Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you on 22nd to 24th August 2014 at India Habitat Centre, New Delhi for AESTHETICS 2014, a unique combination of two specialities coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many new hands on workshops & master classes to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards
Invited International Faculty

Dr. Babak Adib
Dermatologist
Director of Dermatology Standtpark, Vienna, Austria

Dr. Constantinos Demetriou
Dermatologist
President of Cyprus Society of Dermatology, Cyprus

Dr. Frederic Braccini
Plastic Surgeon
Facial Plastic Surgery Riviera Institute, Nice, France.

Dr. Giovanni Salti
Plastic Surgeon
Lecturer in Aesthetic Dermatology, University of Florence, Italy

Dr. Philippe Garcia
Plastic Surgeon
Member of the European Academy of Facial Plastic Surgery Paris, France

Dr. Caterina Longo
Dermatologist
Arcispedale Santa Maria Nuova - RICCS, Italy

Dr. Doris Maria Hexsel
Dermatologist
Pontifical Catholic University of Rio Grande do Sul, Brazil

Prof. Giovanni Pellacani
Dermatologist
University of Modena and Reggio Emilia, Italy

Dr. Marc Lefebvre Vilardeo
Vascular Surgeon
Lecturer in Paris University, France

And many more ...
LEARNING FROM EACH OTHER

AESTHETICS-2010, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. It was an endeavour, which had been organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient’s need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than 400 delegates and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to AESTHETICS 2011, 2012 and 2013 with leading International and National faculties and were attended by more than 600 delegates each year. An exciting academic activity is being planned for AESTHETICS 2014 with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make AESTHETICS 2014 more informative and interactive.

CONFERENCE HIGHLIGHTS

- Interface between Dermatologists and Plastic Surgeons
- Hands on workshops and Master classes to learn from the world leaders
- Newer trends in Aesthetic Practice
- Latest procedures like PRP, Hand rejuvenation, Nasal rejuvenation, Cellulite management, Innovations in laser surgery, Scar and keloid management, Hair transplantation
- Aesthetic medicine and surgery- Past, Present and Future
# Program

## Pre Conference Parallel Workshops

(Please choose only two workshops)

**Course Fee for each Workshop Rs.4000/-**

<table>
<thead>
<tr>
<th>Date: 22nd August 2014 / Time: 09.00 AM &amp; 2.00 PM to 6.00 PM</th>
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<tr>
<th>Workshop</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>1. Workshop on Cellulite Management</td>
<td>Dr. Doris Maria Hexsel</td>
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<tr>
<td>Faculty: Dr. Doris Maria Hexsel</td>
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<tr>
<td>- Dimple on the cheeks is a beauty spot but dimpling on thighs we want to smoothen it, lets learn how!</td>
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<tr>
<td>2. Workshop on Lip and Perioral Rejuvenation</td>
<td>Dr. Philippe Garcia</td>
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<tr>
<td>Faculty: Dr. Philippe Garcia</td>
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<tr>
<td>- Lips and perioral enhancement by hyaluronic gels.</td>
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<td>- Yes nasolabial fillers are still the basic indications for the Asians</td>
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<tr>
<td>- Trends and techniques for lip enhancements especially in young females.</td>
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<tr>
<td>3. Workshop on Hand Rejuvenation</td>
<td>Dr. Marc Lefebvre Vilardebo</td>
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<tr>
<td>Faculty: Dr. Marc Lefebvre Vilardebo</td>
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<tr>
<td>- A comprehensive workshop on management of ageing hands</td>
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<td>- Veins, age spot, volume loss, dehydration and dry skin management.</td>
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<td>- Practical guidelines on when to treat veins and when to laser the age spots,</td>
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<tr>
<td>- What and how to inject?</td>
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<tr>
<td>4. Workshop on PRP for Facial and Hair Rejuvenation</td>
<td>Dr. Babak Adib</td>
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<tr>
<td>Faculty: Dr. Babak Adib</td>
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<tr>
<td>- Different types of PRP preparations and new FDA guidelines.</td>
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<td>- Hair raising ideas to enhance your results in hair rejuvenation.</td>
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<td>- Vampire face lift conjunctive to our injectibles and lasers.</td>
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<td>5. Workshop on Nose Reshaping with Fillers</td>
<td>Dr. Frederic Braccini</td>
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<tr>
<td>Faculty: Dr. Frederic Braccini</td>
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<tr>
<td>- Selection of patients and techniques for nose reshaping.</td>
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<tr>
<td>- Choice of fillers for nose reshaping.</td>
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<tr>
<td>- Tips to improvise the results of surgical rhinoplasty.</td>
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</table>
6 Workshop on Basic Injection Techniques  
**Faculty:** Dr. Giovanni Salti  
- A basic guidelines for injecting botulinum toxin and hyaluronic fillers.  
- Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.

7 Workshop on Lasers  
**Faculty:** Dr. Constantinos Demetriou  
- Overview of laser physics and application  
- What to buy and how to use?  
- Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser  
- Patient selection and preparation  
- Questions and answers panel

8 Workshop on Chemical Peel  
**Faculty:** Dr. Niti Khunger  
- The Value of Peels in Aesthetic Practice  
- Next Generation Peels  
- A, B, C of Peeling Technique  
- Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls  
- Live Demonstrations and Hands on Training in Chemical Peels  
- Types of Peels and their Indications  
- Non Facial Peels  
- Patient Selection and Preparation

9 Workshop on Diagnosis Before Cut.  
**Faculty:** Dr. Caterina Longo and Dr. Giovanni Pellacani  
Combining Dermatoscopy, Mohs’ Surgery & Confocal Microscopy to avoid mistakes in differentiating and treating various pigmented, benign and malignant skin lesions.
### Scientific Program

**Day 1**

**9.00 am - 9.30 am : All the Gains & No Pain**

1. Topical anaesthesia: What we should know - **Dr. Manish Gupta**
2. What’s new in pain management - **Dr. Jayashree Sood**

**9.30 am - 11 am : Scars - No More Scary**

1. Role of fat in scar modulation - **Dr. Anup Dhir**
2. Management of atrophic scars - **Dr. Niti Khunger**
3. Surgical treatment of keloids - **Dr. Karoon Agarwal**
4. Role of laser in scars - **Dr. M. K Shetty**
5. Collagen induction in scars - **Dr. Malvika Kohli**
6. Surgical options in complex scars - **Dr. S. S. Saha**

**11.00 am - 12.00 am : Lessons from the Masters (Part-I)**

1. Surgical correction of periorbital region - **Dr. Philippe Garcia**
2. How to treat periorbital apparent vessels - **Dr. Marc Lefebvre Vilarde**
3. Full face rejuvenation by toxin - **Dr. Doris Maria Hessel**
4. Augmentation blepharoplasty - **Dr. Giovanni Salti**

**12.00 am - 1.00 pm**

**P G Quiz and Inauguration**

**1.00 pm - 2.00 pm**

**Lunch**
DAY 1

2.00 pm - 2.45 pm : What’s New in Aesthetics

1) Dermatology - Dr. Sangeeta Amladi
2) Plastic Surgery - Dr. Lokesh Kumar

2.45 pm - 4.00 pm : Lessons from the Masters (Part-II)

1) Skin barrier and hydration - Prof G Pellacani
2) How I successfully treat onychomycosis - Dr. Constantinos Demetriou
3) Toxin Diffusion: What matters - Dr. Doris Maria Hexsel
4) Management of negative facial expressions - Dr. Frederic Braccini
5) Skin ageing : applications in cosmetics - Dr. Caterina Longo

4.00 pm - 5.00 pm : Shady Colors – Brown to Grey

1) PIH - Dr Shahnaz Arsiwala
2) Melasma and pigmentation disorders- Dr. Caterina Longo
3) Most difficult pigmented lesions - Dr. A.K Singh
4) Dermatoscopy for pigmented lesions - Dr. Manas Chatterjee
5) Cosmeceuticals in Pigmentary disorders - Dr. Rajat Kandhari

5.00 pm - 6.00 pm - Lessons from the Masters (Part-III)

1) PRP myth or boon? - Dr. Babak Adib
2) Superior photo rejuvenation by mixing wavelengths - Dr. Constantinos Demetriou
3) Laser skin rejuvenation - Evaluation of epidermal & collegan changes - Prof G Pellacani
4) Mandibular line: How to manage - Dr. Frederic Braccini

6.00 pm Onwards

BANQUET
DAY 2

9.00 am - 11.00 am : Age No Bar

1) Assessment of ageing face - Dr. Malvika Kohli
2) Facial rejuvenation -
   (a) Upper face
      Medical - Dr. Piali Chatterjee
      Surgical - Dr. Manoj Khanna
   (b) Mid face
      Medical - Dr. Amit Luthra
      Surgical - Dr. Ashish Davalbhakta
   (c) Lower face
      Medical - Dr. Chiranjiv Chabbra
      Vertical face lift for lower face and neck - Dr. Philippe Garcia

11.00 am - 12.00 am : Lessons from the Masters (Part-IV)

1) Subcision : facial indications - Dr. Doris Maria Hexsel
2) Mini rhinoplasty - Surgical concepts - Dr. Frederic Braccini
3) Cosmetic phlebology for foot rejuvenation - Dr. Marc Lefebvre Vilardeo
4) Injection technique for fillers based on surgical anatomy - Dr. Giovanni Salti

12.00 am - 1.00 pm : Pearls of Wisdom

1) My tryst with Dermatology - Dr. Sanjiv Kandhari
2) My journey in plastic surgery - Dr. Rajeev B. Ahuja

1.00 pm - 2.00 pm

Lunch
## DAY 2

### 2.00 pm - 3.00 pm: How to Set up your Practice

1. **Financial issues** - **Dr. Sushil Thailiani**
2. **Marketing** - **Dr. Charu Sharma**
3. **Legal** - **Dr. Atul Shah**

### 3.00 pm - 4.00 pm: Laser Challenges - Trouble Shooters

1. **Hair reduction** - **Dr. Anil Ganjoo**
2. **Pigmentation** - **Dr. Rajendran**
3. **Vascular lesions** - **Dr. Kuldeep Singh**
4. **Hair reduction for non cosmetic indications** - **Dr. Munish Paul**

### 4.00 pm - 6.00 pm: Hair Raising Issues - How I plan?

- **NH Grade IV by strip** - **Dr. Sandeep Sattur**
- **NH Grade VII by FUE** - **Dr. Aman Dua**
- **NH Grade VII by Strip** - **Dr. Manoj Khanna**
- **NH Grade VII by a combination of FUE & FUT** - **Dr. K. Ramachandran**
- **Revision Hair Transplant - Strip after Strip** - **Dr. Sanjiv Vasa**
- **Revision Hair Transplant - Strip after FUE** - **Dr. Anil Garg**
- **When all scalp hair are exhausted** - **Dr. Kapil Dua**
- **Failed Hair Transplant** - **Dr. Sandeep Sattur**
- **Managing leucotrichia** - **Dr. Manas Chatterjee**
- **Women Hair Transplant** - **Dr. Aman Dua**
# Program

## Hands on & Master Classes
(These classes are repeated on both the days)

<table>
<thead>
<tr>
<th>Program</th>
<th>Date</th>
<th>Fee for each Course</th>
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<tbody>
<tr>
<td>Hands on Certificate Course on Suturing</td>
<td>23rd &amp; 24th August 2014</td>
<td>Rs.2000/-</td>
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<tr>
<td>Tips on Management of Hyperandrogenism</td>
<td>23rd &amp; 24th August 2014</td>
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<tr>
<td>Tips on Management of Facial Pigmentation</td>
<td>23rd &amp; 24th August 2014</td>
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<tr>
<td>Tips on FUE</td>
<td>23rd &amp; 24th August 2014</td>
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### Hands on Certificate Course on Suturing
*Faculty:* Dr. J. Satish Kumar  
*Tutor, Royal College of Surgeons of Edinburgh*

**Course Outline**
This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

### Tips on Management of Hyperandrogenism
*Faculty:* Dr. Sanjiv Kandhari

**Course Outline**
A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

### Tips on Management of Facial Pigmentation
*Faculty:* Dr. Sangeeta Amladi

**Course Outline**
Facial Pigmentation - Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Facial Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

### Tips on FUE
*Faculty:* Dr. Aman Dua, Dr. Anil Garg, Dr. Kapil Dua

**Course Outline**
Stitchless hair transplant techniques with the finest punches and implanters and lot more to be shared by experts with their years of experience.
Organising Committee

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Dr. D. S. Rana
Dr. R. B. Ahuja
Prof. A. K. Singh
Dr. Venkataram Mysore

**Patrons**
Dr. Ajay Swaroop
Dr. Koushik Lahiri
Dr. Karoon Agrawal

**Organising President**
Dr. S. Kandhari

**Organising Chairman**
Dr. S. S. Saha

**Co-Chairman Organizing Committee**
Dr. Ahmed Zaheer

**Organizing Secretary**
Dr. Vivek Kumar

**Chairperson Scientific Committee**
Dr. Rakesh Kalra
Dr. Anil Ganjoo

**Scientific Secretary**
Dr. Hema Pant

**Co-Chairperson Scientific Committee**
Dr. Lokesh Kumar
Dr. Chiranjiv Chhabra
Dr. Anup Dhir
Dr. Kuldeep Singh
Dr. Rohit Nayar
Dr. Vasundhara Oberoi

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Dr. Vandana Chatrath

**Jt. Organizing Secretary**
Dr. Manish Pahwa

**Treasurer**
Dr. Lalit Choudhary
Dr. Anurag Pandey

**Coordinator, Scientific Committee**
Dr. Vivek Mehta

**Coordinator, Workshops**
Dr. Rajat Kandhari

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Col. P. S. Bhandari
Dr. Ram Chander
Dr. R. P. Narayan
Dr. S. Bhattacharya
Dr. Sharad Matalik
Dr. S. C. Bharija
Dr. Somesh Gupta
Dr. T. Sachidanand
Dr. V. K. Sharma
Dr. V. Ramesh
Dr. V. K. Garg
Dr. V. K. Tiwari
Dr. Vinay Saraf

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**Conference Secretariat**

**Dr. Vivek Kumar**
Organizing Secretary

**Consultant Plastic Surgeon**
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Rajinder Nagar, New Delhi – 110 060
Tel.: 9810218129, 9711198444
Email: drkumarvivek@gmail.com
Website: www.aestheticsdelhi.com
Name _________________________________________________________________ Age / Sex __________
Speciality _________________________________________ Affiliation ______________________________
Postal Address ___________________________________________________________________________
______________________________________________________________________________________
Email __________________________________________________________ Mobile ___________________

I am enclosing the DD / Cheque No. _____________ Dated ________ Drawn on Bank ____________________
____________________ for Rs. (In Words) ____________________________________________________
In favour of “SIR GANGA RAM HOSPITAL” payable at New Delhi. / Out Station Cheques will no be accepted. / Registration Kits will be subject to availability for the Spot Registrants. / Registration for the Conference is Mandatory for the Participation in Courses & Master Classes

Please Send your Registration Form and DD/Cheque to the Conference Secretariat.