



# AESTHETICS 2017

18th to 20th August 2017

INDIA HABITAT CENTRE  
Lodhi Road New Delhi



**Complimentary  
Registration  
for Residents Till  
30<sup>th</sup> June**



## *Learning From Each Other*

For Abstracts Submission, Please Visit

[www.aestheticsdelhi.com](http://www.aestheticsdelhi.com)

CME accreditation applied to  
Delhi Medical Council



# AESTHETICS 2017

*Learning From Each Other*

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## *Invitation*

### WELCOME

Dear Colleagues,

On behalf of the organizing committee, it is our special privilege and honor to invite you on **18th to 20th August 2017 at India Habitat Centre, New Delhi for AESTHETICS 2017**, a unique combination of two specialties coming for a conference under one banner. The focus of the Conference is to create awareness about the interdisciplinary approach to the aesthetic practice & provide a holistic approach to management.

The Organizing committee is working hard to make it a really memorable event and the objective of the meeting is to provide didactic, highly interactive sessions to learn from world leaders in aesthetic medicine and surgery. This year we have introduced many new **hands on workshops & master classes** to sharpen the skills.

We look forward to welcome you in Delhi for this exciting academic bonanza.

With Regards



**Dr. Hema Pant**  
Dermatologist  
Scientific Secretary



**Dr. Rakesh Kalra**  
Plastic Surgeon  
Chairperson  
Scientific Committee



**Dr. Anil Ganjoo**  
Dermatologist  
Chairperson  
Scientific Committee



**Dr. Vivek Kumar**  
Plastic Surgeon  
Organizing Secretary

# Invited International Faculty



**Prof. Amit Pandya**  
Dermatologist  
University of Texas Southwestern  
Medical Center  
Texas, United States



**Dr. Malcolm D. Paul**  
Past President  
American Society for Aesthetic Plastic  
Surgery  
United States



**Dr. Constantinos Demetriou**  
Dermatologist  
President of Cyprus Society of  
Dermatology  
Cypus



**Dr. Martin Kassir**  
Director, Worldwide Laser Institute  
Texas  
United States



**Prof. Desmond John Tobin**  
Director, Centre for Skin Sciences  
University of Bradford  
UK



**Dr. Paola Rosalba Russo**  
Vice-President  
Italian Society of Aesthetic Medicine  
& Surgery  
Florence, Italy



**Dr. Doris Maria Hexsel**  
Principal Investigator,  
Brazilian Center for Research in  
Dermatology  
Brazil



**Prof. Pietro Gentile**  
Chief of Plastic Surgery  
Catholic University Tirana  
Albania



**Prof. Eckart Haneke**  
Dept of Dermatology,  
University of Bern  
Bern  
Switzerland



**Dr. Sahar Foad Ghannam**  
Executive Director  
International Peeling Society  
Canada



**Dr. Fernando Miguel Aznar  
Mañas**  
President  
Spanish Society of Aesthetic Regen-  
erative Functional Gynecology  
Spain



**Dr. Sanjeev V Mulekar**  
Director  
Mulekar Vitiligo Clinic  
London, UK



**Dr. Fundarò Piero**  
Plastic Surgeon  
Italy



**Ms. Wendy Lewis**  
Aesthetics Practice Marketing  
Expert  
United States

# About us

## LEARNING FROM EACH OTHER

**AESTHETICS-2010**, AUG 28th - 29th, New Delhi, was organized as an interface between two specialties, Dermatology & Plastic Surgery under the aegis of Association of Plastic Surgeons of India (Delhi Chapter) and Association of Cutaneous surgeons of India. Such an endeavor was organized for the first time in India and the leading specialists of the country had come together on a common forum to address the patient's need with the theme of Learning From Each Other. Important topics discussed included Facial Rejuvenation, Botox update, Management of facial scars & Keloid, Hair transplantation, Body Contouring, Lasers, Chemical peel, Management of Vitiligo & Tattoo Removal.

**AESTHETICS 2010** was attended by more than **400 delegates** and was successful in creating awareness about the interdisciplinary approach to the Aesthetic practice. The entire scientific deliberations centered around offering the complete medical solutions, both non-surgical & surgical to manage a demanding aesthetic patient. The experts discussed the problematic cases & the need of a combined approach for the benefit of the patient. The focus was to help in selecting the best therapies for making the body beautiful.

The Success of inaugural conference was expanded to **AESTHETICS 2011, 2012, 2013, 2014, 2015** and **2016** with leading International and National faculties and were attended by more than **700 delegates** each year from 15 countries. An exciting academic activity is being planned for **AESTHETICS 2017** with new sessions, Master classes, Video sessions and Interactive discussions on controversies in aesthetic practice.

We request to kindly send us your topics of interest and valuable suggestions to make **AESTHETICS 2017** more informative and interactive.

## CONFERENCE HIGHLIGHTS

Interface between Dermatologists and Plastic Surgeons

Hands on workshops and Master classes to learn from the world leaders

Evaluation of newer trends in Acne Scar and Aesthetic Practice

Hot Topics like Vitiligo Surgery, Hyperpigmentation, Nail Aesthetics, Blepharoplasty, Invisible Face Lifting, Latest in Chemical Peeling, Lasers, Cosmetic Gynaecology

# Program

## Pre Conference Parallel Workshops (Please choose only two workshops)

Course Fee for  
each Workshop **Rs.5000/-**

**Date :** 18th August 2017/ **Time :** 09.00 AM to 1.00 PM & 2.00 PM to 6.00 PM

### 1 Workshop on Vitiligo Surgery

**Faculty:** Prof. Amit Pandya, Dr. Atul Shah, Dr. Sanjeev Mulekar, Dr. Somesh Gupta

- The Vitiligo Surgery Workshop intends to discuss patient selection, available methods and their procedural details and effectiveness studies on surgical management of vitiligo. The current focus is on cell-based therapies with mainstay of surgical treatment being "non-cultured epidermal cell suspension" transplantation. Over the years the method of non-cultured epidermal cell suspension has been simplified and now it is being done as an OPD procedure with no laboratory support. Globally renowned experts will be discussing on this. The workshop speakers are expected to encourage interactive session. The workshop will include both lectures and video.

### 2 Workshop on Acne Scar Management

**Faculty:** Dr. Constantinos Demetriou, Dr. Niti Khunger

- |   |  |
|---|--|
| • Introduction and basic terminology                | • Microneedling                              |
| • Tackling atrophic scars by combination treatments | • Punch elevation techniques                 |
| • How best to treat hypertrophic scars              | • Lasers - fractional, ablative, nonablative |
| • Live demos, Videos and hands-on workshop          | • Tips and tricks from the masters           |
| • Subcision   | • Q & A Interactive session                  |
| • CROSS technique                                   |  |

### 3 Workshop on PRP - New Horizons from Hair to Healing

**Faculty:** Prof Pietro Gentile, Dr.Hema Pant

A comprehensive workshop with modified protocols of processing and injecting PRP in androgenetic alopecia, hair thinning, female hair loss & scalp rejuvenation to optimise the results. Facial rejuvenation, combination techniques with fat and lot more newer indications to learn with practical demonstrations of techniques.

### 4 Workshop on Invisible Face Lifting

**Faculty:** Dr. Paola Rosalba Russo

An experienced overview to tackle gravity induced sags and rejuvenation techniques from the global experts. An observational cum hands on workshop on newer techniques in non-surgical face lifting without scars. Learn how to weave thread lifting into your practice.

- |                                  |   |
|----------------------------------|---|
| • Analyzing The Aging Face       | • Technique Of Jowl & Neck Lifting      |
| • What-Where-When-How To Combine | • Thread Lifting & Volumizing Naturally |
| • Nerve Blocks                   | • Interaction With The Faculty          |

# Program

## 5 Video Workshop on Cosmetic Gynaecology

**Faculty:** **Dr. Fernando Miguel Aznar Mañas, Dr. Rakesh Kalra**

- *This unique video workshop will cover in detail Intimate antiaging and vulvar & vaginal rejuvenation including newer techniques and innovative procedures like O-SHOT technique (PRP in the erogenous zones of the genitals to improve sexual dysfunction), various lasers, non invasive radiofrequency labioplasty & vulvar rejuvenation with LED to improve female genital aesthetics and sexual health of women.*

## 6 Workshop on Basic Injections Techniques

**Faculty:** **Dr. Fundarò Piero**

- *A basic guidelines for injecting botulinum toxin and hyaluronic fillers.*
- *Building blocks to easy injection techniques and a comprehensive approach to facial aesthetics and right patient selection.*

## 7 Workshop on Advanced Indications of Fillers

**Faculty:** **Dr. Doris Maria Hexsel, Dr. Malavika Kohli**

- *Holistic Approach to full-face and altering contours by fillers from beautiful jaw line to midface and periorbital region.*

## 8 Workshop on Lasers

**Faculty:** **Dr. Martin Kassir, Dr. Anil Ganjoo, Dr. Vivek Mehta**

- *Overview of laser physics and application*
- *Patient selection and preparation*
- *What to buy and how to use?*
- *Questions and answers panel*
- *Results, tips and mistakes in LHR, Pigmented Laser, Resurfacing Laser*

## 9 Workshop on Chemical Peel

**Faculty:** **Dr. Sahar Foad Ghannam, Dr. Rahul Pillai, Dr. Shilpa Garg**

- *The Value of Peels in Aesthetic Practice*
- *Types of Peels and their Indications*
- *Next Generation Peels*
- *Non Facial Peels*
- *A, B, C of Peeling Technique*
- *Patient Selection and Preparation*
- *Complication - How to Avoid them, How to Deal with them, Advice Tips and Pearls*
- *Live Demonstrations and Hands on Training in Chemical Peels*

## Hands on & Master Classes

(Same Classes will be Repeated on Both the Days)

Fee for each  
Course **Rs.3000/-**

### **1 Tips and Tricks on the Management of Hyper pigmentation** *Faculty: Prof. Desmond John Tobin, Dr. Hema Pant*

#### **Course Outline**

Hyper Pigmentation- Easy to diagnose but difficult to treat. A detailed session on how to treat difficult cases of Hyper Pigmentation. You will benefit immensely from this round table discussion and learn to combine various therapies to achieve maximum results.

### **2 Tips on Management of Hyperandrogenism** *Faculty: Dr. Sanjiv Kandhari*

#### **Course Outline**

A comprehensive session on management of Androgenetic disorders the right way. Master the art of managing PCOS and hormonal acne and hair loss. Benefit from one to one discussions and clear your doubts.

### **3 Tips and Tricks in Nail Aesthetics** *Faculty: Prof. Eckart Haneke*

#### **Course Outline**

Learn the tricks of maintaining youthful nails after infection, trauma, tumor removal and ageing.

### **4 Tips on Blepharoplasty** *Faculty: Dr. Malcolm D. Paul*

#### **Course Outline**

Periorbital region is the first area to show signs of ageing and predictable changes occur in form of grooves and folds. Learn from the expert, how to select a patient for blepharoplasty and tips for achieving the great results.

### **5 Hands on Certificate Course on Suturing** *Faculty: Dr. Anant Kulkarni*

#### **Course Outline**

This 3 hours program will help to enhance the skills of healthcare professional in all closure technique with help of sutures. All the suturing and knot tying techniques will be covered. The healthcare professional can work on the knot-o-meter machine to know strength of the knot they have done.

### **6 Tips and Tricks in Aesthetic Practice Marketing** *Faculty: Dr. Wendy Lewis*

#### **Course Outline**

Learn from the masters various techniques to effectively reach the masses and make your practice grow.

### **7 Tips on Facial Anatomy and its clinical application** *Faculty: Dr. Malavika Kohli*

#### **Course Outline**

Learn how to avoid complications and achieve great results by better understanding of facial anatomy in fillers, toxins and threads.

# Organising Committee

## Patrons in Chief

Dr. D. S. Rana  
Dr. R. B. Ahuja  
Prof. A. K. Singh  
Dr. Yogesh Marfatia

## Organizing President

Dr. S. Kandhari

## Organizing Secretary

Dr. Vivek Kumar

## Scientific Secretary

Dr. Hema Pant

## Chairpersons, Workshops

Dr. Rishi Parashar  
Dr. Vandana Chatrath

## Coordinator, Scientific Committee

Dr. Vivek Mehta

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Dr. Arun Goel  
Dr. Bindu Dewan  
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Maj. Gen. A. S. Bath  
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Dr. Imran Majid  
Dr. Kamalender Singh  
Dr. Karoon Aggarwal  
Dr. Kuldeep Singh  
Dr. Lalit Makhija  
Dr. Lokesh Kumar  
Dr. Niti Khunger

## Patrons

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Col. Manas Chatterjee  
Dr. Karoon Agrawal

## Organizing Chairman

Dr. S. S. Saha

## Chairperson Scientific Committee

Dr. Anil Ganjoo  
Dr. Rakesh Kalra

## Co-Chairperson Scientific Committee

Dr. Malavika Kohli  
Dr. Vasundhara Oberoi

## Treasurer

Dr. Lalit Choudhary  
Dr. Anurag Pandey

## Coordinator, Workshops

Dr. Rajat Kandhari

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Dr. V. K. Sharma  
Dr. V. Ramesh  
Dr. V. K. Garg  
Dr. V. K. Tiwari  
Dr. Vinay Saraf

## Conference Secretariat

### Dr. Vivek Kumar

Organizing Secretary

### Consultant Plastic Surgeon

Room No. 2325 3rd floor SSRB Block, Sir Ganga Ram Hospital,  
Rajinder Nagar, New Delhi – 110 060

Tel.: 9810218129, 9711198444 | Email: drkumarvivek@gmail.com | Website: www.aestheticsdelhi.com





# AESTHETICS 2017

18th to 20th August, 2017  
India Habitat Centre  
Lodhi Road New Delhi

## REGISTRATION FORM

PLEASE FILL IN CAPITAL LETTERS

LEARNING FROM EACH OTHER

Name \_\_\_\_\_ Age / Sex \_\_\_\_\_

Speciality \_\_\_\_\_ Affiliation \_\_\_\_\_

Postal Address \_\_\_\_\_

Email \_\_\_\_\_ Mobile \_\_\_\_\_

### Registration Fees :

- Till 30th June 2017 : Rs.5000
- Pre Conference Workshop Fee (Each Workshop) : Rs.5000
- After 30th June 2017 & Spot : Rs.7000
- Hands on & Master Classes Fee (Each Session) : Rs.3000

### Pre Conference Workshops : (Tick the two you are attending)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Workshop on Vitiligo Surgery                        | <input type="checkbox"/> Workshop on Invisible Face Lifting      | <input type="checkbox"/> Workshop on Advance Indications of Fillers |
| <input type="checkbox"/> Workshop on Acne Scar Management                    | <input type="checkbox"/> Video Workshop on Cosmetic Gynaecology  | <input type="checkbox"/> Workshop on Laser                          |
| <input type="checkbox"/> Workshop on PRP - New Horizons from Hair to Healing | <input type="checkbox"/> Workshop on Basic Injections Techniques | <input type="checkbox"/> Workshop on Chemical Peel                  |

### Hands on and Master Classes :

- |  |  |
|--|--|
| <input type="checkbox"/> Tips and Tricks On The Management of Hyper pigmentation | <input type="checkbox"/> Hands on Certificate Course on Suturing             |
| <input type="checkbox"/> Tips on Management of Hyperandrogenism                  | <input type="checkbox"/> Tips and Tricks in Aesthetic Practice Marketing     |
| <input type="checkbox"/> Tips and Tricks in Nail Aesthetics                      | <input type="checkbox"/> Tips on Facial Anatomy and its clinical application |
| <input type="checkbox"/> Tips on Blepharoplasty                                  |  |

### ACCOMMODATION

Hotel Name	Tariff: Per Room/Night		Choose: Single/Double Occupancy	
	Single	Double		
The Ashok (5 Star)	INR 7000	INR 7000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Eros Hotel (5 Star)	INR 6000	INR 6000	<input type="checkbox"/> Single	<input type="checkbox"/> Double
Haris Court (3 Star)	INR 3500	INR 3500	<input type="checkbox"/> Single	<input type="checkbox"/> Double

**Included :** Buffet Breakfast at Hotel / Pick & Drop from Hotel to the Venue & Back / All Current Applicable Taxes.

**Please send one day Room Rent (Non-Refundable) as advance for Hotel Booking.**

I am enclosing the DD / Cheque No. \_\_\_\_\_ Dated \_\_\_\_\_ Drawn on Bank \_\_\_\_\_

\_\_\_\_\_ for Rs. (In Words) \_\_\_\_\_

In favour of "SIR GANGA RAM HOSPITAL" payable at New Delhi.

- Registration for the Conference is Mandatory for the Participation in Courses & Master Classes.
- Please Send your Registration Form and DD/Cheque to the Conference Secretariat.
- Residents are requested to send proof of the residency by their HOD to avail complimentary registration.