

Scientific Program – AESTHETICS 2019

DAY 1

August 10, 2019

9.00am – 10.30am: Lessons From The Masters (Part- I)

- Lasers and scars: current evidence and approach - **Dr. Firas Al-Niaimi**
- Botulinum Toxin: what is new? - **Dr. Doris Maria Hexsel**
- My favorite peels for acne and Melasma - **Dr. Peter Rullan**
- Targeted ablation: a minimally invasive procedure for benign skin lesions - **Dr. Somesh Gupta**
- Innovative treatment of hypertrophic scars using micro-needling and drug infusion.- **Dr Andrew R. Christie**
- Melasma: global update on topical therapies - **Dr. Seemal Desai**

10.30am – 12.00 pm: Lessons From The Masters (Part- II)

- Botulinum toxin in non aesthetic dermatology - **Dr. Firas AI-Niaimi**
- Cosmetic procedures in Skin of Color - **Dr. Seemal Desai**
- Residual long term effects of repeated injections of botulinum toxin - **Dr. Doris Maria Hexsel**
- What's new in topical anesthesia - **Dr. Jayashree Sood**
- How to treat acne scars in all skin types, and with a low budget - **Dr. Peter Rullan**
- Resistant hyper pigmentation my approach - **Dr. Edward Krulig**

12.00pm – 1.00 pm:

- How I manage Adolescent concerns- - **Dr. Swati Mutha**
- Dermacosmeceutics useful and safe in an adolescent skin care regimen - **Dr. Malavika Kohli**
- Adolescent aesthetics ; when and which procedures are appropriate - **Dr. Niti Khunger**
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1.00pm – 2.00 pm: Lunch

2.00pm – 3.00pm Difficult cases: our approach- Prof A K Singh, Col.Manas Chatterjee

3.00pm – 4.30 pm: Lessons From The Masters (Part-III)

- Croton oil/Phenol peels in darker skin types - **Dr. Peter Rullan**
- Non vascular uses of vascular lasers - **Dr. Firas Al-Niaimi**
- 4th Dimension: Why movement is so important for injection? - **Dr. Patrick Trevidic**
- A multipronged minimally invasive approach to the treatment of scars and keloids- **Dr. Niti Khunger**
- New L-lift technique using collagen stimulator - **Dr. Doris Maria Hexsel**
- Tranexamic Acid: A comprehensive overview - **Dr. Seemal Desai**

Scientific Program – AESTHETICS 2019

4.30pm – 6.00pm:

1. Litigations are on rise. - **Dr. Atul Shah**
2. What Jury has in mind, while deciding a medicolegal case - **Dr. B. C. Gupta** (IAS Rtd, ex Jury, NCDRC)
3. Death of Patient, Criminal Liability & precaution against Arrest of Doctors - **Mr. Mahendra Bajpai** (Advocate, Supreme Court; Hon. Director, Institute of Medicine & Law)
4. Clinical practice guidelines: Benchmark to evaluate Negligence - **Dr. Satish Bhat**
5. Audience Participation

6.00pm - Onwards - Banquet

Scientific Program – AESTHETICS 2019

DAY 2

11th August 2019

9.00 am – 10.30 am: Lessons From The Masters (Part-IV)

- RF & Ultrasounds together with topical medication for scar tissue treatment - **Prof. Mario A. Trelles**
- Non FDA approved (off-Label) use of Cosmetic procedures - **Dr. Martin N. Zaiac**
- Mohs surgery for malignant tumors of the nail - **Dr. Eckart Haneke**
- Approach to non scarring hair loss in females and self. - **Dr. Manas Chatterjee**
- Infusion Of Active Substances With Micro-Needling – Creating Procedural Safety - **Dr Andrew R. Christie**
- Anti - ageing: methods in daily dermatological practice - **Dr. Igor Bartenjev**

10.30am – 12.00 pm: Lessons From The Masters (Part-V)

- Calf reduction with botulinum toxin - **Dr. Giovanni Salti**
- Facial danger zones: why 3D anatomy is the key for safe injection? - **Dr. Patrick Trevidic**
- Colors and shades of retinoic acid peels in daily practice - **Dr. Carlos Wambier**
- Skin Rejuvenation – expectations Vs limitations - **Dr. Rajat Kandhari**
- Oxidative stress and obesity - **Dr. Nino Carlo Battistini**
- Treatment of difficult pigment disorders in dark skin photo-types - **Dr. Mario A. Trelles**

12.00pm – 1.00 pm: New paradigm shift in skincare for melasma and aging

Speaker – **Dr. Rajat Kandari**

Panelist - **Dr. Ajita Bagai, Dr. Latika Ayra, Dr. M.M. Omer Azad, Dr. R.K. Joshi, Dr. Sachin Dhawan**

1.00 pm – 2.00 pm: Lunch

2.00pm – 4.00pm Lessons From The Masters (Part-VI)

- Non melanoma skin cancer of the digits including the nails - **Prof. Eckart Haneke**
- Surgical treatment methods for external genital warts - **Dr. Igor Bartenjev**
- My Cosmetic Pearls - **Dr. Martin N. Zaiac**
- Unusual hyper pigmentation & its management - **Dr. Rashmi Sarkar**
- What's new in the management of melasma - **Dr. Edward Krulig**
- Eyebrow position: how to move it? - **Dr. Patrick Trevidic**
- Augmentation blepharoplasty with HA - **Dr. Giovanni Salti**
- Low Fluency Q-Switched Nd-YAG Laser - optimizing technique for melasma- **Dr. Carlos Wambier**

Scientific Program – AESTHETICS 2019

4.00 pm – 6.00 pm Lessons From The Masters (Part-VII)

- Submental laser lipolysis: Is this indicated in all cases, -**Dr. Mario A. Trelles**
- How to lose weight without diet. Non invasive procedure to reduce fat. - **Dr. Martin N. Zaiac**
- Role of ligaments and the SMAS in the volumetric lift - **Dr. Giovanni Salti**
- How to prevent complications of Fillers - **Dr. Vijay Kakkar**
- Flaps and grafts for nail surgery defects - **Dr. Eckart Haneke**
- Surgical dermatology: CO2 and Erbium laser possibilities in dermatology - **Dr. Igor Bartenjev**
- Drug-tattooing. The true dermal drug delivery. Not reinventing the wheel - **Dr. Carlos Wambier**
- lifestyle habits and predisposing factors for obesity - **Dr. Nino Carlo Battistini**