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August 2024

India Habitat Centre, New Delhi

AESTHETICS

Learning from Each Other

www.aestheticsdelhi.com



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Aesthetics Conference



aesthetics_2024

Invitation

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you for **AESTHETICS 2024** from **23rd to 25th August 2024** at the India Habitat Centre, New Delhi. This endeavor is organized annually for the last 14 years with the theme of '**Learning From Each Other**', and is attended by more than 700 delegates from 15 countries each year. The focus of the Conference has been to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing Committee is working hard to make this a memorable event with incorporation of didactic and highly interactive sessions from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen your skills. Please visit: **www.aestheticsdelhi.com** for more details.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



DR. RAJAT KANDHARI
Dermatologist
Scientific Secretary



DR. RAKESH KALRA
Plastic Surgeon
Chairperson
Scientific Committee



DR. HEMA PANT
Dermatologist
Chairperson
Scientific Committee



DR. VIVEK KUMAR
Plastic Surgeon
Organizing Secretary

AESTHETICS Mentorship Programs

- 6 programs that offer the chance to procure an **international scholarship**, allowing mentees to spend a week with world renowned leaders in the field of Dermatology and Aesthetics.
- The program will provide **complimentary travel and accommodation** for the mentee.
- The candidates would be selected **purely on the basis of merit**. Visit our website to apply today.

Dr. Sanjiv Kandhari Mentorship



Dr. Sanjiv Kandhari

Mentor

Dr. Eckart Haneke

Professor - Bern, Switzerland



Dr. Eckart Haneke is a professor at the Department of Dermatology at Inselspital and University Bern in Switzerland. He is also a Dermatologist at the Clinic for Dermatology Dermaticum, Freiburg, Germany, and Senior Consultant at the Dermatology Centre Epidermis, Institute CUF, Porto, Portugal, and Senior Consultant at Department Dermatol, Acad Hosp, University Gent, Belgium. Dr. Haneke's main research interests include nail diseases, dermatopathology, dermatological surgery, diseases of the oral mucosa, and aesthetic dermatology.

Dr. Haneke has published over 300 journal articles and 160 book chapters. He is the author of one book, co-editor of five books, and has presented over 1200 lectures at national and international meetings. He is also a member of the editorial board of several journals and an ad hoc manuscript reviewer for the following journals: Archives of Dermatology, British Journal of Dermatology, European Journal of Dermatology, Der Hautarzt, Journal of the American Academy of Dermatology, Journal of the European Academy of Dermatology and Venereology and Journal of the German Society of Dermatology.

Prof. Arun K Singh Mentorship



Prof. Arun K Singh

Mentor

Dr. Antonino Araco

Plastic Surgeon, Italy



Dr. Araco is an Aesthetic Surgeon in Rome and Milan, also serving as a Contracted Professor at the University of Camerino and Torino. As Medical Director of Jenevì Medical, he has published 62 articles, reviewed for prestigious journals, and performed over 12,000 cosmetic surgeries since 2001.

He's an international speaker and an expert in Health Law, Medical Responsibility, and Forensic Plastic Surgery.

Dr. R D Mukhija Mentorship



Dr. R. D. Mukhija

Mentor

Dr. Doris Maria Hexsel

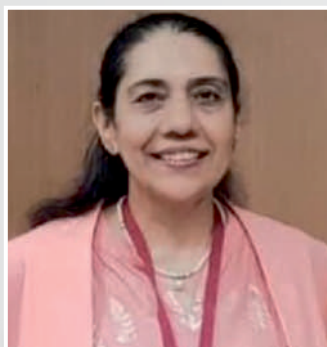
Dermatologist and Principal Investigator - Hexsel Dermatologic Clinics, Brazil



Dr. Hexsel is renowned for her expertise in cosmetic dermatology. As Medical Director of Hexsel Dermatologic Clinics in Porto Alegre and Rio de Janeiro, she specializes in cellulite treatment and facial rejuvenation. With extensive experience in dermatology.

She is a distinguished member of prestigious dermatological societies and has received numerous awards, including the "Lawrence Field Lectureship" from the American Society for Dermatologic Surgery.

Dr. Niti Khunger Mentorship



Dr. Niti Khunger

Mentor

Dr. Marc Roscher

Dermatologist, South Africa



Dr. Roscher, a leading dermatologist, heads the Skin Centre in Umhlanga since 2001. Specialising in Dermatologic Surgery and Skin Cancer treatment, he's the founding president of SASDS and past President of DASIL. Recognised internationally, he received the Lawrence Field Award (2015 ASDS) and was named International Dermatologist of the Year (2019 DASIL).

Dr. Roscher also leads the Skin Cancer Foundation of South Africa and provides pro bono services through charitable foundations.

Dr. Manas Chatterjee Mentorship

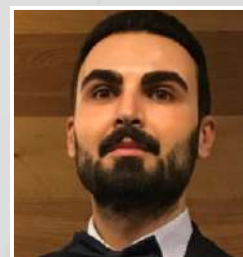


Dr. Manas Chatterjee

Mentor

Dr. Enzo Errichetti

Senior Consultant Dermatologist,
and Venereologist, Italy



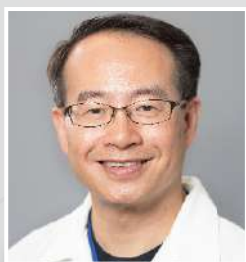
Professor of Dermatology, Dr. Errichetti specializes at the Institute of Dermatology in Udine. He's the Secretary General of the Italian Association of Non-Invasive Diagnostics in Dermatology and a member of the executive committee of the International Society of Dermoscopy.

Dr. Errichetti's research focuses on dermoscopy in non-neoplastic dermatological diseases, particularly in dark skin, with over 150 articles published in international journals. He pioneered the description of dermoscopic characteristics in various dermatoses and coordinated international studies on dermoscopy.

Prof. Somesh Gupta Mentorship



Dr. Somesh Gupta



Dr. S. Brian Jiang
Dermatologist, USA

Dr. Jiang is the director of dermatologic and Mohs micrographic surgery at UC San Diego Health. Specializing in Mohs surgery. Dr. Jiang is a professor in the Department of Dermatology, where he founded and directs the Micrographic Surgery and Dermatologic Oncology Fellowship.

With prior experience at Harvard Medical School, he is also the editor-in-chief of the Journal of Clinical and Investigative Dermatology.

Mentors



Dr. Hayes Gladstone
President, Gladstone Clinic, USA

Dr. Gladstone completed his medical degree at the University of Rochester and specialized in Mohs Surgery, Reconstruction, and Cosmetic Surgery at UCLA. He is renowned internationally for his expertise and has authored numerous publications.

Dr. Gladstone also co-founded Blade and Light International, a nonprofit providing volunteer Mohs surgery abroad.



Invited International Faculty



Dr. Anthony V. Benedetto
Dermatologist
USA



Dr. Angelo Trivisonno
Plastic Surgeon
Italy



Dr. Doris Maria Hexsel
Dermatologist
Brazil



Dr. Eckart Haneke
Dermatologist
Switzerland



Dr. Ediléia Bagatin
Dermatologist
Brazil



Dr. Greg Goodman
Dermatologist
Australia



Dr. Mario Trelles
Plastic & Laser Surgeon,
Spain



Dr. Michael H. Gold
Dermatologist
USA



Dr. Paola Rosalba Russo
Plastic Surgeon
Italy



Dr. Patrick Huang
Dermatologist
Taiwan



Ms. Sanjana Seth
Entrepreneur
United Kingdom

and many more....



National Faculty



Dr. A. K. Garg



Dr. A. K. Singh



Dr. Ajita Bagai



Dr. Amit Kerure



Dr. Amit Luthra



Dr. Amrendra Kumar



Dr. Ananta Kulkarni



Dr. Anil Ganjoo



Dr. Anisha Sharma



Dr. Ankur Bhatnagar



Dr. Anuj Pall



Dr. Anup Dhir



Dr. Anurag Tiwari



Dr. Archana Singal



Dr. Arundha Abrol



Dr. Aseem Sharma



Dr. Ashutosh Mishra



Dr. Atul Shah



Dr. Atula Gupta



Dr. Brijesh Mishra



National Faculty



Dr. Chander Grover



Dr. Chiranjiv Chhabra



Dr. Ganesh Pai



Dr. Gaurang Krishna



Dr. Gaurav Nakra



Dr. Hema Pant



Dr. Indu Ballani



Dr. Itishree Gupta



Dr. Jas Kohli



Dr. Jiten Kulkarni



Dr. Jyoti Gupta



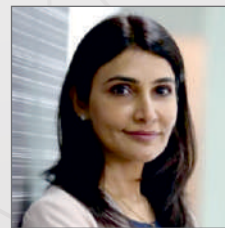
Dr. Karoon Agrawal



Dr. Kavish Chouhan



Dr. Kuldeep Singh



Dr. Latika Arya



Dr. L. D. Dhami



Dr. Lokesh Kumar



Dr. Madhulika Mhatre



Dr. Malavika Kohli



Dr. Manas Chatterjee



National Faculty



Dr. Mukesh Girdhar



Dr. Munish Paul



Dr. Neeraj Pandey



Dr. Niti Khunger



Dr. Parag
Sahasrabudhe



Dr. P. K. Talwar



Dr. Pooja Arora Mrig



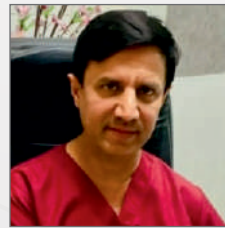
Dr. Rajat Kandhari



Dr. Rajeev B. Ahuja



Dr. Rajetha Damisetty



Dr. Raj Raman



Dr. Rakesh Kalra



Dr. R. D. Mukhija



Dr. R. K. Mishra



Dr. Raman Sharma



Dr. Rashmi Sarkar



Dr. Rashmi Sharma



Dr. Richa Ojha
Sharma



Dr. Richie Gupta



Dr. Rishi Parashar



National Faculty



Dr. Rohit Batra



Dr. Sachin Dhawan



Dr. Sandeep Sharma



Dr. Shuken Dashore



Dr. Sanjiv Kandhari



Dr. Sendhil Kumaran



Dr. Somesh Gupta



Dr. Sonali Langar



Dr. Soni Nanda



Dr. Sumit Gupta



Dr. Swati Aggarwal



Dr. S. S. Saha



Dr. Vijay Kumar



Dr. Vikram Singh Rathore



Dr. Viral Desai



Dr. Yogesh Bhingradia

and many more....



Pre Conference Parallel Workshops (Please select any one workshop)

Course Fee for each Workshop ▶ ₹ 7000

Date: 23rd August 2024

Time: 9:00 AM to 1:00 PM (Workshops - 1 to 6)

1

Workshop on Lasers

Faculty: Dr Ganesh Pai, Dr Anuj Pall, Dr Anil Ganjoo, Dr Kashish Kalra, Dr Rohit Batra, Dr Mario Trelles, Dr Michael Gold

Reinvent your concepts in lasers and energy-based devices. Learn from an expert group everything from what to include in your practice, what works and what doesn't, and tips on the right parameters.

- ✧ Overview of laser physics and application
- ✧ What to buy and how to use?
- ✧ When to say NO to your patients?
- ✧ Dealing with complications?
- ✧ Management of moles and nevi?
- ✧ Managing pigmentary conditions
- ✧ Optimizing outcomes in LHR and Resurfacing
- ✧ Triple wavelength technology – Truth or Hype?
- ✧ Picosecond technology – Is it worth the cost?
- ✧ Energy based devices – WHAT to use for WHICH indication

Q & A Interactive session

2

Workshop on Injectable Basic

Faculty: Dr Doris Maria Hexsel, Dr Latika Arya, Dr Priti Shukla, Dr Kritika Pandey

A beautifully designed workshop with star faculty, addressing building blocks and basic techniques with a critical focus on facial anatomy. The workshop is suitable for someone starting an injectable practice and as a refresher guide for practicing injectors.

- ✧ Counselling and facial anatomy
- ✧ Practical aspects in clinical practice - techniques and injection practices for botulinum toxin for upper face and periorbital area
- ✧ Which filler for what area?
- ✧ Contouring the cheek – needle vs cannula
- ✧ Technique for treating nasolabial folds
- ✧ Complications and their management
- ✧ Hyaluronidase – preparation and use

Q & A Interactive session



Program

3

Workshop on Injectable Advanced

Faculty: Dr Anthony V Benedetto, Dr Rajat Kandhari, Dr Ishad Aggarwal, Dr Soni Nanda

This workshop focuses on bespoke treatment plans for your patients and a complete insight into advanced techniques in an injectable practice. Proper planning and optimizing outcomes for your patients.

- ✧ How I inject the temporal area
- ✧ Managing the tricky tear trough
- ✧ Tapering the borders – treating the jawline
- ✧ Contouring the lower face with botulinum toxin
- ✧ Microbotox
- ✧ Neck lift with injectables

Q & A Interactive session

4

Workshop on Vitiligo

Faculty: Dr Munish Paul, Dr Somesh Gupta, Dr Madhulika Mhatre, Dr Kanika Sahni, Dr Mohd. Razmi, Dr Deepti Ghia

- ✧ Patient selection and effective methods
- ✧ Procedural details and effectiveness of surgical management in vitiligo
- ✧ Cell based therapies in vitiligo management
- ✧ Surgical management of difficult to tackle areas
- ✧ When not to consider surgery
- ✧ Tips to enhance surgical outcomes

Q & A Interactive session

5

Workshop on Microblading and Scalp Micropigmentation

Faculty: Dr Aseem Sharma, Dr Manjyot Marwah, Dr Jyoti Gupta

This workshop differs from routine micropigmentation workshops as it is curated by and with people who share a common passion - medical tattooing, and have come together to brainstorm about this subject at various platforms. Each faculty member has honed his/her skill set in a unique way. This workshop will not rush through the basics and jump to technique, but will focus on each delegate spending time on the various steps that lead up to the final procedure.

- ✧ Pigments, Colours, Colour-mixing and matching (Hands-On) - An exercise with actual colours to understand skin tone, in-depth
- ✧ Counselling the patient for micropigmentation
- ✧ Scope and revival of micropigmentation
- ✧ Eyebrow mapping and shaping
- ✧ Permanent Make-Up
- ✧ Micropigmentation for Vitiligo
- ✧ Scalp Micropigmentation

Q & A Interactive session



6

Workshop on Scar Management - A Holistic Approach

Faculty: Prof. AK Singh, Dr Sandeep Arora, Dr Atul Shah, Dr Yogesh Bhingradia, Dr Eckhart Haneke, Dr Rajiv Ahuja, Dr Itishree Gupta

Embracing the best of a dermatological and surgical approach for management of scars topicals and injectable drug therapies for scars.

Scar Surgery - From Z-Plasty to various flaps

- ✧ Dermal fillers in scar management
- ✧ Lasers, and EBD's for scar reduction
- ✧ Radiation therapy for scars & keloids
- ✧ The role of bio fillers and PRP in treatment of scars
- ✧ Laser assisted drug delivery

Pre Conference Parallel Workshops (Please select any one workshop)

Course Fee for each Workshop ▶ ₹ 7000

Date: 23rd August 2024

Time: 2:00 PM to 6:00 PM (Workshops - 7 to 12)

7

Workshop on PRP and Regenerative Medicine

Faculty: Dr Patrick Huang, Dr Rajesh Kumar, Dr Anisha Sharma, Dr Shuken Dashore, Dr Shefali Trasi

A comprehensive work shop with modified protocols for processing and injecting PRP in androgenetic alopecia, hair thinning, female pattern hair loss and scalp rejuvenation to optimise the results. PRF preparation for both the types solid and liquid and learning about its indications in skin rejuvenation and wound healing.

- ✧ Terminologies, Principles and Methods of Preparation in PRP
- ✧ Preparation of PRP By double centrifugation with video demo
- ✧ Discerning errors in PRP and its legal aspects
- ✧ Conventional methods vs Kits in PRP
- ✧ Growth factor concentrates and combinations with PRP
- ✧ PRF preparation and learning about its indications in skin rejuvenation & wound healing

Q & A Interactive session



Program

8

Workshop on Threads

Faculty: Dr Doris Hexsel, Dr Patrick Huang, Dr Malavika Kohli, Dr Viral Desai, Dr LD Dhami, Dr Itishree Gupta

The workshop focuses on techniques of basic and advanced thread lifts, as monotherapy and / or with other combination treatments.

- ✧ How to select the right candidate for thread lift?
- ✧ Which thread and where?
- ✧ How to optimize treatment outcomes?
- ✧ How to enhance the jawline using threads?
- ✧ How to volumize the face with threads?
- ✧ Combining different modalities with threads

Q & A Interactive session

9

Workshop on Chemical Peel

Faculty: Dr Ediléia Bagatin, Dr Rashmi Sarkar, Dr Arundha Abrol, Dr Aneesh S, Dr Sonali Langar, Dr Richa Ojha Sharma

- ✧ The Value of Peels in Aesthetic Practice
- ✧ Next Generation Peels
- ✧ A, B, C of Peeling Technique
- ✧ Complication – How to AVOID them, How to DEAL with them, Advice Tips & Pearls
- ✧ Live Demonstrations and Hands on Training in Chemical Peels
- ✧ Types of Peels and their Indications
- ✧ Non Facial Peels
- ✧ Patients Selection and Preparation

10

Workshop on Non-Surgical Body Contouring

Faculty: Dr Michael Gold, Dr Indu Ballani, Dr Hema Pant, Dr Chiranjiv Chhabra

Immerse into the era of contouring the face and body via lasers, EBD's, threads, lipolysis and combination therapies.

- ✧ Role of High Intensity Focused Ultrasound in facial and body contouring
- ✧ Injection and body lipolysis - what to use and how to
- ✧ Cryolipolysis for SMF, love handles, arms, chest and other areas
- ✧ Radio frequency assisted therapies for body and facial contouring
- ✧ Comparative analysis of available treatments
- ✧ How to counsel the patient and run a body contouring practice
- ✧ Threads for body contouring

**11**

Workshop on Acne Scars

Faculty: Dr Greg Goodman, Dr Niti Khunger, Dr Atula Gupta, Dr Yogesh Bhingradia, Dr Aman Sharma

Led by experienced faculty, an intensive workshop providing a 360-degree approach on how to tackle stubborn acne scars. How to comprehensively plan the treatment for your patients to give them optimal outcomes and better quality of life.

- ✧ Assessment and planning for treatment of different scars
- ✧ Tackling atrophic & hypertrophic scars by combination treatments
- ✧ Fillers and autologous fat for acne scars – what, when and how?
- ✧ Laser resurfacing and Subdermal Minimal Surgery Technology (Enerjet Technology)
- ✧ Old wine in a new bottle – Optimizing outcomes from punch elevation, punch excision, CROSS technique and subcision
- ✧ Micro needling – How I do it?

Q & A Interactive session

12

Workshop on Hair Transplant

Faculty: Dr Amrendar Kumar, Dr Amit Kerure, Dr Shanshank Bansod, Dr Umesh Bilewar, Dr Aniketh Venkatram, Dr Gaurang Krishna, Dr Anil Garg, Dr Viral Desai, Dr Ajara Sayyad

Learn the tips and tricks of hair transplant from the masters in the trade. A comprehensive workshop dealing with nitty gritty of how to run a successful hair transplantation practice.

- ✧ Setting up a hair restoration practice
- ✧ Patient Counselling in HAIR RESTORATION and when to say NO
- ✧ Role of trichoscopy in preoperative assessment
- ✧ FUE punches and mechanism involved in FUE extraction
- ✧ Anaesthesia in hair transplant
- ✧ FUE vs FUT
- ✧ Recipient site creation and hairline designing (male and female)
- ✧ Implantation techniques
- ✧ HT in advanced baldness
- ✧ HT in scarring alopecia

Q & A Interactive session



Scientific Program

Day 1 - 24th August, Saturday

Time	Topic	Speaker
9.00 - 9.40 am	Controversies in aesthetic dermatology I	
9.00 - 9.10 am	PRP in melasma	Dr Shuken Dashore
9.10 - 9.20 am	Exosomes do they work?	Dr Aseem Sharma
9.20 - 9.30 am	Needle vs cannula – does it matter?	Dr Greg Goodman
9.30 - 9.40 am	The use of lasers in active acne	Dr Michael Gold
9.40 - 10.00 am	Laser failures in clinical practice	
	<i>Keynote address</i> Lasers failures in clinical practice – Lessons learnt	Dr Ganesh Pai
10.00 am - 12.00 Noon	Dermatosurgery - Focus Session	
10.00 - 10.10 am	<i>Video demo</i> Simple and advanced sutures	Dr Anant Kulkarni
10.10 - 10.30 am	<i>Keynote address</i> Nail Surgery – My learnings in nail surgery over the decades	Dr Archana Singal
10.30 - 10.40 am	Oral Mucosal Lesions – How I manage?	Dr Eckart Haneke
10.40 - 10.50 am	Minimally invasive management of Hidradenitis suppurativa	Dr Niti Khunger
10.50 - 11.00 am	Scar revision – How I do it?	Dr Parag Sahasrabudhe
11.00 - 11.10 am	How I manage ingrown toenail	Dr Jiten Kulkarni
11.10 - 11.20 am	How I treat Xanthelasma Palpeabrum	Dr Manas Chatterjee
11.20 am - 12.00 noon	Managing difficult case scenarios in dermatosurgery Moderator: Dr Niti Khunger	Panelist: Dr Vineet Rehlan Dr Yogesh Bhingradia Dr K G Singh Dr T A Salim Dr Manas Chatterjee
12.00 - 12.30 pm	Video Demos	
12.00 - 12.10 pm	Injecting the Temples	Dr Rajat Kandhari
12.10 - 12.20 pm	Treating the forehead with injectables and threads	Dr Doris Hexsel
12.20 - 12.30 pm	Brow lift – How I do it?	Dr L D Dhami
12.30 - 1.30 pm	Focus session – Pigmentation	
12.30 - 12.40 pm	New Topicals in melasma – An update?	Dr Pooja Arora Mrig
12.40 - 12.50 pm	How I use lasers in melasma	Dr Patrick Huang
12.50 - 1.00 pm	Photobiomodulation in melasma	Dr Doris Hexsel



Scientific Program

Day 1 - 24 th August, Saturday		
Time	Topic	Speaker
1.00 - 1.30 pm	Case based scenario on difficult to treat facial melanosis Moderator: Dr Neeraj Pandey	Panelist: Dr Kaushik Lahiri Dr Rajeev Sharma Dr Madhulika Mhatre Dr Shefali Trasi Dr Aneesh S
1.30 - 2.15 pm	Lunch	
2.15 - 2.45 pm	Empowering young minds	
	<i>Keynote address</i> Transformation of the learning landscape – How to empower an inquiring mind in today's education evolution	Dr Sanjana Seth
2.45 - 3.15 pm	Video Demos	
2.45 - 2.55 pm	Cog threads for the mid face and nose	Dr Malavika Kohli
2.55 - 3.05 pm	Liquid rhinoplasty	Dr Vikram Dhingra
3.05 - 3.15 pm	Treading the treacherous tear trough	Dr Ishad Aggarwal
3.15 - 4.15 pm	Botulinum Toxin in dermatology and aesthetic practice	
3.15 - 3.25 pm	Botulinum toxin – how have we evolved / Newer toxins in the aesthetic market	Dr Doris Hexsel
3.25 - 3.35 pm	Botulinum Toxin for Facial Asymmetries	Dr Anthony Bendetto
3.35 - 3.45 pm	Botulinum Toxin in Rosacea	Dr Ediléia Bagatin
3.45 - 4.15 pm	Botulinum Toxin – Case based scenarios and avoiding mishaps Moderator: Dr Rajat Kandhari	Panelist: Dr Anthony Bendetto Dr Greg Goodman Dr Doris Hexsel Dr Gulhima Arora Dr Rakesh Kalra
4.15 - 4.35 pm	Perspectives in skin aging	
	<i>Keynote address</i> Current approach and perspectives in skin aging and control	Dr Ediléia Bagatin
4.35 - 5.05 pm	Controversies in aesthetic dermatology II – The good, the bad and the ugly	
	Controversies in Aesthetic Dermatology – The good, the bad and the ugly Moderator: Dr Sachin Verma	Panelist: Dr Itishree Gupta Dr Neeraj Pandey Dr Jerryl Banait Dr Atul Shah Dr Sumit Gupta
5.05 - 5.55 pm	Pot Pourri	
5.05 - 5.15 pm	Blending of four different wavelengths for painless LHR	Dr Mario Trelles
5.15 - 5.25 pm	Non-surgical Functional rehabilitation for burn scars	Dr T A Salim



Scientific Program

Day 1 - 24th August, Saturday

Time	Topic	Speaker
5.25 - 5.35 pm	Financial planning for aesthetic clinics	Dr L D Dhami
5.35 - 5.45 pm	Procedural dermatology – Principles and practice	Dr Somesh Gupta
5.45 - 5.55 pm	Intravaginal PRP for vaginal rejuvenation	Dr Kedarnath Pandya



Scientific Program

Day 2 - 25 th August, Sunday		
Time	Topic	Speaker
9.00 - 10.00 am	Focus Session - Acne	
9.00 - 9.10 am	Cosmeceuticals in acne - What works and what doesn't?	Dr Atula Gupta
9.10 - 9.20 am	How I combine CO2 laser and Dermabrasion for acne scarring	Dr Ankur Bhatnagar
9.20 - 9.30 am	Combining treatments for best outcomes in acne scarring	Dr Gaurav Nakra
9.30 - 10.00 am	<i>Panel</i> Difficult to treat scenarios in acne? Moderator: Dr Rohit Batra	Panelist: Dr Kashish Kalra Dr Anil Ganjoo Dr Mukesh Girdhar Dr Sanjiv Kandhari Dr Ajita Bagai
10.00 - 10.50 am	Video Demos - Zara Hatke	
10.00 - 10.10 am	Hand rejuvenation	Dr Priti Shukla
10.10 - 10.20 am	Injection lipolysis for love handles and saggy arms	Dr Latika Arya
10.20 - 10.30 am	Ear lobe repair with fillers	Dr Rajetha Damisetty
10.30 - 10.40 am	Injecting the trapezius with neurotoxin	Dr Anthony Bendetto
10.40 - 10.50 am	Buccal Fat Removal	Dr Milan Doshi
10.50 am - 12.50 pm	Lasers and EBD's - From the old to the new	
10.50 - 11.10 am	History of lasers in dermatology	Dr Eckart Haneke
11.10 - 11.20 am	End points in laser	Dr Munish Paul
11.20 - 11.30 am	Low frequency, medium intensity and multifocal treatment for sculpting body areas with fat accumulation	Dr Mario Trelles
11.30 - 11.40 am	Face lifting and contouring with HIFU - New Perspectives	Dr Jas Kohli
11.40 - 11.50 am	Diametrocontraction RF - The new game changer in facial aesthetics	Dr Atul Kathed
11.50 am - 12.00 noon	Cool sculpting - Choosing the right patient for best outcomes	Dr Chiranjiv Chhabra
12.00 - 12.10 pm	Vascular lasers - Use in Indian practice	Dr L D Dhami
12.10 - 12.20 pm	My experience using pico lasers for rejuvenation	Dr Michael Gold
12.20 - 12.50 pm	Difficult case scenarios and combining treatments Moderator: Dr Anurag Tiwari	Gurus: Dr Patrick Huang Dr Michael Gold Dr Kashish Kalra Dr Atul Kathed Dr Munish Paul Dr Sumit Gupta



Scientific Program

Day 2 - 25 th August, Sunday		
Time	Topic	Speaker
12.50 - 1.10 pm	Lessons learnt in chemical peels over the decades	
	<i>Keynote Address</i> Peels in clinical practice - Lessons learnt over the years	Dr Rashmi Sarkar
1.10 - 2.00 pm	Lunch	
2.00 - 3.20 pm	Injectables and Beyond	
2.00 - 2.20 pm	Selecting the proper product for different parts of the face	Dr Anthony Benedetto
2.20 - 2.40 pm	Overfill with fillers – where are we going wrong? / Social Media trends	Dr Rajetha Damisetty
2.40 - 2.50 pm	To aspirate or not to aspirate?	Dr Greg Goodman
2.50 - 3.20 pm	Fillers – What to do when things go wrong? Moderator: Dr Amit Luthra	Panelist: Dr Hema Pant Dr Greg Goodman Dr Anthony Bendetto Dr Doris Hexsel Dr Rajetha Damisetty
3.20 - 4.00 pm	Nitty Grittys of Fat grafting	
3.20 - 3.30 pm	Indications for fat grafting	Dr Shreeja
3.30 - 3.40 pm	Fat for rejuvenation – Types and uses?	Dr Aniketh Venkatraman
3.40 - 3.50 pm	Nano fat grafting – How I do it?	Dr Milan Doshi
3.50 - 4.00 pm	Penile Fat Grafting	Dr Rakesh Kalra
4.00 - 5.00 pm	Hair today, gone tomorrow	
4.00 - 4.10 pm	QR 678 – The new kid on the block	Dr Rajat Kandhari
4.10 - 4.20 pm	Regenerative therapy in hair care management – what works, what doesn't?	Dr V S Rathore
4.20 - 5.00 pm	Hair raising scenarios – Combining therapies for successful outcomes Moderator: Dr Rishi Parashar	Panelist: Dr Indu Ballani Dr Himanshu Gupta Dr V S Rathore Dr Rashmi Sharma Dr Jerry Banait



Program

Master Classes

Fee for
each Course ▶ ₹ 4000

1. Hyperpigmentation - Tips & Tricks in clinical practice Faculty: Dr. Hema Pant

8:00 - 9:00 AM | Saturday 24th August

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

2. Masterclass on Lip Rejuvenation

Faculty: Dr. Malavika Kohli

9:30 - 10:30 AM | Saturday 24th August

Lips and perioral enhancement by hyaluronic gels. Not only lips but perioral filling for ageing lips. Trends and techniques for lip enhancements especially in young females.

3. Masterclass on Nail Surgery

Faculty: Dr. Eckart Haneke, Dr. Chander Grover

3:00 - 4:00 PM | Saturday 24th August

The nail is infact a complex skin appendage, better known as the nail unit. Operating on this small unit requires a thorough understanding of the nail unit anatomy, which is necessary for avoiding postoperative complications and scarring. Nail surgery is an essential skill, needed for both diagnostic and therapeutic procedures. This masterclass will discuss the basics of nail surgery including anesthesia techniques, appropriate instrumentation, preoperative imaging, nail unit incision lines, and postoperative dressing. Additionally, nail unit injection techniques, nail biopsy techniques, nail tumor surgery and ingrown nail management will be demonstrated with step-wise details.

4. How to avoid complications in the Ear lobule repair

Faculty: Dr. Atul Shah

4:30 - 5:30 PM | Saturday 24th August

Wide ear lobule holes need closure, where many alternatives are available. Discussion will be based on sparing of intact rim and on bringing a small flap to create new tear resistant hole for ornaments. Learn various tips to avoid complications.

5. My learning in Hyperandrogenic disorders

Faculty: Dr. Sanjiv Kandhari

8:00 - 9:00 AM | Sunday 25th August

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

6. Radiofrequency – Tips & Tricks in practice

Faculty: Dr. Somesh Gupta

9:30 - 10:30 AM | Sunday 25th August

Radiofrequency ablation is a versatile dermatosurgical procedure for various types of skin lesions. Learn about major modalities in radio frequency eg electrosection, electrocoagulation, electrodesiccation and fulguration for their respective dermatological indications. Besides a comprehensive assessment, choice of anaesthesia and consideration of all the factors affecting the efficacy of radio frequency and complication management.

7. Masterclass on Dermoscopy

Faculty: Dr. Manas Chatterjee

11:00 AM - 12:00 PM | Sunday 25th August

Dermoscopy (also called dermatoscopy), is an essential tool for dermatologists, plastic surgeons, general practitioners and other health professionals. Dermoscopy is the newest kid on the block. Several clinical and aesthetic skin conditions can be diagnosed and their treatment followed up for efficacy. Dermoscopy may obviate the need for biopsy in several hair and nail disorders.



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Dr. Vivek Kumar

Organizing Secretary

Consultant Plastic & Cosmetic Surgeon

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Postal Address
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Please select your specialty: ☐ Dermatology ☐ Plastic Surgery

Please attach a copy of your degree or letter from HOD if PG.

Registration Fee: (Early bird till 31st July 2024)

Conference Registration Fees : ₹ 7000

Pre Conference workshop (Each Workshop): ₹ 7000 Master Classes (Each Session) : ₹ 4000

Registration Fees: (After 31st July 2024)

Conference Registration Fees : ₹ 9000

Pre Conference workshop (Each Workshop): ₹ 7000 Master Classes (Each Session) : ₹ 4000

Pre-Conference Parallel Workshops - (Each ₹ 7000)

Please tick only one workshop

- | | | |
|---|---|--|
| <input type="checkbox"/> Workshop on Lasers | <input type="checkbox"/> Workshop on Injectable Basic | <input type="checkbox"/> Workshop on Injectable Advanced |
| <input type="checkbox"/> Workshop on Vitiligo | <input type="checkbox"/> Workshop on Microblading and Scalp Micropigmentation | <input type="checkbox"/> Workshop on Scar management - A holistic approach |

Pre-Conference Parallel Workshops - (Each ₹ 7000)

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|--|---|--|
| <input type="checkbox"/> Workshop on PRP and Regenerative Medicine | <input type="checkbox"/> Workshop on Threads | <input type="checkbox"/> Workshop on Chemical Peel |
| <input type="checkbox"/> Workshop on Non-Surgical Body Contouring | <input type="checkbox"/> Workshop on Acne Scars | <input type="checkbox"/> Workshop on Hair Transplant |

Master Classes - (Each Session ₹ 4000)

- | | | |
|---|---|---|
| <input type="checkbox"/> Hyperpigmentation - Tips & Tricks in clinical practice | <input type="checkbox"/> Radiofrequency - Tips & Tricks in practice | <input type="checkbox"/> How to avoid complication in the Ear lobule repair |
| <input type="checkbox"/> Masterclass on Lip Rejuvenation | <input type="checkbox"/> Masterclass on Dermoscopy | <input type="checkbox"/> My learning in Hyperandrogenic disorders |
| <input type="checkbox"/> Masterclass on Nail Surgery | | |

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In favour of “SIR GANGA RAM HOSPITAL” payable at New Delhi.

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Please Send your Registration Form and DD/Cheque to the Conference Secretariat.

Ms Sarita

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Online Registration Form

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