

Scientific Program – AESTHETICS 2018

DAY 1

August 18, 2018

9.00am – 11.00am: Nail Disorders and Their Management

- How I manage- Trachyonychia - Dr. Shikha Bansal
- How I manage- Superficial Nail abnormalities - Dr. Soni Nanda
- How I manage- Chronic paronychia - Dr. Vineet Relhan
- How I manage- Onychomycosis - Dr. Avner Shemer
- How I manage- Ingrown Nail - Dr. Eckart Haneke
- How I manage- Periungual Warts - Dr. Archana Singal
- How I manage- Nail Tumors - Dr. Chander Grover
- **Panel Discussion** - A deformed Nail- Problem based approach
- **Moderator**- Deepak Jakhar
- **Panelists**- All speakers

11.00am – 1.00 pm: Lessons From The Masters (Part- I)

- The simple is best - How aesthetic dermatology has changed in recent years - Dr. Hana Zelenkova
- Botulinum toxin: What can go wrong and how to avoid it - Prof. Marc Heckmann
- Consent in Laser and other dermato surgery procedures - Dr. Atul Shah
- Carboxytherapy in aesthetic dermatology - Dr. Hana Zelenkova
- Successful Rejuvenation of Dark Skin Photo-types with the Er:YAG Laser and Spatially Modulated Ablation Technology - Prof. Mario A. Trelles
- Advanced chemical peels in dark skin and body peels - Dr. Manas Chatterjee
- Anti-ageing: Modern methods in daily dermatological practice - Dr. Igor Bartenjev
- What is not taught in medical colleges - Dr. Surjit Bhattacharya

1.00pm – 2.00 pm: Lunch

2.00pm – 4.00 pm: Facial and Body Contouring

- 3 DEEP technology for facial and body contouring - Dr. Swati Mutha
- Facial and body tightening with HIFU: - Dr. Padmavathi
- Injection Lipolysis; Merits and Demerits - Dr. Gulhima Arora
- Cryolipolysis :lesions learnt - Dr. Malavika Kohli
- Strategic management of a successful body and face contouring practice: My Formula - Dr. Chiranjiv Chhabra
- Body shaping with threads - Dr. Hema Pant
- **Panel discussion :**
- **Moderator :Dr Malavika Kohli**

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4.00pm – 6.00pm: Lessons From The Masters (Part-II)

- Fast and effective skin depigmenting treatment for melasma and hyperpigmented lesions in dark skin photo-types - Dr. Eduardo Krulig
- Classic versus day-light photodynamic therapy for prevention and treatment of sun-damaged skin - Prof. Marc Heckmann
- Managing ice pick acne scars – challenges and solutions - Dr. Niti Khunger
- Optimization of nanomollecullar formula when applied with laser transepidermization for pigmentary disorders - Prof. Mario A. Trelles
- Skin Hyperpigmentation in the genital area - Dr. Eduardo Krulig
- Transconjunctival blepharoplasty - Dr. Manas Chatterjee
- Lower blepharoplasty & tear trough : Anatomical basis and Treatments - Dr. Philippe Garcia
- Lasers in nail disorders - Prof. Avner Shemer

6.00pm - Onwards - Banquet

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DAY 2

19th August 2018

9.00 am – 10.30 am: Male Aesthetics

- Anatomical consideration in the male face - Dr. Kuldeep Singh
- Aesthetic evaluation in male - Dr. Sachin Dhawan
- Enhancement and Rejuvenation with Injectables - Dr. Malavika Kohli
- Neck rejuvenation and jaw line definition - Dr. Soma Sarkar
- **Panel Discussion**
- **Moderator: Dr Malavika Kohli**

10.30am – 12.00 pm: Lessons From The Masters (Part-III)

- Genital female rejuvenation: External female genital anatomy, Nymphoplasty and Labia majora filling - Dr. Philippe Garcia
- Scalp blocks for hair transplantation - Dr. Jayashree Sood
- Trans-epidermization of drugs with the aid of RF and Ultrasounds can notably improve scar tissue - Prof. Mario A. Trelles
- PRP and Platelet rich fibrin - PRF in healing - Dr. Atul Shah
- Early detection of basal cell carcinoma by OCT (optical coherence tomography) - Prof. Marc Heckmann
- What's new in conventional cutaneous surgery - Dr. Somesh Gupta

12.00pm – 1.30pm: Lessons From The Masters (Part-IV)

- Rhinoplasty : Medical or surgical choice - Dr. Philippe Garcia
- My tips for the students - Prof. A.K.Singh
- Fat fillers for autoimmune connective tissue disorders - Dr. Manas Chatterjee
- Surgical treatment methods for external genital warts - Dr. Igor Bartenjev
- Stromal Vascular Fraction as adjuvant in fat grafting, Face rejuvenation and dermatology - Dr. Atul Shah
- Surgical and non surgical management of scars and keloids - Dr. Somesh Gupta

1.30 pm – 2.00 pm: Lunch

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2.00pm – 3.30pm Lessons From The Masters (Part-V)

- Physical treatment options in dermatology - Dr. Igor Bartenjev
- Buttock reshaping: Anatomical basis and Lipo filling - Dr. Philippe Garcia
- Facial reconstruction after Mohs micrographic surgery - Prof. Eckart Haneke
- H.A or Lipofilling - Which choice to improve face & hand - Dr. Philippe Garcia
- Surgery in acne scars - Prof. Eckart Haneke
- Botulinum toxin: fine tuning the dose for optimal results - Prof. Marc Heckmann
- Fillers complications : How to anticipate and treat - Dr. Vijay Kakkar

3.30 pm – 5.00 pm What Patients Really Want: Tackling Tricky Questions in Aesthetic Practice

- How much hair will go with lasers, is it permanent.
- How much skin lightening to be expected and how long does it last.
- Acne scars: Will the skin be perfectly smooth after treatment.
- How long will my fillers last.
- How long does the effects of medifacial vs photofacial lasts.
- How much peeling will happen post peels of deep peels

Moderator – Dr. Rajat Kandhari