AESTHETICS 2017
18th to 20th August 2017
INDIA HABITAT CENTRE
Lodhi Road New Delhi

Scientific Programme

Learning From Each Other

For Abstracts Submission, Please Visit
www.aestheticsdelhi.com

CME accreditation applied to Delhi Medical Council
Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you on 18th to 20th August 2017 at India Habitat Centre, New Delhi for AESTHETICS 2017, a unique combination of two specialties coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many new hands on workshops & master classes to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards

Dr. Hema Pant
Dermatologist
Scientific Secretary

Dr. Rakesh Kalra
Plastic Surgeon
Chairperson
Scientific Committee

Dr. Anil Ganjoo
Dermatologist
Chairperson
Scientific Committee

Dr. Vivek Kumar
Plastic Surgeon
Organizing Secretary
Invited International Faculty

Prof. Amit Pandya
Dermatologist
University of Texas Southwestern Medical Center
Texas, United States

Dr. Malcolm D. Paul
Past President
American Society for Aesthetic Plastic Surgery
United States

Dr. Constantinos Demetriou
Dermatologist
President of Cyprus Society of Dermatology
Cyprus

Dr. Martin Kassir
Director, Worldwide Laser Institute
Texas
United States

Dr. Paola Rosalba Russo
Vice-President
Italian Society of Aesthetic Medicine & Surgery
Florence, Italy

Prof. Pietro Gentile
Chief of Plastic Surgery
Catholic University Tirana
Albania

Dr. Doris Maria Hexsel
Principal Investigator,
Brazilian Center for Research in Dermatology
Brazil

Prof. Desmond John Tobin
Director, Centre for Skin Sciences
University of Bradford
UK

Dr. Sanjeev V Mulekar
Director
Mulekar Vitiligo Clinic
London, UK

Dr. Johannes F Dayrit
Dermatologist
Philippines

Dr. Eckart Haneke
Dept of Dermatology,
University of Bern
Bern
Switzerland

Dr. Sahar Foad Ghannam
Executive Director
International Peeling Society
Canada

Dr. Fernando Miguel Aznar Mañas
President
Spanish Society of Aesthetic Regenerative Functional Gynecology
Spain

Prof. Pietro Gentile
Chief of Plastic Surgery
Catholic University Tirana
Albania

Dr. Sanjeev V Mulekar
Director
Mulekar Vitiligo Clinic
London, UK

Dr. Johannes F Dayrit
Dermatologist
Philippines
LEARNING FROM EACH OTHER

AESTHETICS-2010, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. Such an endeavor was organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient’s need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

AESTHETICS 2010 was attended by more than 400 delegates and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to AESTHETICS 2011, 2012, 2013, 2014, 2015 and 2016 with leading International and National faculties and were attended by more than 700 delegates each year from 15 countries. An exciting academic activity is being planned for AESTHETICS 2017 with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make AESTHETICS 2017 more informative and interactive.

CONFERENCE HIGHLIGHTS

- Interface between Dermatologists and Plastic Surgeons
- Hands on workshops and Master classes to learn from the world leaders
- Evaluation of newer trends in Acne Scar and Aesthetic Practice
- Hot Topics like Vitiligo Surgery, Hyperpigmentation, Nail Aesthetics, Blepharoplasty, Invisible Face Lifting, Latest in Chemical Peeling, Lasers, Cosmetic Gynaecology
Pre Conference Parallel Workshops
(Please choose only two workshops)

Date: 18th August 2017  Time: 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

Course Fee for each Workshop Rs.5000/-

1. Workshop on Vitiligo Surgery
   Faculty: Prof. Amit Pandya, Dr. Atul Shah, Dr. Sanjeev Mulekar, Dr. Somesh Gupta
   - The Vitiligo Surgery Workshop intends to discuss patient selection, available methods and their procedural details and effectiveness studies on surgical management of vitiligo. The current focus is on cell-based therapies with mainstay of surgical treatment being “non-cultured epidermal cell suspension” transplantation. Over the years the method of non-cultured epidermal cell suspension has been simplified and now it is being done as an OPD procedure with no laboratory support. Globally renowned experts will be discussing on this. The workshop speakers are expected to encourage interactive session. The workshop will include both lectures and video.

2. Workshop on Acne Scar Management
   Faculty: Dr. Constantinos Demetriou, Dr. Niti Khunger
   - Introduction and basic terminology
   - Tackling atrophic scars by combination treatments
   - How best to treat hypertrophic scars
   - Live demos, Videos and hands-on workshop
   - Subcision
   - CROSS technique
   - Microneedling
   - Punch elevation techniques
   - Lasers - fractional, ablative, nonablative
   - Tips and tricks from the masters
   - Q & A Interactive session

3. Workshop on PRP - New Horizons from Hair to Healing
   Faculty: Prof Pietro Gentile, Dr. Hema Pant
   A comprehensive workshop with modified protocols of processing and injecting PRP in androgenetic alopecia, hair thinning, female hair loss & scalp rejuvenation to optimise the results. Facial rejuvenation, combination techniques with fat and lot more newer indications to learn with practical demonstrations of techniques.

4. Workshop on Invisible Face Lifting
   Faculty: Dr. Paola Rosalba Russo
   - Analyzing The Aging Face
   - What-Where-When-How To Combine
   - Nerve Blocks
   - Technique Of Jowl & Neck Lifting
   - Thread Lifting & Volumizing Naturally
   - Interaction With The Faculty
   - An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to weave thread lifting into your practice.
Program

5 Video Workshop on Cosmetic Gynaecology
Faculty: Dr. Fernando Miguel Aznar Mañas, Dr. Rakesh Kalra

- This unique video workshop will cover in detail Intimate antiaging and vulvar & vaginal rejuvenation including newer techniques and innovative procedures like O-SHOT technique (PRP in the erogenous zones of the genitals to improve sexual dysfunction), various lasers, non invasive radiofrequency labioplasty & vulvar rejuvenation with LED to improve female genital aesthetics and sexual health of women.

6 Workshop on Basic Injections Techniques
Faculty: Dr. Fundarò Piero

- A basic guidelines for injecting botulinum toxin and hyaluronic fillers.
- Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.

7 Workshop on Advanced Indications of Fillers
Faculty: Dr. Doris Maria Hexsel, Dr. Malavika Kohli

- Holistic Approach to full-face and altering contours by fillers from beautiful jaw line to midface and periorbital region.

8 Workshop on Lasers
Faculty: Dr. Martin Kassir, Dr. Anil Ganjoo, Dr. Vivek Mehta

- Overview of laser physics and application
- What to buy and how to use?
- Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser
- Patient selection and preparation
- Questions and answers panel

9 Workshop on Chemical Peel
Faculty: Dr. Sahar Foad Ghannam, Dr. Rahul Pillai, Dr. Shilpa Garg

- The Value of Peels in Aesthetic Practice
- Next Generation Peels
- A, B, C of Peeling Technique
- Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls
- Live Demonstrations and Hands on Training in Chemical Peels
Scientific Program

DAY 1

9.00am – 10.30am What’s New in Dermatosurgery

1) What’s new in Keloid Management - Dr. Somesh Gupta
2) Ear Lobule repair - Dr. Manas Chatterjee
3) Non vitiligo indications of MKTP. - Dr. Sanjeev Mulekar
4) What’s new in Scar Management - Prof. A K Singh
5) Vitiligo - What is new? - Dr. Sanjeev Mulekar

Take home message - Dr. Somesh Gupta

10.30am – 12.00 pm: Lessons from the Masters (Part- I)

1) How To Differentiate Your Aesthetic Clinic Brand From Your Competition - Dr. Wendy Lewis
2) Botulinum toxin new aesthetic treatment tendencies from upper face to lower face, from deep to superficial injections. - Dr. Fundaro Piero
3) Ageing of the nails - Dr. Eckart Haneke
4) Rejuvenation of the neck - Dr. Paola Rosalba Russo
5) Sun blocks / screens what everyone should know - Dr. Sahar Foad Ghannam
6) What’s new in Local Anaesthesia - Dr. Jayashree Sood
7) Newer trends in laser tattoo removal - Dr. Niti Khunger

12.00 am – 1.00 pm

Inauguration & P G Quiz

1.00 pm – 2.00 pm

Lunch
### DAY 1

#### 2.00 pm – 3.30 pm: Lessons from the Masters (Part-II)

1. What's new in bidirectional threads?  
   - Dr. Paola Rosalba Russo
2. Alopecia areata – an update  
   - Dr. Desmond JohnTobin
3. Q Switched Laser rejuvenation  
   - Dr. Constantinos Demetriou
4. Options in Brow Lifting  
   - Dr. Malcolm Paul
5. Micro needling – what's new  
   - Dr. Martin Kassir
6. Cellulite Update  
   - Dr. Doris Maria Hexsel

#### 3.30 pm – 4.30 pm: What's new in Cosmeceuticals

1. Onychocosmeceuticals  
   - Dr. Eckart Haneke
2. Cosmeceuticals for Pigmentation  
   - Dr. Rajat Kandhari
3. Cosmetics or cosmeceuticals for antiageing - what is fact, what is fiction  
   - Dr. Eckart Haneke
4. Cosmeceuticals for hairs  
   - Dr. Rishi Parashar

**Take home message – Dr. Rajat Kandhari**

#### 4.30 pm – 6.00 pm: Lessons from the Masters (Part-III)

1. Social Media From Facebook to Snapchat  
   - Dr. Wendy Lewis
2. Anatomical bases of face rejuvenation with fillers: the “Anatomologic Approach”.  
   - Dr. Fundaro Piero
   - Dr. Navneet Magon
4. 360º VULVO -Vaginal Radiofrequency: A New Genital Rejuvenation Method  
   - Dr. Fernando Miguel Aznar Anas
5. Standardization of parameters and USG monitoring of HIFU for subcutaneous fat reduction.  
   - Dr. Vivek Mehta
6. My Journey so far  
   - Dr. Malcom Paul

#### 6.00 pm – Onwards

**Cultural Evening & Banquet**
## Scientific Program

### DAY 2

**20th August 2017**

### 9.00 am – 10.30 am: What’s new in HAIR

1. Regulation of human hair pigmentation  
   - Dr. Desmond John Tobin
2. What’s latest in hair transplantation  
   - Dr. Kapil Dua
3. The effect of PRP in Male Pattern Hair Loss  
   - Dr. Pietro Gentile
4. Aging Scalp and Hair Follicles  
   - Dr. Desmond John Tobin
5. Emerging therapies in hair restoration  
   - Dr. Aman Dua
6. Stem Cells from Human Hair Follicles for Hair Growth  
   - Dr. Pietro Gentile

**Take Home Message – Dr. Kapil Dua**

### 10.30 am – 12.00 pm: Lessons from the Masters (Part-IV)

1. Botulinum toxin in the lower face  
   - Dr. Doris Maria Hexsel
2. Nose reshaping with fillers  
   - Dr. Fundaro Piero
3. Histopathology of filler adverse effects  
   - Dr. Eckart Haneke
4. Managing the Aging Neck Based Upon the Clinical Anatomy  
   - Dr. Malcolm Paul
5. Practical applications of dermoscopy in dermatologic surgery  
   - Dr. Johannes F Dayrit
6. Management of complex scar  
   - Dr. S.S. Saha
7. O SHOT. A new technique for sexual disfunction  
   - Dr. Fernando Miguel Aznar Anas

### 12.00 pm – 1.30 pm: Lessons from the Master (Part V)

1. Combination of absorbable suspension threads and botulinum toxin  
   - Dr. Fundaro Piero
2. Cosmetics or ` for antiageing - what is fact, what is fiction  
   - Dr. Eckart Haneke
3. What’s latest in rhinoplasty  
   - Dr. Jiten Kulkarni
4. The clinical Use of Fat grafting enriched with Stromal Vascular Fraction and Platelet-Rich Plasma in Soft tissue defects of the face  
   - Dr. Pietro Gentile
5. New uses of botulinum toxins  
   - Dr. Doris Maria Hexsel
6. How to treat Onychomycosis with a Laser  
   - Dr. Constantinos Demetriou
DAY 2

1.30 pm – 2.00 pm

Lunch

2.00 pm – 5.00 pm What’s new in Pigmentation

1) Assessment of Facial pigmentation - Dr. Manas Chatterjee
2) Pathogenesis and differential diagnosis of melasma - Dr. Amit Pandya
3) Dark Lips – what to do - Dr. Malavika Kohli
4) Best practices on the use of the Q-switched Nd-YAG on facial hyperpigmentation on Asian skin - Dr. Johannes F Dayrit
5) Why I do not treat Melasma with Lasers - Dr. Sahar Foad Ghannam
6) Medical management of Melasma - Dr. Amit Pandya
7) Body Pigmentation – Best approach - Dr. Malavika Kohli
8) Oral treatment for Pigmentation - Dr. Rashmi Sarkar
9) What’s latest in Melasma on Asian skin - Dr. Johannes F Dayrit
10) Micro needling for pigmentation - Dr. Martin Kassir
11) Newer application of pigmented lasers - Dr. Anil Ganjoo
12) Panel Discussion

13) Take home message - Dr. Malavika Kohli
# Program

**Hands on & Master Classes**  
(Same Classes will be Repeated on Both the Days)

<table>
<thead>
<tr>
<th>No.</th>
<th>Course Outline</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>1</td>
<td>Tips and Tricks on the Management of Hyper pigmentation</td>
<td>Prof. Desmond John Tobin, Dr. Hema Pant</td>
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<tr>
<td>2</td>
<td>Tips on Management of Hyperandrogenism</td>
<td>Dr. Sanjiv Kandhari</td>
</tr>
<tr>
<td>3</td>
<td>Tips and Tricks in Nail Aesthetics</td>
<td>Prof. Eckart Haneke</td>
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<tr>
<td>4</td>
<td>Tips on Blepharoplasty</td>
<td>Dr. Malcolm D. Paul</td>
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<tr>
<td>5</td>
<td>Hands on Certificate Course on Suturing</td>
<td>Dr. Anant Kulkarni</td>
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<tr>
<td>6</td>
<td>Tips and Tricks in Aesthetic Practice Marketing</td>
<td>Dr. Wendy Lewis</td>
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<tr>
<td>7</td>
<td>Tips on Facial Anatomy and its clinical application</td>
<td>Dr. Malavika Kohli</td>
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**Date:** 19th & 20th August 2017

**Fee for each Course:** Rs.3000/-
# Organising Committee

## Patrons in Chief
- Dr. D. S. Rana
- Dr. R. B. Ahuja
- Prof. A. K. Singh
- Dr. Yogesh Marfatia

## Patrons
- Dr. Ajay Swaroop
- Col. Manas Chatterjee
- Dr. Karoon Agrawal

## Organizing President
- Dr. S. Kandhari

## Organizing Secretary
- Dr. Vivek Kumar

## Scientific Secretary
- Dr. Hema Pant

## Chairpersons, Workshops
- Dr. Rishi Parashar
- Dr. Vandana Chatrath

## Chairperson Scientific Committee
- Dr. Anil Ganjoo
- Dr. Rakesh Kalra

## Co-Chairperson Scientific Committee
- Dr. Malavika Kohli
- Dr. Vasundhara Oberoi

## Coordinator, Scientific Committee
- Dr. Vivek Mehta

## Treasurer
- Dr. Lalit Choudhary
- Dr. Anurag Pandey

## Coordinator, Workshops
- Dr. Rajat Kandhari

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- Dr. Lalit Makhija
- Dr. Lokesh Kumar
- Dr. Niti Khunger
- Dr. Ajay Swaroop
- Col. Manas Chatterjee
- Dr. Karoon Agrawal

## Conference Secretariat

**Dr. Vivek Kumar**  
Organising Secretary  
Consultant Plastic Surgeon  
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