

# Program

## Pre Conference Parallel Workshops (Please choose only two workshops)

Course Fee for  
each Workshop

**Rs.5000/-**

**Date :** 18th August 2017/ **Time :** 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

### 1 Workshop on Vitiligo Surgery

**Faculty:** Prof. Amit Pandya, Dr. Atul Shah, Dr. Sanjeev Mulekar, Dr. Somesh Gupta

- The Vitiligo Surgery Workshop intends to discuss patient selection, available methods and their procedural details and effectiveness studies on surgical management of vitiligo. The current focus is on cell-based therapies with mainstay of surgical treatment being "non-cultured epidermal cell suspension" transplantation. Over the years the method of non-cultured epidermal cell suspension has been simplified and now it is being done as an OPD procedure with no laboratory support. Globally renowned experts will be discussing on this. The workshop speakers are expected to encourage interactive session. The workshop will include both lectures and video.

### 2 Workshop on Acne Scar Management

**Faculty:** Dr. Constantinos Demetriou, Dr. Niti Khunger

- |   |  |
|---|--|
| • Introduction and basic terminology                | • Microneedling                              |
| • Tackling atrophic scars by combination treatments | • Punch elevation techniques                 |
| • How best to treat hypertrophic scars              | • Lasers - fractional, ablative, nonablative |
| • Live demos, Videos and hands-on workshop          | • Tips and tricks from the masters           |
| • Subcision   | • Q & A Interactive session                  |
| • CROSS technique                                   |  |

### 3 Workshop on PRP - New Horizons from Hair to Healing

**Faculty:** Prof Pietro Gentile, Dr.Hema Pant

A comprehensive workshop with modified protocols of processing and injecting PRP in androgenetic alopecia, hair thinning, female hair loss & scalp rejuvenation to optimise the results. Facial rejuvenation, combination techniques with fat and lot more newer indications to learn with practical demonstrations of techniques.

### 4 Workshop on Invisible Face Lifting

**Faculty:** Dr. Paola Rosalba Russo

An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to weave thread lifting into your practice.

- |                                  |   |
|----------------------------------|---|
| • Analyzing The Aging Face       | • Technique Of Jowl & Neck Lifting      |
| • What-Where-When-How To Combine | • Thread Lifting & Volumizing Naturally |
| • Nerve Blocks                   | • Interaction With The Faculty          |

# Program

## 5 Video Workshop on Cosmetic Gynaecology

**Faculty:** **Dr. Fernando Miguel Aznar Mañas, Dr. Rakesh Kalra**

- *This unique video workshop will cover in detail Intimate antiaging and vulvar & vaginal rejuvenation including newer techniques and innovative procedures like O-SHOT technique (PRP in the erogenous zones of the genitals to improve sexual dysfunction), various lasers, non invasive radiofrequency labioplasty & vulvar rejuvenation with LED to improve female genital aesthetics and sexual health of women.*

## 6 Workshop on Basic Injections Techniques

**Faculty:** **Dr. Fundarò Piero**

- *A basic guidelines for injecting botulinum toxin and hyaluronic fillers.*
- *Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.*

## 7 Workshop on Advanced Indications of Fillers

**Faculty:** **Dr. Doris Maria Hexsel, Dr. Malavika Kohli**

- *Holistic Approach to full-face and altering contours by fillers from beautiful jaw line to midface and periorbital region.*

## 8 Workshop on Lasers

**Faculty:** **Dr. Martin Kassir, Dr. Anil Ganjoo, Dr. Vivek Mehta**

- *Overview of laser physics and application*
- *Patient selection and preparation*
- *What to buy and how to use?*
- *Questions and answers panel*
- *Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser*

## 9 Workshop on Chemical Peel

**Faculty:** **Dr. Sahar Foad Ghannam, Dr. Rahul Pillai, Dr. Shilpa Garg**

- *The Value of Peels in Aesthetic Practice*
- *Types of Peels and their Indications*
- *Next Generation Peels*
- *Non Facial Peels*
- *A, B, C of Peeling Technique*
- *Patient Selection and Preparation*
- *Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls*
- *Live Demonstrations and Hands on Training in Chemical Peels*

## DAY 1

### 9.00am – 10.30am What's New in Dermatosurgery

- |   |                        |
|---|------------------------|
| 1) What's new in Keloid Management                  | - Dr. Somesh Gupta     |
| 2) Ear Lobule repair                                | - Dr. Manas Chatterjee |
| 3) Non vitiligo indications of MKTP.                | - Dr. Sanjeev Mulekar  |
| 4) What's new in Scar Management                    | - Prof. A K Singh      |
| 5) Vitiligo - What is new?                          | - Dr. Sanjeev Mulekar  |
| 6) 'Guidelines for Evaluation of Aesthetic Lasers'. | - Dr. J.S Kohli        |

**Take home message - Dr. Somesh Gupta**

### 10.30am – 12.00 pm: Lessons from the Masters (Part- I)

- |   |                           |
|---|---------------------------|
| 1) How To Differentiate Your Aesthetic Clinic Brand From Your Competition   | - Dr. Wendy Lewis         |
| 2) Botulinum toxin new aesthetic treatment tendencies from upper face to lower face, from deep to superficial injections. | - Dr. Fundaro Piero       |
| 3) Ageing of the nails  | - Dr. Eckart Haneke       |
| 4) Rejuvenation of the neck   | - Dr. Paola Rosalba Russo |
| 5) Sun blocks / screens what everyone should know   | - Dr. Sahar Foad Ghannam  |
| 6) What's new in Local Anaesthesia  | - Dr. Jayashree Sood      |
| 7) Newer trends in laser tattoo removal   | - Dr.Niti Khunger         |

### 12.00 am – 1.00 pm

## Inauguration & P G Quiz

### 1.00 pm – 2.00 pm

## Lunch



## DAY 1

### 2.00 pm – 3.30 pm : Lessons from the Masters (Part-II)

- |   |                              |
|---|------------------------------|
| 1) What's new in bidirectional threads? | - Dr. Paola Rosalba Russo    |
| 2) Alopecia areata – an update          | - Dr. Desmond JohnTobin      |
| 3) Q Switched Laser rejuvenation        | - Dr. Constantinos Demetriou |
| 4) Options in Brow Lifting              | - Dr. Malcolm Paul           |
| 5) Micro needling – what's new          | - Dr. Martin Kassir          |
| 6) Cellulite Update                     | - Dr. Doris Maria Hexsel     |

### 3.30 pm – 4.30 pm : What's new in Cosmeceuticals

- |  |                      |
|--|----------------------|
| 1) Onychocosmeceuticals  | - Dr. Eckart Haneke  |
| 2) Cosmeceuticals for Pigmentation   | - Dr. Rajat Kandhari |
| 3) Cosmetics or cosmeceuticals for antiageing -<br>what is fact, what is fiction | - Dr. Eckart Haneke  |
| 4) Cosmeceuticals for hairs  | - Dr. Rishi Parashar |

**Take home message – Dr.Rajat Kandhari**

### 4.30 pm – 6.00 pm : Lessons from the Masters (Part-III)

- |  |                                  |
|--|----------------------------------|
| 1) Social Media From Facebook to Snapchat  | - Dr. Wendy Lewis                |
| 2) Anatomical bases of face rejuvenation with fillers:<br>the "Anatomologic Approach".         | - Dr. Fundaro Piero              |
| 3) Surgical Vaginal Rejuvenation: The Gold Standard of<br>Vaginal Rejuvenation                 | - Dr. Navneet Magon              |
| 4) 360° VULVO -Vaginal Radiofrequency:<br>A New Genital Rejuvenation Method                    | - Dr. Fernando Miguel Aznar Anas |
| 5) Standardization of parameters and USG monitoring<br>of HIFU for subcutaneous fat reduction. | - Dr. Vivek Mehta                |
| 6) My Journey so far   | - Dr. Malcom Paul                |

### 6.00 pm – Onwards

**Cultural Evening & Banquet**

## DAY 2

### 9.00 am – 10.30 am : What's new in HAIR

1) Regulation of human hair pigmentation	- Dr. Desmond John Tobin
2) What's latest in hair transplantation	- Dr. Kapil Dua
3) The effect of PRP in Male Pattern Hair Loss	- Dr. Pietro Gentile
4) Aging Scalp and Hair Follicles	- Dr. Desmond John Tobin
5) Emerging therapies in hair restoration	- Dr. Aman Dua
6) Stem Cells from Human Hair Follicles for Hair Growth	- Dr. Pietro Gentile

**Take Home Message – Dr. Kapil Dua**

### 10.30 am – 12.00 pm : Lessons from the Masters (Part-IV)

1) Botulinum toxin in the lower face	- Dr. Doris Maria Hexsel
2) Nose reshaping with fillers	- Dr. Fundaro Piero
3) Histopathology of filler adverse effects	- Dr. Eckart Haneke
4) Managing the Aging Neck Based Upon the Clinical Anatomy	- Dr. Malcolm Paul
5) Practical applications of dermoscopy in dermatologic surgery	- Dr. Johannes F Dayrit
6) Management of complex scar	- Dr. S.S.Saha
7) O SHOT. A new technique for sexual dysfunction	- Dr. Fernando Miguel Aznar Anas

### 12.00 pm – 1.30 pm : Lessons from the Master (Part V)

1) Combination of absorbable suspension threads and botulinum toxin	- Dr. Fundaro Piero
2) Cosmetics or ` for antiageing - what is fact, what is fiction	- Dr. Eckart Haneke
3) What's latest in rhinoplasty	- Dr. Jiten Kulkarni
4) The clinical Use of Fat grafting enriched with Stromal Vascular Fraction and Platelet-Rich Plasma in Soft tissue defects of the face	- Dr. Pietro Gentile
5) New uses of botulinum toxins	- Dr. Doris Maria Hexsel
6) How to treat Onychomycosis with a Laser	- Dr. Constantinos Demetriou

## DAY 2

1.30 pm – 2.00 pm

### Lunch

### 2.00 pm – 5.00 pm What's new in Pigmentation

- |   |                          |
|---|--------------------------|
| 1) Assessment of Facial pigmentation  | - Dr. Manas Chatterjee   |
| 2) Pathogenesis and differential diagnosis of melasma   | - Dr. Amit Pandya        |
| 3) Dark Lips – what to do   | - Dr. Malavika Kohli     |
| 4) Best practices on the use of the Q-switched Nd-YAG on facial hyperpigmentation on Asian skin | - Dr. Johannes F Dayrit  |
| 5) Why I do not treat Melasma with Lasers   | - Dr. Sahar Foad Ghannam |
| 6) Medical management of Melasma  | - Dr. Amit Pandya        |
| 7) Body Pigmentation – Best approach  | - Dr. Malavika Kohli     |
| 8) Oral treatment for Pigmentation  | - Dr. Rashmi Sarkar      |
| 9) What's latest in Melasma on Asian skin   | - Dr. Johannes F Dayrit  |
| 10) Micro needling for pigmentation   | - Dr. Martin Kassir      |
| 11) Newer application of pigmented lasers   | -Dr. Anil Ganjoo         |
| 12) Panel Discussion  |                          |
| 13) Take home message   | - Dr. Malavika Kohli     |



# Program

Date : 19th & 20th August 2017

## Master Classes

(Same Classes will be Repeated on Both the Days)

Fee for each  
Course

**Rs.3000/-**

### **1 Tips and Tricks On The Management Female Hair Loss** Faculty: Prof. Antonella Tosti

Venue : Magnolia

August 20, 2017, 2.00pm - 3.00 pm | August 21, 2017, 9.00am - 10.00 am

#### Course Outline

Female hair loss – Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of female hair loss. Learn to combine various therapies to achieve maximum results.

### **2 Tips on Management of Hyperandrogenism** Faculty: Dr. Sanjiv Kandhari

Venue : Magnolia

August 21, 2017, 10.00 am - 11.00 am

#### Course Outline

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts

### **3 Tips and Tricks for the Best Result In The PRP** Faculty: Dr. Hema Pant

Venue : Magnolia

August 20, 2017, 3.00pm - 4.00 pm | August 21, 2017, 11.00 am - 12.00 pm

#### Course Outline

Inventor of vampire facelift Dr. Charles Runnels shared his experience and techniques of PRP in AESTHETICS last year. We picked-up the tips and enhanced our skills, so this master class is a joint venture of his tips and our experience for the best results in PRP

### **4 Tips on Fat Transfer** Faculty: Dr. Milind Wagh

Venue : Magnolia

August 20, 2017, 4.00 pm- 5.00 pm | August 21, 2017, 12.00 – 1.00 pm

#### Course Outline

Fat is considered as an unreliable filler. Learn how to harvest, process and inject, so the results are permanent

### **5 Hands on Certificate Course on Suturing** Faculty: Dr. R. K Mishra

Venue : Maple, August 20, 2017, 10.00 am - 1.00 pm

August 20, 2017, 2.00 pm- 5.00 pm | August 21, 2017, 10.00 am - 1.00 pm

#### Course Outline

This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-ometer machine to know strength of the knot they have done.