



AESTHETICS 2014

22nd to 24th August 2014 | India Habitat Centre
Lodhi Road New Delhi

Scientific Program



www.aestheticsdelhi.com



AESTHETICS 2014

Learning From Each Other

22nd to 24th August, 2014

India Habitat Centre

Lodhi Road New Delhi

Invitation

WELCOME

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you on **22nd to 24th August 2014 at India Habitat Centre, New Delhi for AESTHETICS 2014**, a unique combination of two specialities coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



Dr. Hema Pant
Dermatologist
Scientific Secretary



Dr. Rakesh Kalra
Plastic Surgeon
Chairperson
Scientific Committee



Dr. Anil Ganjoo
Dermatologist
Chairperson
Scientific Committee



Dr. Vivek Kumar
Plastic Surgeon
Organizing Secretary

Invited International Faculty



Dr. Babak Adib
Dermatologist

Director of
Dermatology Standtpark,
Vienna, Austria



Dr. Caterina Longo
Dermatologist

Arcispedale Santa Maria
Nuova - RICCS,
Italy



Dr. Constantinos Demetriou
Dermatologist

President of
Cyprus Society of Dermatology,
Cyprus



Dr. Doris Maria Hexsel
Dermatologist

Pontifical Catholic University of
Rio Grande do Sul,
Brazil



Dr. Frederic Braccini
Plastic Surgeon

Facial Plastic Surgery
Riviera Institute, Nice,
France.



Prof. Giovanni Pellacani
Dermatologist

University of Modena and
Reggio Emilia,
Italy



Dr. Giovanni Salti
Plastic Surgeon

Lecturer in Aesthetic Dermatology,
University of Florence,
Italy



Dr. Marc Lefebvre Vilardeo
Vascular Surgeon

Lecturer in Paris University,
France



Dr. Philippe Garcia
Plastic Surgeon

Member of the European Academy of
Facial Plastic Surgery
Paris, France

And many more ...

About us

LEARNING FROM EACH OTHER

AESTHETICS-2010, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. It was an endeavour, which had been organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient 's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than **400 delegates** and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to **AESTHETICS 2011, 2012 and 2013** with leading International and National faculties and were attended by more than **600 delegates** each year. An exciting academic activity is being planned for AESTHETICS 2014 with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2014** more informative and interactive.

CONFERENCE HIGHLIGHTS

Interface between Dermatologists and Plastic Surgeons

Hands on workshops and Master clases to learn from the world leaders

Newer trends in Aesthetic Practice

Latest procedures like PRP, Hand rejuvenation, Nasal rejuvenation, Cellulite management, Innovations in laser surgery, Scar and keloid management, Hair transplantation

Aesthetic medicine and surgery- Past, Present and Future

Program

Pre Conference Parallel Workshops (Please choose only two workshops)

Course Fee for
each Workshop

Rs.4000/-

Date : 22nd August 2014/ **Time :** 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

1 Workshop on Cellulite Management

Faculty: **Dr. Doris Maria Hexsel**

- *Dimple on the cheeks is a beauty spot but dimpling on thighs we want to smoothen it, lets learn how!*

2 Workshop on Lip and Perioral Rejuvenation

Faculty: **Dr. Philippe Garcia**

- *Lips and perioral enhancement by hyaluronic gels.*
- *Yes nasolabial fillers are still the basic indications for the Asians*
- *Trends and techniques for lip enhancements especially in young females.*

3 Workshop on Hand Rejuvenation

Faculty: **Dr. Marc Lefebvre Vilardebo**

- *A comprehensive workshop on management of ageing hands*
- *Veins, agespot ,volume loss, dehydration and dry skin management.*
- *Practical guidelines on when to treat veins and when to laser the age spots,*
- *What and how to inject?*

4 Workshop on PRP for Facial and Hair Rejuvenation

Faculty: **Dr. Babak Adib**

- *Different types of PRP preparations and new FDA guidelines.*
- *Hair raising ideas to enhance your results in hair rejuvenation.*
- *Vampire face lift conjunctive to our injectibles and lasers.*

5 Workshop on Nose Reshaping with Fillers

Faculty: **Dr. Frederic Braccini**

- *Selection of patients and techniques for nose reshaping.*
- *Choice of fillers for nose reshaping.*
- *Tips to improvise the results of surgical rhinoplasty.*

Program

6 Workshop on Basic Injection Techniques

Faculty: **Dr. Giovanni Salti**

- A basic guidelines for injecting botulinum toxin and hyaluronic fillers.
- Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.

7 Workshop on Lasers

Faculty: **Dr. Constantinos Demetriou**

- Overview of laser physics and application
- Patient selection and preparation
- What to buy and how to use?
- Questions and answers panel
- Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser

8 Workshop on Chemical Peel

Faculty: **Dr. Niti Khunger**

- The Value of Peels in Aesthetic Practice
- Types of Peels and their Indications
- Next Generation Peels
- Non Facial Peels
- A, B, C of Peeling Technique
- Patient Selection and Preparation
- Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls
- Live Demonstrations and Hands on Training in Chemical Peels

9 Workshop on Diagnosis Before Cut.

Faculty: **Dr. Caterina Longo and Dr. Giovanni Pellacani**

Combining Dermatoscopy, Mohs' Surgery & Confocal Microscopy to avoid mistakes in differentiating and treating various pigmented, benign and malignant skin lesions.



DAY 1

9.00 am - 9.30 am : All the Gains & No Pain

- 1) Topical anaesthesia: What we should know - **Dr. Manish Gupta**
- 2) What's new in pain management - **Dr. Jayashree Sood**

9.30 am - 11 am : Scars - No More Scary

- 1) Role of fat in scar modulation - **Dr. Anup Dhir**
- 2) Management of atrophic scars - **Dr. Niti Khunger**
- 3) Surgical treatment of keloids - **Dr. Karoon Agarwal**
- 4) Role of laser in scars - **Dr. M. K Shetty**
- 5) Collagen induction in scars - **Dr. Malvika Kohli**
- 6) Surgical options in complex scars - **Dr. S. S. Saha**

11.00 am - 12.00 am : Lessons from the Masters (Part-I)

- 1) Surgical correction of periorbital region - **Dr. Philippe Garcia**
- 2) How to treat periorbital apparant vessels - **Dr. Marc Lefebvre Vilardeo**
- 3) Full face rejuvenation by toxin - **Dr. Doris Maria Hexsel**
- 4) Augmentation blepharoplasty - **Dr. Giovanni Salti**

12.00 am - 1.00 pm

P G Quiz and Inauguration

1.00 pm - 2.00 pm

Lunch



DAY 1

2.00 pm - 2.45 pm : What's New in Aesthetics

- 1) Dermatology - **Dr. Sangeeta Amladi**
- 2) Plastic Surgery - **Dr. Lokesh Kumar**

2.45 pm - 4.00 pm : Lessons from the Masters (Part-II)

- 1) Skin barrier and hydration - **Prof G Pellacani**
- 2) How I successfully treat onychomycosis - **Dr. Constantinos Demetriou**
- 3) Toxin Diffusion: What matters - **Dr. Doris Maria Hexsel**
- 4) Management of negative facial expressions - **Dr. Frederic Braccini**
- 5) Skin ageing : applications in cosmetics - **Dr. Caterina Longo**

4.00 pm - 5.00 pm : Shady Colors – Brown to Grey

- 1) PIH - **Dr Shahnaz Arsiwala**
- 2) Melasma and pigmentation disorders- **Dr. Caterina Longo**
- 3) Most difficult pigmented lesions - **Dr. A.K Singh**
- 4) Dermatoscopy for pigmented lesions - **Dr. Manas Chatterjee**
- 5) Cosmeceuticals in Pigmentary disorders - **Dr. Rajat Kandhari**

5.00 pm - 6.00 pm - Lessons from the Masters (Part-III)

- 1) PRP myth or boon? - **Dr. Babak Adib**
- 2) Superior photo rejuvenation by mixing wavelengths - **Dr. Constantinos Demetriou**
- 3) Laser skin rejuvenation - Evaluation of epidermal & collagen changes - **Prof G Pellacani**
- 4) Mandibular line: How to manage - **Dr. Frederic Braccini**

6.00 pm Onwards

BANQUET



DAY 2

9.00 am - 11.00 am : Age No Bar

1) Assessment of ageing face - Dr. Malvika Kohli
2) Facial rejuvenation -
(a) Upper face
Medical - Dr. Piali Chatterjee
Surgical - Dr. Manoj Khanna
(b) Mid face
Medical - Dr. Amit Luthra
Surgical - Dr. Ashish Davalbhakta
(c) Lower face
Medical - Dr. Chiranjiv Chhabra
Vertical face lift for lower face and neck - Dr. Philippe Garcia

11.00 am - 12.00 am : Lessons from the Masters (Part-IV)

1) Subcision : facial indications - Dr. Doris Maria Hexsel
2) Mini rhinoplasty - Surgical concepts - Dr. Frederic Braccini
3) Cosmetic phlebology for foot rejuvenation - Dr. Marc Lefebvre Vilardeo
4) Injection technique for fillers based on surgical anatomy - Dr. Giovanni Salti

12.00 am - 1.00 pm : Pearls of Wisdom

1) My tryst with Dermatology - Dr. Sanjiv Kandhari
2) My journey in plastic surgery - Dr. Rajeev B. Ahuja

1.00 pm - 2.00 pm

Lunch



DAY 2

2.00 pm - 3.00 pm : How to Set up your Practice

- 1) Financial issues - **Dr. Sushil Thailiani**
- 2) Marketing - **Dr. Charu Sharma**
- 3) Legal - **Dr. Atul Shah**

3.00 pm - 4.00 pm : Laser Challenges - Trouble Shooters

- 1) Hair reduction - **Dr. Anil Ganjoo**
- 2) Pigmentation - **Dr. Rajendran**
- 3) Vascular lesions - **Dr. Kuldeep Singh**
- 4) Hair reduction for non cosmetic indications - **Dr. Munish Paul**

4.00 pm - 6.00 pm : Hair Raising Issues - How I plan?

- NH Grade IV by strip - **Dr. Sandeep Sattur**
- NH Grade VII by FUE - **Dr. Aman Dua**
- NH Grade VII by Strip - **Dr. Manoj Khanna**
- NH Grade VII by a combination of FUE & FUT - **Dr. K. Ramachandran**
- Revision Hair Transplant - Strip after Strip - **Dr. Sanjiv Vasa**
- Revision Hair Transplant - Strip after FUE - **Dr. Anil Garg**
- When all scalp hair are exhausted - **Dr. Kapil Dua**
- Failed Hair Transplant - **Dr. Sandeep Sattur**
- Managing leucotrichia - **Dr. Manas Chatterjee**
- Women Hair Transplant – **Dr. Aman Dua**



Program

Hands on & Master Classes

(Same Classes will be Repeated on Both the Days)

Fee for each
Course

Rs.2000/-

1 Hands on Certificate Course on Suturing

Faculty: Dr. J. Satish Kumar
Tutor, Royal College of Surgeons of Edinburgh

Date : 23rd & 24th August 2014

Course Outline

This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

2 Tips on Management of Hyperandrogenism

Faculty: Dr. Sanjiv Kandhari

Date : 23rd & 24th August 2014

Course Outline

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

3 Tips on Management of Facial Pigmentation

Faculty: Dr. Sangeeta Amladi

Date : 23rd & 24th August 2014

Course Outline

Facial Pigmentation - Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Facial Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

4 Tips on FUE

Faculty: Dr. Aman Dua, Dr Anil Garg, Dr. Kapil Dua

Date : 23rd & 24th August 2014

Course Outline

Stitchless hair transplant techniques with the finest punches and implanters and lot more to be shared by experts with their years of experience



Organising Committee

Patrons in Chief

Dr. D. S. Rana
Dr. R. B. Ahuja
Prof. A.K.Singh
Dr. Venkataram Mysore

Patrons

Dr. Ajay Swaroop
Dr. Koushik Lahiri
Dr. Karoon Agrawal

Organizing President

Dr. S. Kandhari

Organizing Chairman

Dr. S. S. Saha

Co-Chairman Organizing Committee

Dr. Ahmed Zaheer

Organizing Secretary

Dr. Vivek Kumar

Chairperson Scientific Committee

Dr. Rakesh Kalra
Dr. Anil Ganjoo

Scientific Secretary

Dr. Hema Pant

Co-Chairperson Scientific Committee

Dr. Lokesh Kumar
Dr. Chiranjiv Chhabra
Dr. Anup Dhir
Dr. Kuldeep Singh
Dr. Rohit Nayyar
Dr. Vasundhara Oberoi

Chairpersons, Workshops

Dr. Rishi Parashar
Dr. Vandana Chatrath

Jt. Organizing Secretary

Dr. Manish Pahwa

Treasurer

Dr. Lalit Choudhary
Dr. Anurag Pandey

Coordinator, Scientific Committee

Dr. Vivek Mehta

Coordinator, Workshops

Dr. Rajat Kandhari

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Dr. Sharad Mutalik
Dr. S. C. Bharija
Dr. Somesh Gupta
Dr. T. Sachidanand
Dr. V. K. Sharma
Dr. V. Ramesh
Dr. V. K. Garg
Dr. V. K. Tiwari
Dr. Vinay Saraf

Conference Secretariat

Dr. Vivek Kumar

Organizing Secretary

Consultant Plastic Surgeon

Room No. 2325 3rd floor SSRB Block, Sir Ganga Ram Hospital,
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22nd to 24th August, 2014
India Habitat Centre
Lodhi Road New Delhi

REGISTRATION FORM

FILL IN CAPITAL LETTERS ONLY

Name _____ Age/Sex _____

Speciality _____ Affiliation _____

Postal Address _____

Email _____ Mobile _____

Registration Fees :

- Till 30th June 2014 : Rs.4000 • After 30th June 2014 & Spot : Rs.6000
- Pre Conference Workshop Fee (Each Workshop) : Rs.4000 • Hands on & Master Classes Fee (Each Session) : Rs.2000

Pre Conference Workshops : (Tick the two you are attending)

- | | | |
|---|--|---|
| <input type="checkbox"/> Cellulite Management | <input type="checkbox"/> Lip and Perioral Rejuvenation | <input type="checkbox"/> Hand Rejuvenation |
| <input type="checkbox"/> PRP for Facial and Hair Rejuvenation | <input type="checkbox"/> Nose reshaping with Fillers | <input type="checkbox"/> Basic Injection Techniques |
| <input type="checkbox"/> Lasers | <input type="checkbox"/> Chemical Peel | <input type="checkbox"/> Diagnosis Before Cut |

Hands on and Master Classes :

- | | |
|--|---|
| <input type="checkbox"/> Hands on Certificate Course on Suturing | <input type="checkbox"/> Tips on Management of Hyperandrogenism |
| <input type="checkbox"/> Tips on Management of Facial Pigmentation | <input type="checkbox"/> Tips on FUE |

ACCOMMODATION

Hotel Name	Distance from the Venue	Tariff: Per Room/Night		Choose: Single/Double Occupancy	
		Single	Double	Single	Double
The Ashok (5 Star)	4 kms, (5 Min. Drive)	INR 7000	INR 7500	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Janpath (4 Star)	6 kms, (10 Min. Drive)	INR 5000	INR 5000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Hans Plaza (4 Star)	6 kms, (10 Min. Drive)	INR 6000	INR 6000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Haris Court (Boutique Hotel)	7 kms, (15 Min. Drive)	INR 3000	INR 3500	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Parkland (2 Star)	7 kms, (15 Min. Drive)	INR 3000	INR 3500	<input type="checkbox"/> Single	<input type="checkbox"/> Double

Included : Buffet Breakfast at Hotel / Pick & Drop from Hotel to the Venue & Back / All Current Applicable Taxes.

Please send one day Room Rent (Non-Refundable) as advance for Hotel Booking.

I am enclosing the DD / Cheque No. _____ Dated _____ Drawn on Bank _____
_____ for Rs. (In Words) _____

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi. / Out Station Cheques will no be accepted.
/ Registration Kits will be subject to availability for the Spot Registrants. / **Registration for the Conference is Mandatory for the Participation in Courses & Master Classes**

Please Send your Registration Form and DD/Cheque to the Conference Secretariat.