sex \_\_\_\_\_

Speciality \_\_\_\_\_ Affiliation \_\_\_\_\_

Postal Address \_\_\_\_\_

Email \_\_\_\_\_ Mobile \_\_\_\_\_

### Registration Fees :

- Till 30th June 2018 : Rs.5000
- Pre Conference Workshop (Each Workshop) : Rs.5000
- After 30th June 2018 & Spot : Rs.7000
- Hands on & Master Classes (Each Session) : Rs.3000

### Pre Conference Workshops : (Tick the two you are attending)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Workshop on Aesthetic & Surgical Onychology | <input type="checkbox"/> Workshop on Botulinum Toxin              | <input type="checkbox"/> Workshop on Chemical Peel        |
| <input type="checkbox"/> Workshop on Dermal Needling                 | <input type="checkbox"/> Workshop on Basic Indications of Fillers | <input type="checkbox"/> Workshop on Acne Scar Management |
| <input type="checkbox"/> Workshop on Advanced Indications of Fillers | <input type="checkbox"/> Workshop on Lasers                       |   |

### Hands on and Master Classes :

- |  |  |
|--|--|
| <input type="checkbox"/> Tips on Management of Hyperandrogenism  | <input type="checkbox"/> Tips on Facial Anatomy and its clinical application     |
| <input type="checkbox"/> Tips & Tricks in Vitiligo Surgery       | <input type="checkbox"/> Tips and Tricks on the Management of Hyper pigmentation |
| <input type="checkbox"/> Which laser to buy first and how to use | <input type="checkbox"/> Hands on Suturing course                                |

### ACCOMMODATION

Hotel Name	Distance from the Venue	Tariff: Per Room/Night		Choose: Single/Double Occupancy	
		Single	Double		
The Eros Hotel (5 Star)	7 kms, (15 Min. Drive)	INR 6000	INR 6000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Haris Court (3 Star)	7 kms, (15 Min. Drive)	INR 3000	INR 3500	<input type="checkbox"/> Single	<input type="checkbox"/> Double

**Included :** Buffet Breakfast at Hotel / Pick & Drop from Hotel to the Venue & Back / All Current Applicable Taxes.

**Please send one day Room Rent (Non-Refundable) as advance for Hotel Booking.**

I am enclosing the DD / Cheque No. \_\_\_\_\_ Dated \_\_\_\_\_ Drawn on Bank \_\_\_\_\_

\_\_\_\_\_ for Rs. (In Words) \_\_\_\_\_

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi.

- Registration for the Conference is Mandatory for the Participation in Courses & Master Classes.
- Please Send your Registration Form and DD/Cheque to the Conference Secretariat.
- Residents are requested to send proof of the residency by the their HOD to avail complimentary registration.